



Our mission: CVUU strives to be a caring religious community that encourages and supports the sharing of ideas and experiences of all who travel rich and varied spiritual paths

Coming Home

The newsletter of the Cache Valley Unitarian Universalists

September 2018

VOLUME 24, ISSUE 9



Sunday Services

all services begin at 10am

September 2: Interacting with Strangers: Lorien Belton

September 9: Water Communion: Kevin Whitaker

September 16: The Power of Meditation: Tara Hawkins

September 23: International Day of Peace: speaker TBA

September 30: Philosophy of Yoga – Michael Sowder

SUNDAY COMMUNITY DONATION (SEPTEMBER, OCTOBER)



OUR WHOLE LIVES: LIFESPAN SEXUALITY EDUCATION (OWL)

The September and October ½ plate donation will help fund the CVUU OWL Program.

Our Whole Lives helps participants make informed and responsible decisions about their sexual health and behavior. With a [holistic approach](#), Our Whole Lives provides accurate, developmentally appropriate information about a range of topics, including relationships, gender identity, sexual orientation, sexual health, and cultural influences on sexuality.

See page 4 for more information

TARA'S CORNER



Lay Leader Tara Hawkins introduces the Lyric Repertoire Company at the Tabernacle Concert series. Photo credit, Julianne Larsen

CACHE COMMUNITY CONNECTIONS is an Interfaith group that grew out of the tragedy of the September 11th attack. Once a month Interfaith leaders get together to discuss issues facing the community such as homelessness and suicide, and try to find solutions together.

This year the CCC's annual memorial gathering will be at the Tabernacle on September 14th at 7pm. There will be speakers from the community and music.

It is beautiful to me that such a tragic event as the attack on the World Trade Center has inspired an ongoing conversation between different faiths.

It is wonderful to be able to celebrate our differences and acknowledge our similarities.

It is good that we are able to come together as a community of faith.



Tara Hawkins, Lay Leader

IN OUR THOUGHTS



- ❖ The Charlson/Lant family
- ❖ Desiree Chavez
- ❖ Marlene Conner
- ❖ Friends, members, and their families mourning the loss of loved ones
- ❖ Friends, members, and their families struggling with physical or mental illness and other life struggles
- ❖ ***We hold in our hearts all of those around the world in harm's way***

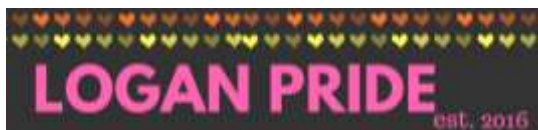
"We light this chalice, for the warmth of love, the light of wisdom, and the energy of action"

UPCOMING EVENTS

Sep
1

LOGAN PRIDE FESTIVAL:

Theme - Rainbow Connections: Strength in Local Diversity



<https://www.loganpride.org/festival>

Family Potluck: **Willow Park:** 500 West 700 South, Logan
Friday, August 31 6-8pm

Interfaith Service: **Prince of Peace Lutheran Church**
Saturday, 10am

Pride Festival: **Willow Park:** 500 West 700 South, Logan
Saturday, 12-7pm

Facebook event site: <https://www.facebook.com/events/180534172569053/>

Sep
6

SAME TIME, DIFFERENT PLACE! SOCRATES CAFÉ will meet at the on the **first Thursday of the month** for stimulating questions and lively discussion. For more information visit the [Socrates Café page](#).

Contact info: Dave Christian at dchristian999@gmail.com

7 to 8:30pm at the Juniper Room, Logan City Library: 255 North Main

Sep
14

CACHE COMMUNITY CONNECTIONS INTERFAITH MEMORIAL GATHERING: Music and speakers from the community.

7pm at the Logan Tabernacle: 50 North Main

Sep
20

CVUU BOARD MEETING: All CVUU Board meetings are open to the congregation.

6-7:30pm at CVUU

Sep
30

5TH SUNDAY POTLUCK: Join us for food and fellowship following the Sunday service for a brunch/lunch potluck. Bring a dish or other food item to share or come as you are.

