



Coming Home

The Newsletter of the Cache Valley Unitarian Universalists

OCTOBER 2021 | VOLUME 27 | ISSUE 10

OUR MISSION

CVUU strives to be a caring religious community that encourages and supports the sharing of ideas and experiences of all who travel rich and varied spiritual paths.

Sunday Online Services

Tune in through Zoom each Sunday at 10:00 AM: <https://zoom.us/j/94154808522>

Oct
3

Cultivating Relationships

presenter Lyndi Perry

Oct
10

Deepening Our More-Than-Human Relationships

presenter Emerson James

Oct
17

Not yet scheduled!

please volunteer and reach out to Sondra

Oct
24

Soul Matters Homily

presenter Lia Klien

Oct
31

Day of the Dead

presenter Sondra Scott

Mind & Heart

The Gift of a Free Pulpit

One of the unique aspects of our tradition is that we have a free pulpit. Unlike in other traditions where you have to be ordained, Unitarian Universalists believe that anyone has the right and the wisdom to share about the spiritual path and how to live well in the world. As someone who is not ordained and feels what is beautiful and profound in life comes from the ordinary, it feels like a privilege to get to facilitate the ritual and ceremony of worship.

To be honest, I, Emerson, go through a mild existential crisis before every service I give. It feels vulnerable and a BIG responsibility: this extending of my heart and mind in the hopes that it might touch and open yours. Giving services regularly, though, has had a significant impact on deepening my spiritual practice and my sense of belonging in this community. I am regularly pressed to pay attention to my outer and inner world, pressed to wrestle with the meaning in this humxn experience, pressed to ask if I believe in how I've made sense of my experience enough to speak it out loud and with authority. And, time and time again, this work is received. That's a gift, too.

I don't think that giving a service needs to be a regular part of everyone's spiritual path, but I do think that it is worth giving a try. I think it is worth exercising the gift that this community believes you have something valuable, insightful, and likely transformative to share.

And, The Worship Team needs help! For Sunday services to continue every week, **we need more folks helping to plan, recruit speakers, and offer services.**

Here's how you can help sustain worship:

1. Sign up to facilitate one of our monthly discussion services. Someone from the Worship Team can help you find readings and draft questions if that's supportive to you.
2. Volunteer to give a service of your own on a topic that interests you or offer a "This I Believe" homily.
3. Submit a suggestion to the Worship Team of a speaker who you think fits CVUUs values and mission **and** be the person to reach out to them to present.

As always, if you have feedback on what would make services more meaningful, or you more likely to engage, please reach out to Sondra (segophoenix@gmail.com) or Emerson (emerson@cvuu.org).

Blessings to you all,
E.

Events, News & Opportunities to Serve

Oct
21

CVUU Board Meeting: All are welcome to attend and give input.
Contact info: Ethan Payne at president@cvuu.org
Thursday, October 21, 6:00–7:30 p.m. MDT online through Zoom

Highlights from the Last Board Meeting

- The worship team cannot continue to hold weekly services without help. Unless more people volunteer to lead services, we may have to reduce the frequency of services.
- Cache Pride Center is still going strong. They are in the process of reaching out to more kids who may not have heard about the program during the pandemic.
- Please send your ideas to improve engagement to president@cvuu.org.

In Our Thoughts



- ◇ Friends, members, and their families struggling with physical or mental illness and other life struggles
- ◇ All those who continue to be touched and impacted by COVID
- ◇ Our LGBTQ+ community who are celebrating their history this month

"We light this chalice for the warmth of love, the light of wisdom, and the energy of action."

Info & Contacts

[Board of Trustees](#)
[Staff](#)
[Action Teams](#)

[CVUU Calendar](#)



CVUU is a
[Logan Pride Festival](#)
SPONSOR

Connect with us!

