



*Our mission: CVUU strives to be a caring religious community that encourages and supports the sharing of ideas and experiences of all who travel rich and varied spiritual paths*

# Coming Home

The newsletter of the Cache Valley Unitarian Universalists

August 2018

VOLUME 24, ISSUE 8



## Sunday Services

all services begin at 10am

**August 6:** Regional Learnings – Lyndi Perry

**August 12:** Adapting to Change – Lorien Belton

**August 19:** Happiness – Tara Hawkins

**August 26:** Vocabulary of Unitarian Universalism – George Wootton

## SUNDAY COMMUNITY DONATION (JUNE, JULY, AUGUST)



### LOGAN PRIDE:

Half of the CVUU collection plate for the summer months will be donated to [Logan Pride](#).

The Logan Pride Foundation works to strengthen the LGBTQ community, individuals, their families, and allies through advocacy. Logan Pride strives to bring the communities of Cache Valley and Northern Utah together in equality and love.

CVUU is a sponsor of and staffs a booth at the annual [Logan Pride Festival](#).

## TARA'S CORNER



Lay Leader Tara Hawkins introduces the Lyric Repertoire Company at the Tabernacle Concert series. Photo credit, Julianne Larsen

**THANK YOU!** We're having some exciting times at CVUU! A new board and fresh faces in the congregation. I'd like to welcome all of our new people and give a big "Thank You" to everyone volunteering for something new.

If you haven't quite found your niche yet at CVUU, consider volunteering - we have opportunities for every interest and talent.

We need you to garden, keep the building beautiful, teach the children, make the coffee, or greet people as they come in the door.

If none of this sounds quite like your thing, ask Susan Buffler, the CVUU Coordinator, what else might suit your talents and interests.

Trust me, there's nothing like volunteering to make you feel a part of things. And if you are already volunteering, know that your work is important to us and we value your contribution.

Thank you! Thank you! Thank you!



Tara Hawkins, Lay Leader

## IN OUR THOUGHTS



- ❖ Marlene Conner following her surgery
- ❖ Desiree Chavez
- ❖ Friends, members, and their families mourning the loss of loved ones
- ❖ Friends, members, and their families struggling with physical or mental illness and other life struggles
- ❖ ***We hold in our hearts all of those around the world in harm's way***

*"We light this chalice, for the warmth of love, the light of wisdom, and the energy of action"*

## UPCOMING EVENTS

Aug  
2

**SAME TIME, DIFFERENT PLACE! SOCRATES CAFÉ\*** will meet at the **Juniper Room in the Logan Library** at **7:00 p.m.** on the first Thursday of the month for stimulating questions and lively discussion. For more information visit the [Socrates Café page](#).

**Contact info:** Dave Christian at [dchristian999@gmail.com](mailto:dchristian999@gmail.com)

**\*Please NOTE:** Monthly meetings have been moved to the Juniper Room at the Logan City Library. We will continue to meet the **first Thursday of every month** from 7:00 to 8:30. We are hoping that the new location, unassociated with a church, may be more inviting to a broader range of the community.

Aug  
21

**CVUU BOARD MEETING:** All CVUU Board meetings are open to the congregation.

**6-7:30pm at CVUU**

Sep  
1

**LOGAN PRIDE FESTIVAL:**

<https://www.loganpride.org/festival>

Interfaith Service immediately before the festival or the evening before (details coming soon)

**Willow Park:** 500 West 700 South, Logan

**12-7pm**

To be added to the volunteer list sign up at <https://goo.gl/forms/hmQRajkdxfjcTpgI>

Facebook event site: <https://www.facebook.com/events/180534172569053/>

Booth/food vendor info: <http://cvuu.org/wp-content/uploads/2018/07/2018-LPF-Festival-0901.pdf>



## MINISTRY & SERVICE TO THE CHURCH

**MINISTER:** from Latin *ministerium* service, from minister servant



After a stint living in New Zealand, Jo and Jordan Leary have stepped back into CVUU life with their children Lucy and Gabe. Jordan was a past CVUU building manager, worked with children's programming, and developed the original CVUU website among many other things.