ANNOUNCEMENTS



OUR WHOLE LIVES SEXUALITY EDUCATION PROGRAM: Do you wish your kids could take a comprehensive sexuality education course in Cache Valley? They can! Trained local volunteers offer the “Our Whole Lives” (OWL) sexuality education courses to interested students.

Though it is managed through Cache Valley Unitarian Universalists, it is totally secular -- no religious content. The curriculum emphasizes healthy, complete information on topics of maturation, sexuality, relationships, and health, including gender and sexual orientation. LGBTQIA+ inclusive.

The middle school course is for students in 7th, 8th, or 9th grade. It will be capped at 18 students.

The course is taught weekly on Thursday evenings from Sept 13th to Dec 13th, from 6:00 - 8:15 pm.
Location: [First Presbyterian Church](#) in Logan.

To express interest in enrolling a child, please fill out this short Google form.
<https://goo.gl/forms/M5gbtLS0lg5LMli82>

If you have filled out the form in the past but your child did not participate, please fill it out again so we have any updated ages, genders, etc.

All parents will need to attend an orientation meeting about OWL. Dates are TBD, but there will be several options. These meetings will be at CVUU, [596 East 900 North](#) in Logan.

Interested parents should direct any questions to owl@cvuu.org. Thanks!

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Our Whole Lives
Sexuality Education Program

owl@cvuu.org

Curriculum info: <http://www.uua.org/re/owl>

coordinator: Lorien Belton (pronouns: she/her)

FINANCIAL ADVICE FOR CVUU COMMUNITY: CVUU member Dr. Jean Lown provides financial advice on a sliding scale basis to the CVUU community in exchange for a donation to CVUU.

Jean recently retired from teaching personal finance, investing, retirement, and estate planning at USU and the Financial Planning for Women seminars.

Jean provides advice on financial concerns ranging from budget and credit problems to investment asset allocation, college financing, and retirement planning.

The standard rate is \$75/hour with reduced rates available. Free advice for those in need.

Contact Jean at 435-760-2392 or jean.lown@usu.edu

ONGOING TASKS

TRASH AND YARD WORK: We would love regular help throughout the spring, summer, and fall picking up trash landing in the east gutter and front lawn. Please pitch in and pick up! Weeding and other yard work is needed so that we present a well-groomed appearance to the community.

Donate an occasional hour of time to enjoy our yard and the company of other CVUUers (during the week, Saturdays, or after church)

Contact Jean Lown: jean.lown@usu.edu or 435-760-2392 for details



INDOOR TASKS: Thanks to all who help keep our building clean. If you see a need, please just jump in and help.

- Empty waste baskets
- Take hand towels home to wash
- Water house plants
- Put trash and recycling in appropriate receptacles
- Empty trash & recycling into the proper outdoor bins
- Take bins to curb Monday evening & bring them in after Tuesday pick-up

COMPOST & RECYCLING: CVUU strives to be as 'green' as possible. Read about our [compost and recycling](#) efforts. Turn off the lights to save energy and make sure the doors are locked if you are the last to leave. Check basements lights. Also, check out the [CVUU solar power production](#).

Please familiarize yourself with what and how to recycle to prevent contamination of the materials. There are signs posted on the cans and info on the north door and bulletin board. Please don't put food or dirty containers in the blue recycling bin. Tissues and napkins are NOT recyclable.

Food waste (but no meat products) should go in the blue plastic tub to the left of the sink. The can should be emptied in the compost bin on the west side of the building. Thanks!

DO YOU HAVE FEEDBACK FOR US ON CVUU SERVICES? Ideas, comments, or concerns about CVUU services? Please give compliments directly to those giving the services, but direct any complaints or concerns through Susanne.

