



Our mission: CVUU strives to be a caring religious community that encourages and supports the sharing of ideas and experiences of all who travel rich and varied spiritual paths

Coming Home

The newsletter of the Cache Valley Unitarian Universalists May 2019
VOLUME 25, ISSUE 5



Sunday Services

services begin at 10am

May 5: Invisible People: Brown vs Board of Education: Marisela Martinez-Cola

May 12: Mother's Day: Baby dedication

May 19: Flower Ceremony May 26: 4th Sunday Lecture

SUNDAY COMMUNITY DONATION (MAY, JUNE)



<u>Cache Refugee and Immigrant Connection's</u> **mission** is to promote integration, economic self-sufficiency, and positive connections among refugees, immigrants, and the wider community.

They do this through two-way education, improved access to existing resources, and development of new services.

In Our Thoughts



- Friends, members, and their families mourning the loss of loved ones
- Friends, members, and their families struggling with physical or mental illness and other life struggles
- * We hold in our hearts all of those around the world in harm's way

EVENTS & ANNOUNCEMENTS

May 2 **SOCRATES CAFÉ** will meet at the on the **first Thursday of the month** for stimulating questions and lively discussion. For more information visit the <u>Socrates Café page</u>.

Contact info: Dave Christian at dchristian999@gmail.com

Thursday: 7 to 8:30pm

Juniper Room, Logan City Library: 255 North Main,

May 9 **CVUU BOARD MEETING:** All are welcome. CVUU Members are encouraged to attend (2nd Thursday of the month).

Thursday: 6-7:30pm

CVUU Kitchen

May 13-17 **NATIONAL BIKE TO WORK & SCHOOL WEEK:** Logan City will again be celebrating (and rewarding!) bike commuters with free gifts, food, and comradery with a daily station at CVTD Transit Center, plus food and retail deals around town.

CVUU's Paul Rogers will be hosting the CVTD station from **7:30-9:30 a.m.** all week. See the full schedule at: https://trails.cachecounty.org/news/?id=48 or contact Paul Rogers or Dayton Crites (Cache County Trails Planner) for details.

So dust off your bikes and hit the streets to get some exercise, and help clear the air!

May 18 **SPRING DINNER & SOCIAL**: Details coming soon!

Saturday 6-9pm

July 5-12 **HEADS UP! EARTHFIRE TRADITIONAL VISION QUEST** age-old practice of self-discovery, four days and nights of awareness and solo fasting in the wilderness. Why would anyone do this? Because it works!

Questing is a powerful tool for moving through psychological barriers to finding purpose and joy in our lives. For an in-depth description see Earthfire Traditional Vision Quest

Four days solo July 5-12. Suggested donation \$500 One day solo: July 5-8. Suggested donation \$350

Location: Western Tavaputs Plateau, UT. Led by long-time CVUU friends Matt and Dawn Hansen.

Contact: Dawn or Matt Hansen 435-752-7163 or <u>vquest4@gmail.com</u> (be sure to include VisionQuest in your email subject line).

WELCOME LLEWYNN ROBERTS CVUU'S NEW CHILDCARE ASSISTANT!

THANKS FOR HELPING WITH YARD CLEAN UP AND WEEDING!

Jordan, Jo & Gabriel Leary; Haley, Whitney, Leah, Suzanne Janecke & Jim Evans; Jenny Norton, & Bryan Dixon. The green waste bin is packed full!

We can always use more help throughout the summer to weed, sweep the back porch and around bike racks, clear north entrance (leaves and dirt collect in the black mats), south entrance to basement (leaves can easily block the drain and cause water to seep into the basement), and general clean up.

If you would like to help we have plenty of tools. Contact Jean Lown: <u>jean.lown@usu.edu</u> or 435-760-2392.

RECYCLING CONTAMINATION IS A MAJOR PROBLEM FOR OUR

BUILDING: PLEASE acquaint yourself with the simple basics of what can and cannot be recycled. Everything must be free of food and liquids!

The only paper that is wanted is clean paper that we print out weekly program on. Waxed paper, paper cups, paper plates... NOT recyclable.

When in doubt...THROW IT OUT! It is far better to trash an item that possibly could be recycled than to contaminate a whole truck load of recyclable materials.

If you see stuff in the indoor or outdoor blue bins that is NOT recyclable, please pick it out and trash it.

Thanks! CVUU Building & Grounds crew



WHAT WILL YOU PLEDGE IN 2019/20?

If renewing or pledging for the first time, fill in the form (link below), print off and give to CVUU Treasurer Lorien Belton or mail to: CVUU 596 E 900 North, Logan, UT 84321 attn. Lorien. Consider the following when thinking about your pledge donation.

- Why do you think it is important to maintain CVUU as a presence in the local community?
- How do you think CVUU can be a transformative force for good in the community?
- How can you contribute to making that happen?

Thank you for supporting the CVVU Community!

