OUR MISSION
CVUU strives to be a caring religious community that encourages and supports the sharing of ideas and experiences of all who travel rich and varied spiritual paths.

Sunday Online Services

Tune in through Zoom each Sunday at 10:00 AM: https://zoom.us/j/94154808522

- **Aug 2**  
  **Sustainable and Ethical Fashion**  
  presented by Sondra Scott

- **Aug 9**  
  **Faith and Reason** *(25th Anniversary Lecture Series)*  
  presented by Dr. Richard Sherlock

- **Aug 16**  
  **Challenges of Single Motherhood**  
  presented by Becca, Leah, and Lia

- **Aug 23**  
  **Homily TBA**  
  presented by Emerson James

- **Aug 30**  
  **Humanist Teachings**  
  presented by David Christian
What’s New at CVUU?

Cache Community Connections

On September 11, 2001, our world changed very quickly around us, as we witnessed the attacks on our own country. In our local community, a few people spoke to the press about protecting our Muslim brothers and sisters from hateful talk and actions. Many people then saw the need for an Interfaith service to physically and spiritually bring the valley together.

The attacks happened on a Tuesday, and by Friday night, representatives from many faiths in Cache Valley had planned an evening of song, prayer, and messages of unity and love for the community to attend. It was held in the Ellen Eccles Theatre and was an amazing success.

The following week, the organizers met to review the evening. The desire was there to keep the group going because of the spirit of unity and love felt that night. This is how Cache Community Connections was born. The name was chosen, the charter written, and non-profit status obtained.

The group has seen many members come and go through the years. In the past, we have had Beth Waldon, Jennifer Courtwright, Tara Hawkins (Mar Fenix Nauta) and Julianne Larsen attend the meetings as representatives of CVUU.

Many faith and civic organizations attend the meetings and provide support for the events that are sponsored by the CCC. They do the traditional CCC founders day program, a Thanksgiving themed program, a Martin Luther King Event, and sponsor many other events.

Besides having events and programs, this is a great way to connect with faith leaders and other members of the community. Lots of ideas and information flow through these channels. The CCC would like to reach out to any other people or groups who would like to get involved in some way. Mar and Julianne will still continue to attend the meetings (which are now on Zoom), but if you are interested in finding out more, let us know and we can help you get involved!

The meetings are the 3rd Wednesday of the month from 12-1pm. Contact me with inquiries.

Julianne: jlinnlarsen1@gmail.com
Events & Announcements

**Little Lambs School Supply Drive**
Drop by the CVUU building to donate school supplies for children in need.
**Contact info:** coordinator@cvuu.org
Monday: 6:00–8:00pm at CVUU

**Summer Reading Group (Adult RE)**
**Contact info:** Emerson James at emijame@gmail.com
Thursdays (semi-weekly): 7:00pm online through Zoom

**CVUU Board Meeting:** All are welcome to attend and give input.
**Contact info:** Anne Hedrich at president@cvuu.org
Thursday: 5:30–7:00pm online through Zoom

**CCC Meeting**
**Contact info:** Julianne Larsen at jlnnlarsen1@gmail.com
Wednesday: 12:00–1:00pm online through Zoom

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**Highlights from the Last Board Meeting**

- Re-elected board officers: Anne Hedrich (Pres), Jordan Leary (VP), Lorien Belton (Treasurer), and Ryan Berke (Secretary).
- Formally voted to consolidate mortgage, Anne and Lorien approved to sign documents.
- Need volunteers for each of the 5 areas of our strategic plan:
  1. Build Community Awareness
  2. Strengthen Programs (OWL, CPC, Alt Gift Market, E & SJ events)
  3. Diversify Worship Offerings
  4. Caring & Support
  5. Align Systems and Values

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**Blood Drive**

Cache Valley Unitarian Universalist and the American Red Cross are hosting an upcoming blood drive at CVUU on **Saturday, September 19** from 10:00 AM to 3:00 PM.

Please join our lifesaving mission and **schedule an appointment today**! Contact Elizabeth Berke at 614-441-3394 if you have any questions.
Care Available

CVUU recognizes that it is precisely in the times when social systems and structures are taxed that there is the greatest need for both logistical and emotional support. Because of this, we are working to bolster our care committee to offer help to those in need.

- If you or someone you know are in need of help such as grocery shopping, getting to medical appointments, getting prescriptions filled, childcare, etc. please communicate your needs to our Care Committee chair, Jim Evans (jpevans@protonmail.com, 435-760-9318).
- Please also reach out to Jim if you are someone who is willing to help with meals and errands for others.

In Our Thoughts

- Becca and Wulfgang Johnson
- Friends, members, and their families mourning the loss of loved ones
- Friends, members, and their families struggling with physical or mental illness and other life struggles
- All those unable to visit loved ones in times of sadness and grief

“We light this chalice for the warmth of love, the light of wisdom, and the energy of action.”

Info & Contacts

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Connect with us!