



Coming Home

The Newsletter of the Cache Valley Unitarian Universalists

January 2020 | VOLUME 26 | ISSUE 1

OUR MISSION

CVUU strives to be a caring religious community that encourages and supports the sharing of ideas and experiences of all who travel rich and varied spiritual paths.

Visit cvuu.org to learn more about our church community!

Sunday Services

- | | |
|-------------------|--------------------------------|
| January 5 | UU 6th Principle |
| January 12 | Leadership Conference Send-Off |
| January 19 | Inspired by Shakespeare |
| January 26 | Resolution Check-In |

Join us at 10am for Sunday Services at

The Jay & Leslie Black Fellowship House

596 E 900 North, Logan, UT

(435) 755-2888

info@cvuu.org



Cache Valley Unitarian Universalists
is a [Welcoming Congregation](#).



What's New at CVUU?

Welcome New Members!



photo by Susanne Janecke

Longtime friends and very active participants, **Sondra Scott** and **Jo Leary**, signed the book and became official members of CVUU at the December 15th service!

"We welcome you as a new member. We invite you to share in our search for spirituality, truth and to work with us toward the creation of a more just and peaceful world. We join our strengths, talents and resources with yours in support of our free faith. With your presence we celebrate that our congregation is truly enriched. May it be a cradle for new dreams, a workshop for our common endeavors, and a home from which to journey and return. We welcome you into our beloved community."

Winter Solstice Service

We celebrated the shortest day and longest night of the year with our annual Winter Solstice Service on December 22. Our wonderful music director, Lyndi Perry, led the "occasional choir" in a number of festive holiday songs and performances.

The congregation joined in for the big finale, filling the sanctuary with joyous shouts of *Feliz Navidad!*

Thank you to everyone who shared their talents and passion for music! We hope to see more of you join in the fun next year.



"Charlie Brown Christmas" by In Memoriam: K!T is licensed under [CC BY-NC-ND 2.0](#)

Events & Announcements

Jan
1

New Year's Day Games: For anyone who would like to join, there will be a gathering to socialize, play board games, and share food. So bring your favorite board game or puzzle, and your favorite snack, and welcome in the New Year with friends!
Wednesday: 12:30pm - 4:30pm at CVUU

Jan
2

Socrates Café meets on the first Thursday of the month for stimulating questions and lively discussion. For more information visit the [Socrates Café page](#).
Contact info: Dave Christian at dchristian999@gmail.com
Thursday: 7:00–8:30pm
Juniper Room, Logan City Library: 255 North Main in Logan

Jan
4

Strategic Planning Meeting: All are welcome!
Contact info: Lorien Belton at tecova@gmail.com
Saturday: 10:30am–1:30pm at CVUU

Jan
9

CVUU Board Meeting: All are welcome to attend and give input.
Contact info: Anne Hedrich at unintasfamily@usu.edu
Thursday: 5:30–7:00pm in the CVUU Kitchen

Jan
Sundays

New Cache Valley SAGE Social Group
If you are L, G, B, T, or Q and 50+, come be a part of the groundbreaking new addition to SAGE Utah—SAGE Cache Valley!
Contact info: Monte Larson at CacheValleySAGE@yahoo.com
Every Sunday: 11:00am–1:00pm
The new Logan Pride Center: 69 East 100 North in Logan

Emergency Preparedness

Hello CVUU friends and members,

Are You READY!

I'll be doing a series of articles in our newsletter about Emergency Preparedness. Currently, I'm attending the Sheriff's Office Emergency Prep Roundtable, which includes faith based groups and businesses interested in the safety of our citizens of Cache Valley during emergencies and disasters.

The best way to prepare yourself is to be able to take care of yourself and your family for at least 72 hours after an event. Unfortunately, first responders get easily overwhelmed and may not be able to come to your aid in a major disaster.

Getting started may seem overwhelming at first, however, if you break it down into small steps, pretty soon you will feel more comfortable and ready for anything.

Don't worry, you don't have to spend a lot of money. Most of surviving comes down to having a plan and making sure your loved ones know the plan.

This month, I've included a basic checklist for items you might want to have on hand, in an easy to reach place. You might have things in a "go bag" with documentation and supplies that you can "grab and go".

[Emergency Kit Checklist](#)
[Emergency Kit Checklist for Kids](#)

Also, be sure to have plenty of water on hand. The suggested amount is 1 gallon per person, per day.

I am available for any questions you may have about getting ready for emergencies. If you have any suggestions for articles, I can be reached at jlnnlarsen1@gmail.com.

Julianne Larsen

Highlights from the Last Board Meeting

1. We need to track employee hours for overtime regulations.
2. Policy discussions: RE, building safety.
3. RUUU review: 2 sessions, 8 attendees, very successful.
4. Ethan, Sondra, and Whitney will go to the UUA leadership experience.
5. Plan for next strategic planning meeting on Jan 4.

Feedback?

Do you have Feedback for us on CVUU Services? Ideas, comments, or concerns about CVUU services? Please give compliments directly to those giving the services, but direct any complaints or concerns through Susanne Janecke (regardless of who conducted the service): susanne.janecke@usu.edu

Community Donation

This month, half of our Sunday offerings will be going to the **Cache Community Food Pantry**.



The Cache Community Food Pantry is a community partnership, and our goal is to ensure that no individual in Cache County goes to bed hungry. We are responsible stewards of all. We strive to treat our clients with respect and dignity, and know that to need help feeding one's family is a difficult situation. We believe in emergency assistance today for self sufficiency tomorrow.

In Our Thoughts



- ◇ Friends, members, and their families mourning the loss of loved ones
- ◇ Friends, members, and their families struggling with physical or mental illness and other life struggles

"We light this chalice for the warmth of love, the light of wisdom, and the energy of action."

Info & Contacts

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[Logan Pride Festival](#)
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