Open and download the 2019/20 Pledge form here

EASTER SUNDAY MUSIC



CVUU Music Director Lyndi Perry leads singing at the Easter Sunday Service. Photo credit: Susanne Janecke



Ellen Klomps plays the hammered dulcimer at the Easter service. Photo credit: *Susanne lanecke*

^{*} FROM CVUU BYLAWS: "To retain active status, Members and Affiliates are expected to participate actively in the Congregation's activities and to make a contribution of record to the Congregation each fiscal year. The contribution should represent the member's or affiliate's fair share of the Congregation's needs, in light of the member's or affiliate's income and means, and the fact that generous contributions from others in the past have sustained and built the Congregation we enjoy today. If necessary, contributions of time, labor, goods or services may be made in lieu of a financial contribution."

EMPLOYMENT AND OPPORTUNITIES TO SERVE

As of July I, the Organizational Coordinator Position will be vacant:

Paid staff position (July 1, 2019). Currently, this position includes newsletter editor and website management, social media posts, among other tasks. Duties and salary dependent on fiscal year 2019-20 budget and current needs.

Please ask around to see who might be a good fit for this position.

COMMUNITY & CARING TEAM COORDINATOR:

This team covers a small administrative role, fellowship & hospitality, as well as caring for members of our community. We are looking for a point person(s) to help make sure these roles are covered. Caring is covered by Jim Evans.

MEMBERSHIP This is an administrative role and includes entering guest names on the Listserv, database management, creating nametags, and other admin tasks. This role could also be wrapped into the Coordinator position.

FELLOWSHIP & HOSPITALITY: If you are an event planning type, this is for you. Organize potlucks, possible bbqs and camping trips, or other social activities.

Contact Susan at coordinator@cvuu.org for more information



LEADERSHIP CONTACTS

BOARD OF TRUSTEES

Member at Large: Jim Vandygriff Member at Large: Jordan Leary President: Anne Hedrich Secretary: Ryan Berke Treasurer: Lorien Belton Vice President: George Wootton

STAFF (PART-TIME)

Cache Pride Center: Cassie Seikkula Childcare Assistant: Llewynn Roberts Organizational Coordinator: Susan Buffler Sunday Music Coordinator: Lyndi Perry Worship Associate Coordinator: Sondra Scott

ACTION TEAM LEADS (VOLUNTEER POSITIONS)

Art: Susanne Janecke Building Manager: Liz Berke

Cache Community Connections liaisons: Tara Hawkins & Julianne Larsen

Children's Program Coordinator: Jordan Leary

Administrator / Finance: Lorien Belton

Community & Caring:
- Membership: OPEN

- Fellowship & Hospitality: OPEN

- Caring: Jim Evans

Environmental & Social Justice: Jenny Norton & Paul Rogers

Grounds: Jean Lown

Our Whole Lives Sexuality Education: Lorien Belton

Special Committees:

Nominations: Susanne Janecke, Jenny Norton, Julianne Larsen Committee on Ministry: Susanne Janecke, George Wootton

Sundays@CVUU Coordinator: Susan Buffler

BOARD LIAISONS

Building: Ryan Berke

Community & Caring:

Membership: Anne Hedrich

Religious Exploration:

Jordan Leary

Worship Team: George Wootton

Feedback on Sunday services:

Susanne Janecke

DO YOU HAVE FEEDBACK FOR US ON CYUU SERVICES? Ideas, comments, or concerns about CVUU services? Please give compliments directly to those giving the services, but direct any complaints or concerns through Susanne.

Contact: Susanne Janecke is the main point of contact, regardless of who conducted the service: susanne.janecke@usu.edu

CVUU CALENDAR: MAY 2019						
Sun	M	Т	W	Th	F	Sat
All activities listed here are held at the Jay and Leslie Fellowship House located at 596 E. 900 North, Logan, UT unless otherwise noted. See the Connections tab on the cvuu.org website for details about our regular activities			Amrita Yoga Satsang 6:30pm	2	3 Cache Pride Center Teens 5-8pm	4
Sunday Service Invisible People: Brown vs. The Board of Education	6 Cache Valley Buddhist Sangha 7:15pm	7 Cache Pride Center Pre-Teens 5-8pm	8 Amrita Yoga Satsang 6:30pm	9 CVUU Board Meeting 6-7:30pm	10 Cache Pride Center Teens 5-8pm	H
Sunday Service Mother's Day	13 Cache Valley Buddhist Sangha 7:15pm	14 Cache Pride Center Pre-Teens 5-8pm	15 Amrita Yoga Satsang 6:30pm	16	17 Cache Pride Center Teens 5-8pm	18
Sunday Service Flower Ceremony	20 Cache Valley Buddhist Sangha 7:15pm	2 I Cache Pride Center Pre-Teens 5-8pm	Amrita Yoga Satsang 6:30pm	23	24 Cache Pride Center Teens 5-8pm	25
26 Sunday Service TBA	27 Cache Valley Buddhist Sangha 7:15pm	28 Cache Pride Center Pre-Teens	29 Amrita Yoga Satsang 6:30pm	30	31 Cache Pride Center Teens 5-8pm	

Join us at 10am for Sunday Services at The Jay & Leslie Black Fellowship House 596 E 900 North, Logan, UT

(435) 755-2888

info@cvuu.org



Cache Valley Unitarian Universalists is a <u>Welcoming Congregation</u>

Visit the <u>cvuu.org website</u> to learn more about our church community!



CVUU is a

Logan Pride Festival

SPONSOR

Connect with us!





