



Our mission: CVUU strives to be a caring religious community that encourages and supports the sharing of ideas and experiences of all who travel rich and varied spiritual paths

Coming Home

The newsletter of the Cache Valley Unitarian Universalists

November 2019

VOLUME 25, ISSUE 11



Sunday Services

services begin at 10am

November 3: UU 5th Principle, Democracy

November 10: Alternative Gift Market: Reducing Consumerism

November 17: This I Believe

November 24: Environmental Justice Research – Dr. Mehmet Soyer

Join us at 10am for Sunday Services at
The Jay & Leslie Black Fellowship House
596 E 900 North, Logan, UT
(435) 755-2888
info@cvuu.org



Cache Valley Unitarian Universalists is a
[Welcoming Congregation](#)

Visit the [cvuu.org website](http://cvuu.org) to learn more
about our church community!



SUNDAY COMMUNITY DONATION (NOVEMBER, DECEMBER)



Cache Refugee and Immigrant Connection's mission is to promote integration, economic self-sufficiency, and positive connections among refugees, immigrants, and the wider community through two-way education, improved access to existing services, and development of new services.

IN OUR THOUGHTS



- ❖ Friends, members, and their families mourning the loss of loved ones
- ❖ Friends, members, and their families struggling with physical or mental illness and other life struggles



"We light this chalice, for the warmth of love, the light of wisdom, and the energy of action"

DO YOU HAVE FEEDBACK FOR US ON CVUU SERVICES? Ideas, comments, or concerns about CVUU services? Please give compliments directly to those giving the services, but direct any complaints or concerns through Susanne.

Contact: Susanne Janecke is the main point of contact, regardless of who conducted the service: susanne.janecke@usu.edu

EVENTS & ANNOUNCEMENTS

Nov
7

SOCRATES CAFÉ will meet at the on the **first Thursday of the month** for stimulating questions and lively discussion. For more information visit the [Socrates Café page](#).

Contact info: Dave Christian at dchristian999@gmail.com

Thursday: 7-8:30pm

Juniper Room, Logan City Library: 255 North Main, Logan, UT

**Nov
14**

CVUU BOARD MEETING: All are welcome attend and to give input.

Contact info: Anne Hedrich at unintasfamily@usu.edu

Thursday: 6:45-8:15pm in the CVUU Kitchen

Watch your email for the date of the next Strategic Planning session

CACHE VALLEY COMMUNITY ALTERNATIVE GIFT MARKET

Bake sale, shopping, music

Hi all,

Time again to think of all those wonderful projects and to get the word out to your friends, congregations, clubs and the public about the Cache Valley Community Alternative Gift Market.

Saturday November 23, 2019 from 9:00-3:00 PM
First Presbyterian Church, Bruner Hall
200 West Center St.
Logan UT

Table Hosts and Musicians Needed

This year's market will be held upstairs in Bruner Hall. Very exciting!

It is always wonderful to have some music so if there are musicians out there that would be willing to add to the festivities that would be great for our atmosphere and to celebrate community. Please let me know. Contact Jenny Norton jeanettemarienorton@gmail.com or 435-757-9660

The website www.alternativegifts.org is one of the best sources of information on the projects and I will have the project materials available for distribution to the table hosts.

Themes for tables to host are listed in the catalog. Usually each table represents the group of similar project. If your organization would like to host a project table contact:

Jenny Norton
jeanettemarienorton@gmail.com
Jeanette.norton@usu.edu

Can't make it that day? See us at:
Cache Valley Unitarian Universalists

Sunday Nov 24th & Dec 8th from 11:30-12:30PM





EMERGENCY PREPAREDNESS: Julianne Larsen will be presenting a series of articles in the CVUU newsletter about Emergency Preparedness. Julianne is currently attending the Sheriff's Office Emergency Prep Roundtable, which includes faith-based groups and businesses interested in the safety of the citizens of Cache Valley during emergencies and disasters.

The best way to prepare yourself is to be able to take care of yourself and your family for at least 72 hours after an event. Unfortunately, first responders get easily overwhelmed and may not be able to come to aid you in a major disaster.

It may seem overwhelming at first, however, if you break it down into small steps, pretty soon you will feel more comfortable and ready for anything.

Don't worry, you don't have to spend a lot of money. Most of surviving comes down to having a plan and making sure your loved ones know the plan.

This month, Julianne has included a [basic checklist](#) for items you might want to have on hand, in an easy to reach place. You might have things in a "go bag" with documentation and supplies that you can "grab and go".

Also, be sure to have plenty of water on hand. The suggested amount is 1 gallon per person, per day.

Any questions you may have about getting ready or suggestions for articles, please contact Julianne at jlnnlarsen1@gmail.com

EMERGENCY PREPAREDNESS MATERIALS (Families, Pets, Seniors, Disabled, Businesses)
<https://www.fema.gov/media-library/resources-documents/collections/344>

NEEDED CVUU NEWSLETTER EDITOR:

Starts mid-December 2019 (for the January newsletter)

Desired skills:

- Basic editing
 - Basic Word or other graphics program such as InDesign, Publisher, etc.
 - OR email newsletter skills (Mail Chimp, Mailer Lite, etc.)
(CVUU has Mail Chimp and Mailer Lite accounts already set up)
 - Basic graphics skills
- For more information contact Susan at coordinator@cvuu.org



LEADERSHIP CONTACTS

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[STAFF](#)

[ACTION TEAMS](#)

[CVUU CALENDAR](#)

CVUU is a

[Logan Pride Festival](#)

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