



Our mission: CVUU strives to be a caring religious community that encourages and supports the sharing of ideas and experiences of all who travel rich and varied spiritual paths

Coming Home

The newsletter of the Cache Valley Unitarian Universalists

October 2018

VOLUME 24, ISSUE 10



Sunday Services

all services begin at 10am

October 7: Outsider Perspective on Need for Community: George Wootton

October 14: Letters to Things That Can't Write Back: Kevin Whitaker

October 21: What is Love?: Tara Hawkins

October 28: Buddhism: Dan Judd

SUNDAY COMMUNITY DONATION (SEPTEMBER, OCTOBER)



OUR WHOLE LIVES: LIFESPAN SEXUALITY EDUCATION (OWL)

The September and October ½ plate donation will help fund the CVUU OWL Program.

Our Whole Lives helps participants make informed and responsible decisions about their sexual health and behavior. With a [holistic approach](#), Our Whole Lives provides accurate, developmentally appropriate information about a range of topics, including relationships, gender identity, sexual orientation, sexual health, and cultural influences on sexuality.

TARA'S CORNER



Lay Leader Tara Hawkins introduces the Lyric Repertoire Company at the Tabernacle Concert series. Photo credit, Julianne Larsen

I don't think I've ever looked forward to the rain the way I am this year. It's been a long hot summer with fires bursting out all over the west. My aunt had to evacuate her home in Redding, CA. For days she wondered if her home was still standing. Miraculously, it was, but it was surrounded by ash where a forest used to be. Many of her friends were not so lucky.

The Earth will renew herself and the forest will return, but first, we need rain.

Here in Logan we've suffered from smoke. There have been days when I couldn't see the mountains. Blue sky has become a rare commodity. Julianne has been coughing - even with our new air filters.

This year we're planning a party for Halloween. We'll play games and eat treats and wear wild costumes. We have to dig into our Halloween box to see what we can create - the creepier, the better!

Here's hoping for a nice, damp Fall and a happy (and spooky) Halloween.



Tara Hawkins, Lay Leader

IN OUR THOUGHTS



- ❖ The Charlson/Lant family
- ❖ Desiree Chavez
- ❖ Marlene Conner
- ❖ Friends, members, and their families mourning the loss of loved ones
- ❖ Friends, members, and their families struggling with physical or mental illness and other life struggles
- ❖ ***We hold in our hearts all of those around the world in harm's way***

"We light this chalice, for the warmth of love, the light of wisdom, and the energy of action"

UPCOMING EVENTS

Oct
4

SAME TIME, DIFFERENT PLACE! SOCRATES CAFÉ will meet at the on the **first Thursday of the month** for stimulating questions and lively discussion. For more information visit the [Socrates Café page](#).

Contact info: Dave Christian at dchristian999@gmail.com

7 to 8:30pm at the Juniper Room, Logan City Library: 255 North Main

Oct
16

CVUU BOARD MEETING: All CVUU Board meetings are open to the congregation. CVUU Members are particularly encouraged to participate.

6-7:30pm at CVUU

Oct
27-28

CVUU Yard Activities: Join us for a fun social activity. Kids are welcome. Help rake leaves, weed, mulch, and trim bushes, among other healthy activities. Bring gloves, clippers, rakes, weeding tools or just yourself.

Questions? Contact Jean 435-760-2392/ jean.lown@usu.edu

Saturday, October 27: 10 am – noon

Sunday, October 28: after church

Nov
3-4

CVUU Yard Activities Part II: Join us for a fun social activity. Kids are welcome.

Help rake leaves, weed, mulch, and trim bushes, among other healthy activities. Bring gloves, clippers, rakes, weeding tools or just yourself.

Questions? Contact Jean 435-760-2392/ jean.lown@usu.edu

Saturday, November 3: 10 am – noon

Sunday, November 4: after church

Dec
8

ALTERNATIVE GIFT MARKET: Mark your calendars! More information coming soon.

First Presbyterian Church, Logan 200 West Center Street, Logan, UT

For more information contact Jenny Norton jeanettemarienorton@gmail.com

ANNOUNCEMENTS

THANK YOU BRUCE! Bruce Pendery is 'retiring' from snowblowing at CVUU. Please extend thanks to Bruce for being the major snow remover at CVUU for the last 10 years!

CVUU is looking for someone who can perform this task starting this snow season. This can be a volunteer or a reliable service (not too expensive). Contact building Coordinator Liz Berke building@cvuu.org with any suggestions or to volunteer.



CVUU Sunday Music Coordinator Lyndi Perry performs during a recent Sunday service. Photo credit: *Susanne Janecke*

MUSIC PLANNING FOR SOLSTICE SERVICE:

December is right around the corner and it is time to start planning our annual solstice service.

Anyone interested in helping plan, playing an instrument, or singing in our humble but friendly group should get in touch with Lyndi (Lyndiperry@gmail.com) **before the end of October.**

FINANCIAL ADVICE FOR CVUU COMMUNITY:

CVUU member Dr. Jean Lown provides financial advice on a sliding scale basis to the CVUU community in exchange for a donation to CVUU.

Jean recently retired from teaching personal finance, investing, retirement, and estate planning at USU and the Financial Planning for Women seminars.

Jean provides advice on financial concerns ranging from budget and credit problems to investment asset allocation, college financing, and retirement planning.

The standard rate is \$75/hour with reduced rates available. Free advice for those in need.

Contact Jean at 435-760-2392 or jean.lown@usu.edu

ONGOING TASKS

TRASH AND YARD WORK: We would love help this fall picking up trash landing in the east gutter and front lawn. Please pitch in and pick up.

