



# Coming Home

The Newsletter of the Cache Valley Unitarian Universalists

FEBRUARY 2021 | VOLUME 27 | ISSUE 2

## OUR MISSION

CVUU strives to be a caring religious community that encourages and supports the sharing of ideas and experiences of all who travel rich and varied spiritual paths.

## Sunday Online Services

Tune in through Zoom each Sunday at 10:00 AM: <https://zoom.us/j/94154808522>

Feb  
7

### ***Group Conversation: Planting for the Future***

presented by Jo Leary

Feb  
14

### ***UUA Standing With Love***

presented by Sondra Scott

Feb  
21

### ***Love Poems***

presented by Sondra Scott

Feb  
28

### ***Unknowing***

presented by Emerson James

## Upcoming Adult RE Opportunities

photo by Oladimeji Ajegbile from Pexels

### Harvest the Power

The aim of this course is not only to identify and strengthen one's leadership skills, but to understand how leadership can serve both as an offering to others and as a means of self-discovery and fullness. Some topics addressed over the six, 90-minute sessions include:



- (1) Finding and affirming the spiritual and emotional gifts we each bring to leadership.
- (2) Identifying congregational and organizational culture. Which voices and perspectives are at the center of organizational life? Which are on the margins? Why does this matter?
- (3) Turning points. What leads an organization to and through them?
- (4) Caring for ourselves and each other. How can leadership be sustainable without causing burnout?
- (5) Viewing conflict as a means to indicate questions needing attention in the larger organization.

Harvest the Power will begin the first week of March and run for six consecutive weeks. The availability of participants indicated on the registration form will guide weekling meeting day and time. If interested in participating please [register](#) by **February 19th**. Questions can be sent to Emerson ([emerson@cvuu.org](mailto:emerson@cvuu.org)).

### The Shared Pulpit

At the foundation of *The Shared Pulpit* are questions like what is worship? What makes worship meaningful? How are my personal stories and experience spiritually significant and impactful. Beyond looking at worship conceptually, *The Shared Pulpit* walks participants through (and helps them write) a sermon or homily of their own. The program is a unique opportunity to delve into one's own spirituality, connect deeply with other participants, and help sustain CVUU's worship offerings.

*The Shared Pulpit* comprises eight sessions that are workshop and feedback based. Because of a longer meeting time and writing required between sessions, there will be several weeks between meetings. The program will run from March through June.

If you are someone who is inspired by worship, finds yourself inclined towards contemplation and reflection, or seeking an opportunity to hone some writing skills, please email Emerson ([emerson@cvuu.org](mailto:emerson@cvuu.org)) with your interest **by February 15th**.

### Environmental & Social Justice Discussion Group

Are you someone who values being educated about environmental and social justice issues? Are you looking to have a space to puzzle through with others about how to create social change, equity and healing? Would you like more friends from the CVUU community? If so, please tune in to a brief zoom meeting on Tuesday, February 9th at 7:15 p.m. to set a plan for when we'll meet and what we'll read. Past participants have expressed looking at the indigenous experience. Here's the information to join the call:

[Zoom Meeting Link](#)

Meeting ID: 879 9372 1140

Passcode: 573111

## Community Spotlight



Quick to stand up and be an advocate and voice of praise for others, the CVUU community and its members are often quiet and humble about themselves. There's good work happening by the members and collective of CVUU.

Take for example the creation of the [Cache Valley Threshold Singers](#) this past fall by Leslie Black. When invited, the Cache Valley Threshold Singers sing gentle, spiritual music to offer ease and comfort to those who are suffering or near the end of life. The soothing, simple, lullaby-like songs convey a calm presence and hold the messages of love, gratitude, compassion, grace, and peace.

Offering this gift of music to those who are hurting is just one way that Leslie expresses her deep care. She is consistent in checking in and calling on members needing support. She always knows the perfect children's book to communicate matters of the heart. And, in times when we meet in person, it is often her face that warmly meets you when you walk in the door.

## Events & News

Feb  
7,21

**Logan Youth Action Network** for youth who have registered for the program.

**Contact info:** Kate Stephens or Jo Leary

Sunday, February 7 and 21, 5:00–6:30pm online through Zoom

Feb  
11

**CVUU Board Meeting:** All are welcome to attend and give input.

**Contact info:** Anne Hedrich at [president@cvuu.org](mailto:president@cvuu.org)

Thursday, February 11, 5:30–7:00pm online through Zoom

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### 30 Days of Love

The UUA has kicked off their annual *30 Days of Love* celebration. This is a time to gather and learn from each other and movement leaders, and listen for the ways that love is calling us to show up in the world and for each other.

This year, 30 Days of Love will focus on four themes from the Commission on Institutional Change's report *Widening the Circle of Concern*, reminding us that liberation in the wider world is indelibly connected to liberation within ourselves. You can [find information here](#) about all of the events planned, culminating with a Side With Love Sunday worship service on February 14th that can be streamed in congregations.



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### Pando to Pangea

Our own Paul Rogers wrote an article titled [Pando to Pangea](#), which was published in *Earth Island Journal* and makes various connections, some might even call them “spiritual”. It’s a departure from a pure academic treatment and is meant for wider appeal. So check it out!

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### Boa Ogoi Cultural and Interpretive Center

At our January 17 service, Darren Parry presented an impactful talk titled *Medicine Words*, which you can [watch here](#) if you missed it.

If you are interested in learning more about the *Boa Ogoi Cultural and Interpretive Center*, the web address is [www.boaogoi.org](http://www.boaogoi.org).

If you are interested in buying a copy of Darren’s book, *The Bear River Massacre: A Shoshone Story*, you can contact him via email then plan to pick it up from him at his home in Providence.

His email address is [dparry@arrowpoint.us](mailto:dparry@arrowpoint.us). You could get it from Amazon, but he only gets about 10% of the cost from them. Plus, if you get it from him he will sign it!

Also, [here's an article](#) explaining that this year's commemoration of the Bear River Massacre will be a private event to avoid the spread of COVID.

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## Highlights from the Last Board Meeting

- The retaining wall impinging on the neighbor's property was repaired on 12/14/2020.
- We will apply for the UUA chalice lighting grant to recoup some costs of the wall repair.
- Emerson is planning a Shared Pulpit RE program to cultivate future services, also a leadership RE program for later in the spring.

## In Our Thoughts



- ◇ Friends, members, and their families mourning the loss of loved ones
- ◇ Friends, members, and their families struggling with physical or mental illness and other life struggles
- ◇ All those unable to visit loved ones in times of sadness and grief

"We light this chalice for the warmth of love, the light of wisdom, and the energy of action."

## Info & Contacts

[Board of Trustees](#)  
[Staff](#)  
[Action Teams](#)

[CVUU Calendar](#)



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