



# Coming Home

The Newsletter of the Cache Valley Unitarian Universalists

OCTOBER 2020 | VOLUME 26 | ISSUE 10

## OUR MISSION

CVUU strives to be a caring religious community that encourages and supports the sharing of ideas and experiences of all who travel rich and varied spiritual paths.

## Sunday Online Services

Tune in through Zoom each Sunday at 10:00 AM: <https://zoom.us/j/94154808522>

Oct  
4

### ***All We Kindred Pilgrim Souls***

presented by Anne Hedrich and Emerson James

Oct  
11

### ***Tantra Yoga and the Radiance Sutras*** (25th Anniversary Lecture Series)

presented by Dr. Michael Sowder

Oct  
18

### ***Growing Up With CVUU***

presented by CVUU kids of the past

Oct  
25

### ***Topic TBA***

presented by Beth Walden

# What's New at CVUU?

## Ronald W. Goede, 1934–2020



*photo from legacy.com*

Ron Goede, longtime community member and friend to many of us at CVUU, passed away on August 29. You can read Ron's full obituary [here](#). The Celebration of Life for Ron, originally scheduled for September 27, has been postponed due to concern for the health and safety of friends. With much appreciation for the expressions of love and support, Lisa hopes circumstances will be more favorable at a future date.

In lieu of flowers, friends may donate in Ron's memory to the Bridger Folk Music Society ([www.bridgerfolk.org](http://www.bridgerfolk.org)), the Folklore Society of Utah ([utahfolklore@gmail.com](mailto:utahfolklore@gmail.com)), or the Bear River Land Conservancy ([bearriverlandconservancy.org](http://bearriverlandconservancy.org)).

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## Oral History Project

This October marks the 25th anniversary that CVUU has been an official Unitarian Universalist congregation. We're using this milestone as a time to reflect on who we have been and how we have grown. As part of this reflection, we're undertaking a history project and collecting stories from past and current CVUU community members that span the 25 years we have been a congregation.



To do this, we have asked folks to answer some questions about their involvement with CVUU and share some of their favorite memories here: <https://forms.gle/7XrekEzrACSLMDyu7>.

We have been reaching out to some members and friends to participate in oral interviews to have these stories captured in the voices of our diverse community.

If you have questions about the oral history project you can reach out to me, Anne Hedrich ([president@cvuu.org](mailto:president@cvuu.org)), or Emerson James ([emerson@cvuu.org](mailto:emerson@cvuu.org)). I look forward to learning what each of you has valued and remembers!

Anne Hedrich

# Events & Announcements

Oct  
1&15

## **Summer Reading Group (Adult RE)**

**Contact info:** Emerson James at [emijame@gmail.com](mailto:emijame@gmail.com)

Thursdays (semi-weekly): 7:15pm online through Zoom

Oct  
8

## **CVUU Board Meeting:** All are welcome to attend and give input.

**Contact info:** Anne Hedrich at [president@cvuu.org](mailto:president@cvuu.org)

Thursday, September 10: 5:30–7:00pm online through Zoom

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## Highlights from the Last Board Meeting

- 25th anniversary happening next month. Send your favorite memories for oral history!
- Discussed upcoming adult RE options for Fall.
- Blood drive at CVUU on Sat 9/19.

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## Resources

Several resources related to community and political activism were mentioned in a recent post-service discussion. I'm including them here for reference.

- [Vote Forward](#): Writing letters to voters is one of the most effective ways to help increase election turnout in 2020. And you can do it right from home!
- [The Social Dilemma](#): Learn about the impact of social media on political discourse.
- [Hacking Your Mind](#): This four-part PBS series examines how easy it is to hack your mind and what you can do.

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## Blood Drive Success

CVUU's first blood drive (ok, actually a blood mobile) was a great success, with us collecting over 12 units of usable blood for people in need!



**American Red Cross**

It couldn't have happened without the great help of our volunteers who were willing to brave the only rainy day in months to help set up, check people in, and take down the drive. Special thanks goes to Amanda for baking cookies, which sustained me (and the other volunteers) throughout the drive.

And of course thank you to the donors, including a couple of fabulous people who were willing to be flexible when we had cancelations and donate on short notice.

Thank you, CVUU community, for stepping up! ~ Liz

## The Sanctuary Collective

[Vicky Chávez-Fino](#), who has been living in Sanctuary at First Unitarian Church in Salt Lake City now for over 2½ yrs, is part of the [National Sanctuary Collective/Colectivo Santuario](#) effort to call on former Vice President Biden to take early action if he is elected as President to clear the path to permanent resident status for immigrants living in Sanctuary in houses of worship all over the country.



If you would like to join them in supporting Sanctuary Leaders and the communities they represent, you can sign the petition to support families in Sanctuary using this link: <https://actionnetwork.org/petitions/ask-joe-biden-to-commit-to-free-the-families-living-in-sanctuary-churches/> (Sign on form is to the right of the petition.)

## In Our Thoughts



- ◇ Ron Goede's family and loved ones
- ◇ Sandy Charlson's family and loved ones
- ◇ Friends, members, and their families struggling with physical or mental illness and other life struggles
- ◇ All those unable to visit loved ones in times of sadness and grief

"We light this chalice for the warmth of love, the light of wisdom, and the energy of action."

## Info & Contacts

[Board of Trustees](#)  
[Staff](#)  
[Action Teams](#)

[CVUU Calendar](#)



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