Contact Jean Lown: jean.lown@usu.edu or 435-760-2392 for details



INDOOR TASKS: Thanks to all who help keep our building clean. If you see a need, please just jump in and help.

- Empty waste baskets
- Take hand towels home to wash
- Water house plants
- Put trash and recycling in appropriate receptacles
- Empty trash & recycling into the proper outdoor bins
- Take bins to curb Monday evening & bring them in after Tuesday pick-up

COMPOST & RECYCLING: CVUU strives to be as 'green' as possible. Read about our [compost and recycling](#) efforts. Turn off the lights to save energy and make sure the doors are locked if you are the last to leave. Check basements lights. Also, check out [CVUU's solar power production](#).

Please familiarize yourself with what and how to recycle to prevent contamination of the materials. There are signs posted on the cans and info on the north door and bulletin board.

Please do not put food or dirty containers in the blue recycling bin. Tissues and napkins are NOT recyclable.

Food waste (but no meat products) should go in the blue plastic tub to the left of the sink. The can should be emptied in the compost bin on the west side of the building. Thanks!



Children and adults gather for a story. Photo credit: *Susanne Janecke*

DO YOU HAVE FEEDBACK FOR US ON CVUU SERVICES? Ideas, comments, or concerns about CVUU services?

Please give compliments directly to those giving the services, but direct any complaints or concerns through Susanne.

Contact: Susanne Janecke is the main point of contact, regardless of who conducted the service: susanne.janecke@usu.edu

LEADERSHIP CONTACTS



ORGANIZATIONAL COORDINATOR: Susan Buffler
coordinator@cvuu.org

- Website, monthly newsletter, social networks, Listserv
- Systems
- Miscellaneous questions

BUILDING MANAGER: Liz Berke building@cvuu.org

- Maintenance
- Supplies
- Rentals / building use
- Scheduling ANY CVUU or private event /activity, etc.
(so events do not overlap)

BOARD OF TRUSTEES

Member at Large: *Jim Vandygriff*
Member at Large: *Jordan Leary*
President: *Anne Hedrich*
Secretary: *Ryan Berke*
Treasurer: *Lorien Belton*
Vice President: *George Wootton*

STAFF (PART-TIME)

Childcare Assistant: *Kirsten Mara*
Lay Leader: *Tara Hawkins*
Organizational Coordinator: *Susan Buffler*
Sunday Music Coordinator: *Lyndi Perry*
Worship Associates Program Coordinator: *Kevin Whitaker*

ACTION TEAM LEADS (VOLUNTEER POSITIONS)

Art: *Susanne Janecke*
Building Manager: *Liz Berke*
Cache Community Connections liaisons: *Tara Hawkins & Julianne Larsen*
Children's Program Coordinator: *Jordan Leary*
Administrator / Finance: *Lorien Belton*
Community & Caring: OPEN
- Membership: OPEN
- Fellowship & Hospitality: OPEN
- Caring: *Jim Evans*
Environmental & Social Justice: *Jenny Norton & Paul Rogers*
Grounds: *Jean Lown*
Our Whole Lives Sexuality Education: *Lorien Belton*
Special Committees:
Nominations: *Susanne Janecke, Jenny Norton, Julianne Larsen*
Committee on Ministry: *Susanne Janecke, George Wootton*

BOARD LIAISONS

Building: *Ryan Berke*
Membership: *Anne Hedich*
Religious Exploration: *Jordan Leary*
Worship Committee: *George Wootton*

CVUU CALENDAR: OCTOBER 2018

Sun	M	T	W	Th	F	Sat
	1 Cache Valley Buddhist Sangha 7:15pm	2 Cache Pride Center Pre-Teens 5-8pm	3 Amrita Yoga Satsang 6:30pm	4	5 Cache Pride Center Teens 5-8pm	6
7 Sunday Service Outsider Perspective on Need for Community	8 Cache Valley Buddhist Sangha 7:15pm	9 Cache Pride Center Pre-Teens 5-8pm	10 Amrita Yoga Satsang 6:30pm	11	12 Cache Pride Center Teens 5-8pm	13
14 Sunday Service Letters to Things That Can't Write Back	15 Cache Valley Buddhist Sangha 7:15pm	16 Cache Pride Center Pre-Teens 5-8pm Board meeting 6-7pm	17 Amrita Yoga Satsang 6:30pm	18	19 Cache Pride Center Teens 5-8pm	20
21 Sunday Service What is Love?	22 Cache Valley Buddhist Sangha 7:15pm	23 Cache Pride Center Pre-Teens 5-8pm	24 Amrita Yoga Satsang 6:30pm	25	26 Cache Pride Center Teens 5-8pm	27
28 Sunday Service Buddhism	29 Cache Valley Buddhist Sangha 7:15pm	30 Cache Pride Center Pre-Teens 5-8pm	31 Amrita Yoga Satsang 6:30pm	 All activities listed here are held at the Jay and Leslie Fellowship House located at 596 E. 900 North, Logan, UT unless otherwise noted. See the Connections tab on the cvuu.org website for details about our regular activities		

Join us at 10am for Sunday Services at
The Jay & Leslie Black Fellowship House
596 E 900 North, Logan, UT
(435) 755-2888
info@cvuu.org



Cache Valley Unitarian Universalists is a
[Welcoming Congregation](#)

Visit the [cvuu.org website](http://cvuu.org) to learn more about our church
community!



CVUU is a
[Logan Pride Festival](#)
SPONSOR

Connect with us!

