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#### **OUR MISSION**

CVUU strives to be a caring religious community that encourages and supports the sharing of ideas and experiences of all who travel rich and varied spiritual paths.

# Sunday Online Services

Join us each Sunday at 10:00 AM with in person at 596 East 900 North, Logan, UT 84321 or via Zoom (https://zoom.us/j/94154808522).

Discussion: Opening to Joy Dec 5

**Facilitator Emerson James** 

Unscheduled Dec Come just be in community 12

Winter Solstice Service Dec presenter Lyndi Perry 19

Soul Matters Homily Dec presenter Sondra Scott 26

### Mind & Heart

#### Dive Deeper into Last Month's Worship

Resources on Apology & Reconciliation

- The Four Parts of Accountability: How To Give A Genuine Apology Part 1 Mia Mingus
- How To Give A Genuine Apology Part 2: The Apology The What and The How Mia Mingus
- Reconciliation as a Spiritual Discipline Paula Cole Jones
- The Practice of Reconciliation Paula Cole Jones
- <u>Characteristics of White Supremacy Culture</u> Tema Okun

### Events, News & Opportunities to Serve



**CVUU Board Meeting**: All are welcome to attend and give input.

Contact info: Ethan Payne at <a href="mailto:president@cvuu.org">president@cvuu.org</a>

Thursday, December 16 from 6:00–7:30 p.m. MDT online through Zoom

#### Highlights from the Last Board Meeting

- CVUU may fiscally adopt the Cache Valley Sangha for financial/legal reasons. They will
  continue to cover their own expenses
- Emerson is leaving their coordinator position with CVUU in January, but gave us a two month transition period to decide how to adapt
- There was a congregational meeting after the Sunday Service on Nov 28 to discuss needs for the new coordinator position
- THANK YOU EMERSON! We wish you well!

## In Our Thoughts



- Individuals with disabilities who continue to advocate for accessibility that benefits all of us.
- Citizens of developing nations who continue to be at higher risk for COVID-19 as a result of inequitable access to vaccines.
- Those who cannot spend time with friends or family this holiday season.

"We light this chalice for the warmth of love, the light of wisdom, and the energy of action."

## Info & Contacts

**Board of Trustees** Staff Action Teams

**CVUU Calendar** 



CVUU is a Logan Pride Festival **SPONSOR** 

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