OUR MISSION
CVUU strives to be a caring religious community that encourages and supports the sharing of ideas and experiences of all who travel rich and varied spiritual paths.

Sunday Online Services

Join us each Sunday at 10:00 AM with in person at 596 East 900 North, Logan, UT 84321 or via Zoom (https://zoom.us/j/94154808522).

- **Dec 5**
  - **Discussion: Opening to Joy**
    - Facilitator Emerson James

- **Dec 12**
  - **Unscheduled**
    - Come just be in community

- **Dec 19**
  - **Winter Solstice Service**
    - presenter Lyndi Perry

- **Dec 26**
  - **Soul Matters Homily**
    - presenter Sondra Scott
Mind & Heart

Dive Deeper into Last Month’s Worship
Resources on Apology & Reconciliation

- The Four Parts of Accountability: How To Give A Genuine Apology Part 1 - Mia Mingus
- Reconciliation as a Spiritual Discipline - Paula Cole Jones
- The Practice of Reconciliation - Paula Cole Jones
- Characteristics of White Supremacy Culture - Tema Okun

Events, News & Opportunities to Serve

CVUU Board Meeting: All are welcome to attend and give input. Contact info: Ethan Payne at president@cvuu.org
Thursday, December 16 from 6:00–7:30 p.m. MDT online through Zoom

Highlights from the Last Board Meeting

- CVUU may fiscally adopt the Cache Valley Sangha for financial/legal reasons. They will continue to cover their own expenses.
- Emerson is leaving their coordinator position with CVUU in January, but gave us a two month transition period to decide how to adapt.
- There was a congregational meeting after the Sunday Service on Nov 28 to discuss needs for the new coordinator position.
- THANK YOU EMERSON! We wish you well!

In Our Thoughts

- Individuals with disabilities who continue to advocate for accessibility that benefits all of us.
- Citizens of developing nations who continue to be at higher risk for COVID-19 as a result of inequitable access to vaccines.
- Those who cannot spend time with friends or family this holiday season.

“We light this chalice for the warmth of love, the light of wisdom, and the energy of action.”