OUR MISSION
CVUU strives to be a caring religious community that encourages and supports the sharing of ideas and experiences of all who travel rich and varied spiritual paths.

Sunday (Virtual) Services

To mitigate the spread of COVID-19, CVUU has suspended in-person Sunday services until further notice. **But we are still together in community and having services online!**

Tune in through Zoom each Sunday at 10:00 AM.

Use the Zoom link below to join us each Sunday, or you can enter the meeting ID if you already have Zoom open.

Link: [https://zoom.us/j/94154808522](https://zoom.us/j/94154808522)
ID: 941 5480 8522

Cache Valley Unitarian Universalists is a [Welcoming Congregation](https://www.welcomingcongregations.org).
Flower Communion

On May 24 we celebrated our annual Flower Communion with both old and new friends, but this time virtually. Sondra Scott provided the readings and homily (including the quote below) and our screens bloomed with color as participants showed flowers and shared stories.

A Bouquet of People, by Claire Feingold Thoryn

Let us give thanks for a bouquet of people. We give thanks for children. Like tulips and iris, they multiply around us, making the world ever more filled with color, beauty, and new life. May we bless them as they replant themselves ever further from us, knowing that they need their own space to grow into.

We give thanks for generous friends, as constant in bloom as echinacea and whose gifts lift up our body and spirit.

We give thanks for feisty friends as indomitable as geraniums, and for continuous friends, who, like bittersweet and ivy, hold on and never let go...and can never be gotten rid of.

For crotchety friends, as prickly as rosebushes; their beauty a secret that is only discovered through careful gardening. For surprising friends, who at first glance seem dour and then blossom into joy as quickly as forsythia.

For funny friends, silly as snapdragons, And serious friends, complex as chrysanthemums.

For comfortable friends, their gentle presence as soothing as the sweet smell of lilacs. For stormy weather friends, who stand by us in hard times, like lily of the valley that cannot be deterred by shade or shadow.

For old friends, nodding like sunflowers in the evening-time
And young friends coming on fast as phlox.

For friends as unpretentious as dogwood, as persistent as pachysandra, as steadfast as azalea, and who, like snowdrops, can be counted on to see you through the winter and remind you that spring always comes.

For loving friends, who wind around us like wisteria and embrace us, despite our blights, wilts, and witherings,

And, finally, for forget-me-not friends, gone but never forgotten. Their beauty lives on in our memories and hearts.

For this bouquet of people, who brighten our lives each in their own way, we give thanks. Amen.

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## Events & Announcements

### CVUU Board Meeting

**June 11**

**CVUU Board Meeting:** All are welcome to attend and give input.  
**Contact info:** Anne Hedrich at president@cvuu.org  
Thursday: 5:30–7:00pm online through Zoom

### Annual Congregational Meeting

**June 28**

**Annual Congregational Meeting:** All are welcome to attend, but only members may vote on congregational business.  
**Contact info:** Anne Hedrich at president@cvuu.org  
Sunday: 11:30am online through Zoom

### Spirit in Practice (Adult RE)

**June Tuesdays**

**Spirit in Practice (Adult RE)** for those who have registered for the class.  
**Contact info:** Emerson James at emijame@gmail.com  
Tuesdays: 6:00–7:30pm online through Zoom

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### Highlights from the Last Board Meeting

1. Annual meeting planned for after the service on June 28, at 11:30 AM.  
2. We plan to do some weeding on the listserv and migrate to Mailchimp.  
3. Tell Lorien if you want to add or change pledges as we prep next year’s budget.
Board and Nominating Committee Openings

There are two positions on the board open for reelection. The current board members have expressed interest in extending their terms, but others can run if interested. Board members are expected to meet monthly, handle various church business, and guide CVUU’s mission. There are also three openings for next year’s nominating committee.

Contact this year’s nominating committee (Paul Rogers, Susanne Janecke, or Jim Vandygriff) by June 10th if you would like to be on the ballot for one of these positions.

Care Available

CVUU recognizes that it is precisely in the times when social systems and structures are taxed that there is the greatest need for both logistical and emotional support. Because of this, we are working to bolster our care committee to offer help to those in need.

- If you or someone you know are in need of help such as grocery shopping, getting to medical appointments, getting prescriptions filled, childcare, etc. please communicate your needs to our Care Committee chair, Jim Evans (jpevans@protonmail.com, 435-760-9318).
- Please also reach out to Jim if you are someone who is willing to help with meals and errands for others.

In Our Thoughts

- Becca and Wulfgang Johnson
- Friends, members, and their families mourning the loss of loved ones
- Friends, members, and their families struggling with physical or mental illness and other life struggles
- All those unable to visit loved ones in times of sadness and grief

“We light this chalice for the warmth of love, the light of wisdom, and the energy of action.”
## Info & Contacts

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