



Coming Home

The Newsletter of the Cache Valley Unitarian Universalists

APRIL 2020 | VOLUME 26 | ISSUE 4

OUR MISSION

CVUU strives to be a caring religious community that encourages and supports the sharing of ideas and experiences of all who travel rich and varied spiritual paths.

Sunday (Virtual) Services

To mitigate the spread of COVID-19, CVUU has suspended in-person Sunday services until further notice. **But we are still together in community and meeting online!**

Tune in through Zoom each Sunday at 10:00 AM for modified services that include familiar elements such as the chalice lighting, readings, joys & concerns, and music.



Use the Zoom link below to join us each Sunday, or you can enter the meeting ID if you already have Zoom installed.

Meeting Link: <https://zoom.us/j/856297569>

Meeting ID: **856 297 569**



Cache Valley Unitarian Universalists
is a [Welcoming Congregation](#).

What's New at CVUU?

COVID-19 Pastoral Message

The following video, from the Unitarian Universalist Association's President Rev. Susan Frederick-Gray, speaks to the need to pause and care for ourselves and recognize the ways we are still held during this time when we are asked to be responsive to a vastly changing world and our community's needs.



Daily Nuggets

A big thank you to Emerson for helping us maintain community and insight during this unusual period of social distancing by collecting and emailing out "daily nuggets" from our community members.

They remind us of the ways that we are connected and the goodness that can spread throughout our communities. It's also been a joy to learn the stories behind how people have become a part of CVUU.



Events & Announcements

Apr
9

CVUU Board Meeting: All are welcome to attend and give input.

Contact info: Anne Hedrich at president@cvuu.org

Thursday: 5:30–7:00pm online through Zoom

Highlights from the Last Board Meeting

1. Coronavirus response: We voted to cancel services until further notice and discussed how to maintain community despite not meeting in person.
2. The speaker series with the USU Religious Studies program is on hold until we start meeting again.
3. CPC has also stopped meeting in person, but kids continue to meet digitally.

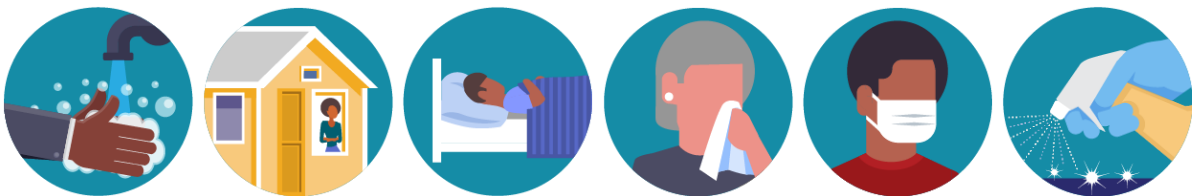
Care Available

CVUU recognizes that it is precisely in the times when social systems and structures are taxed that there is the greatest need for both logistical and emotional support. Because of this, we are working to bolster our care committee to offer help to those in need.

- If you or someone you know are in need of help such as grocery shopping, getting to medical appointments, getting prescriptions filled, childcare, etc. please communicate your needs to our Care Committee chair, Jim Evans (james.evans@usu.edu, 435-760-9318).
- Please also reach out to Jim if you are someone who is willing to help with meals and errands for others.

Help Stop the Spread

Be sure to follow [these guidelines from the CDC](#) to help mitigate the spread of COVID-19.



images from the CDC website

Community Donation

Once we meet again, Sunday offerings will be going to the **Cache Clean Air Consortium**.



The mission of the CCAC is to gather members of the community to address Cache Valley's air pollution. It is an effort to bring together diverse ideas and experience throughout the valley to work together in a cohesive and efficient way. The focus will be action-oriented, broadening awareness, and creating partnerships to work toward solutions. The purpose is collaboration; CCAC is completely non-partisan/non-political. CCAC is a non-profit affiliate of Breathe Utah.

In Our Thoughts



- ◇ All those in need of or providing healthcare and other services during the pandemic
- ◇ Friends, members, and their families mourning the loss of loved ones
- ◇ Friends, members, and their families struggling with physical or mental illness and other life struggles

"We light this chalice for the warmth of love, the light of wisdom, and the energy of action."

Info & Contacts

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