Contact: Susanne Janecke is the main point of contact, regardless of who conducted the service: susanne.janecke@usu.edu

LEADERSHIP CONTACTS



ORGANIZATIONAL COORDINATOR: Susan Buffler
coordinator@cvuu.org

- Website, monthly newsletter, social networks, Listserv
- Systems
- Miscellaneous questions

BUILDING MANAGER: Liz Berke building@cvuu.org

- Maintenance
- Supplies
- Rentals / building use
- Scheduling ANY CVUU or private event /activity, etc.
(so events do not overlap)

BOARD OF TRUSTEES

Member at Large: *Jim Vandygriff*
Member at Large: *Jordan Leary*
President: *Anne Hedrich*
Secretary: *Ryan Berke*
Treasurer: *Lorien Belton*
Vice President: *George Wootton*

STAFF (PART-TIME)

Childcare Assistant: *Kirsten Mara*
Lay Leader: *Tara Hawkins*
Organizational Coordinator: *Susan Buffler*
Sunday Music Coordinator: *Lyndi Perry*
Worship Coordinator: *Kevin Whitaker*

ACTION TEAM LEADS (VOLUNTEER POSITIONS)

Art: *Susanne Janecke*
Building Manager: *Liz Berke*
Cache Community Connections liaisons: *Tara Hawkins & Julianne Larsen*
Children's Program Coordinator: *Jordan Leary*
Administrator / Finance: *Lorien Belton*
Community & Caring: OPEN
- Membership: OPEN
- Fellowship & Hospitality: OPEN
- Caring: *Jim Evans*
Environmental & Social Justice: *Jenny Norton & Paul Rogers*
Grounds: *Jean Lown*
Our Whole Lives Sexuality Education: *Lorien Belton*
Special Committees:
Nominations: *Susanne Janecke, Jenny Norton, Julianne Larsen*
Committee on Ministry: *Susanne Janecke, George Wootton*

BOARD LIAISONS

Building: *Ryan Berke*
Community & Caring: *George Wootton*
Religious Exploration: *Jordan Leary*
Social Justice: *George Wootton*
Worship Committee: *George Wootton*

CVUU CALENDAR: SEPTEMBER 2018

Sun	M	T	W	Th	F	Sat
 <p>All activities listed here are held at the Jay and Leslie Fellowship House located at 596 E. 900 North, Logan, UT unless otherwise noted.</p> <p>See the Connections tab on the cvuu.org website for details about our regular activities</p>						1 Interfaith Service (First Presbyterian Church 10am) Pride Festival (Willow Park noon-7pm)
2 Sunday Service Interacting with Strangers	3 Cache Valley Buddhist Sangha 7:15pm	4 Cache Pride Center Pre-Teens 5-8pm	5 Amrita Yoga Satsang 6:30pm	6	7 Cache Pride Center Teens 5-8pm	8
9 Sunday Service Water Communion	10 Cache Valley Buddhist Sangha 7:15pm	11 Cache Pride Center Pre-Teens 5-8pm	12 Amrita Yoga Satsang 6:30pm	13	14 Cache Pride Center Teens 5-8pm	15
16 Sunday Service The Power of Meditation	17 Cache Valley Buddhist Sangha 7:15pm	18 Cache Pride Center Pre-Teens 5-8pm Board meeting 6-7pm	19 Amrita Yoga Satsang 6:30pm	20	21 Cache Pride Center Teens 5-8pm	22
23 Sunday Service International Day of Peace	24 Cache Valley Buddhist Sangha 7:15pm	25 Cache Pride Center Pre-Teens 5-8pm	26 Amrita Yoga Satsang 6:30pm	27	28 Cache Pride Center Teens 5-8pm	29
30 Sunday Service Yoga Philosophy						

Join us at 10am for Sunday Services at
The Jay & Leslie Black Fellowship House
596 E 900 North, Logan, UT
(435) 755-2888
info@cvuu.org



Cache Valley Unitarian Universalists is a
[Welcoming Congregation](#)

Visit the [cvuu.org website](http://cvuu.org) to learn more about our church
community!



CVUU is a
[Logan Pride Festival](#)
SPONSOR

Connect with us!

