



Coming Home

The Newsletter of the Cache Valley Unitarian Universalists

MARCH 2020 | VOLUME 26 | ISSUE 3

OUR MISSION

CVUU strives to be a caring religious community that encourages and supports the sharing of ideas and experiences of all who travel rich and varied spiritual paths.

Sunday Services

- March 1** Sources: Direct Experience -*Sondra Scott*
March 8 Migraines as Teacher -*Emerson James*
March 15 New Year's Check-In -*Ethan Payne*
March 22 This I Believe -*Jay Black*
March 29 TBA -*25th Anniversary Speaker Series*

Join us at 10am for Sunday Services at

The Jay & Leslie Black Fellowship House

596 E 900 North, Logan, UT

(435) 755-2888

info@cvuu.org



Cache Valley Unitarian Universalists
is a [Welcoming Congregation](#).



What's New at CVUU?



Welcome Emerson!

On March 1st, Emerson (formerly Emily) James will start a new position with CVUU that is primarily comprised of providing Worship and Adult Religious Exploration opportunities for our congregation. Emerson will present approximately one service per month and will serve as a member of the worship team, and they will plan and lead adult RE activities. Emerson worked for CVUU several years ago and we are excited to have them back on our worship and adult RE teams!

Our Friends in Ogden

On Sunday, February 2nd, Worship Associate Whitney DeSpain and Board members Sandy Charlson, George Wootton and I (Anne Hedrich) visited the Ogden Unitarian Universalist congregation. We admired the facilities in their large A-Frame church building on 23rd Street, and it was interesting to note the similarities and the differences in their service as compared to ours. After the service, as we ate home-made tomato soup and grilled cheeses, we had a free-ranging discussion with members of their leadership and interested others about our congregations. We talked about services, leadership, religious exploration, community outreach, attracting new members, managing buildings, working with and without a minister, and a number of other topics. It was really interesting to see how similar we are, and yet also how at the same time we are different. We came out of the meeting with a sense that we wanted to build a relationship between the Ogden and Logan groups, sharing ideas, knowledge, and experience. The possibilities are exciting to consider!

photo available under [Creative Commons](#)



One more interesting thing: the Ogden UUs have been in contact with UU congregations in

Twin Falls and Pocatello, sharing service speakers and ideas and visiting each other's churches. We all expressed interest in growing the connections between the northern Utah and southern Idaho congregations.

Members of the Ogden church will make a reciprocal visit to us for the March 22nd service, followed by another discussion session. We are looking forward to this exchange and to growing our relationship with the Ogden UUs.

-Anne Hedrich

Events & Announcements

Mar
12

CVUU Board Meeting: All are welcome to attend and give input.

Contact info: Anne Hedrich at president@cvuu.org

Thursday: 5:30–7:00pm in the CVUU Kitchen

Mar
Sundays

Cache Valley SAGE Social Group

If you are L, G, B, T, or Q and 50+, come be a part of the groundbreaking new addition to SAGE Utah—SAGE Cache Valley!

Contact info: Monte Larson at CacheValleySAGE@yahoo.com

Every Sunday: 11:00am–1:00pm

The new Logan Pride Center: 69 East 100 North in Logan

Public Health

With the flu season in full swing and concerns arising about the coronavirus, it's important to remember a few helpful hints for preventing the spread of illness.

- The CDC recommends that everyone 6 months and older get a flu vaccine each season.
- Avoid contact with people who are sick, and stay home if *you* are sick.
- Wash your hands often and avoid touching your mouth, nose, or eyes.

The Utah Department of Public Health has provided the following flyer with information about the coronavirus: [Coronavirus Flyer](#)

Highlights from the Last Board Meeting

1. Main focus: Long discussion with Prof. Ravi Gupta from USU Religious Studies on a potential guest lecture series to celebrate our 25th anniversary
2. Personnel discussions: potential lay leader and RE coordinator positions

Community Donation

This month, half of our Sunday offerings will be going to the **Cache Clean Air Consortium**.



The mission of the CCAC is to gather members of the community to address Cache Valley's air pollution. It is an effort to bring together diverse ideas and experience throughout the valley to work together in a cohesive and efficient way. The focus will be action-oriented, broadening awareness, and creating partnerships to work toward solutions. The purpose is collaboration; CCAC is completely non-partisan/non-political. CCAC is a non-profit affiliate of Breathe Utah.

In Our Thoughts



- ◇ Becca and Wolfgang Johnson
- ◇ Friends, members, and their families mourning the loss of loved ones
- ◇ Friends, members, and their families struggling with physical or mental illness and other life struggles

"We light this chalice for the warmth of love, the light of wisdom, and the energy of action."

Info & Contacts

Do you have Feedback for us on CVUU Services? Ideas, comments, or concerns about CVUU services? Please give compliments directly to those giving the services, but direct any complaints or concerns through Susanne Janecke (regardless of who conducted the service): susanne.janecke@usu.edu

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