Jordan is a newly minted board member and will take on the role of Children's Program Manager and board liaison to Religious Exploration.

Jo was previously involved with children's programming and has started the current Sunday Youth Group that meets during the CVUU Sunday service at 10am.

Jo and Jordan have contributed so much to CVUU over the years. Please thank them when you see them!

Jo enjoying a pancake breakfast with visiting New Zealand friends during the Cache Pride Center fundraiser at the Presbyterian Church. Photo credit: *Susan Buffler*

## ENERGY IN ACTION

### IMMIGRATION PROTEST



Julianne Larsen and Tara Hawkins represent CVUU at the local protest against separating immigrant children from their families at the Cache County Courthouse. Photo credits: *selfies!*  
*Julianne Larsen & Tara Hawkins*

### IMMIGRATION SUNDAY



L-R Jenny Norton, Lyndi Perry, and Lorien Belton present during the Immigration Sunday service. Photo credit: *Julianne Larsen*

## SUNDAY SERVICES

### MATURITY MATTERS



Leslie and Jay Black present during the Maturity Matters Sunday service on July 8<sup>th</sup>  
Photo credit: Julianne Larsen

### THE UNCONVENTIONAL HEALER: JOURNEY WITH DEPRESSION



Sondra Scott plays guitar during the July 29<sup>th</sup> Sunday service, The Unconventional Healer: Journey with Depression. Photo credit: Julianne Larsen

## ANNOUNCEMENTS

### NEW CVUU BOARD OF TRUSTEES

Please welcome your new CVUU Board members: Jordan Leary, George Wootton, and Ryan Berke.

Concerned that he is out of town too much to be an effective board member, Bryan Dixon resigned shortly following the election.

The top three candidates with the most votes were elected. It was a close election!

### **YOUR 2018-2019 CVUU BOARD OF TRUSTEES:**

Lorien Belton - Treasurer  
Ryan Berke – Secretary  
Anne Hedrich - President  
Jordan Leary – Member at Large  
Jim Vandygriff – Member at Large  
George Wootton – Vice-President

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**OUR WHOLE LIVES SEXUALITY EDUCATION PROGRAM:** Do you wish your kids could take a comprehensive sexuality education course in Cache Valley? They can! Trained local volunteers offer the “Our Whole Lives” (OWL) sexuality education courses to interested students. Though it is managed through Cache Valley Unitarian Universalists, it is totally secular -- no religious content. The curriculum emphasizes healthy, complete information on topics of maturation, sexuality, relationships, and health, including gender and sexual orientation. LGBTQIA+ inclusive.

**The middle school course is for students in 7th, 8th, or 9th grade.** It will be capped at 18 students.

The course is taught weekly on Thursday evenings from Sept 13th to Dec 13th, from 6:00 - 8:15 pm. Location is still being finalized but it will be either at CVUU or First Presbyterian in Logan.

To express interest in enrolling a child, please fill out this short Google form.  
<https://goo.gl/forms/M5gbtLS0lg5LMli82>

If you have filled out the form in the past but your child did not participate, please fill it out again so we have any updated ages, genders, etc.

**All parents will need to attend an orientation meeting about OWL.** Dates are TBD, but there will be several options. These meetings will be at CVUU, [596 East 900 North](#) in Logan.

Direct any questions to [owl@cvuu.org](mailto:owl@cvuu.org). Thanks!

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Our Whole Lives  
Sexuality Education Program  
[owl@cvuu.org](mailto:owl@cvuu.org)

Curriculum info: <http://www.uua.org/re/owl>  
coordinator: Lorien Belton (pronouns: she/her)



## **PART-TIME CHILDCARE ASSISTANT POSITION AVAILABLE**

**CVUU is hiring a part time Childcare Assistant.** Must be available Sundays from 10-11 or 11:30am depending on the week. There may be extra hours requested for watching kids during special meetings or other CVUU events.

We are looking for someone who is available to assist with or create lessons for the children. It really is a lot of fun. Also, we are always looking for extra volunteers to help out in the Children's Program.

Contact: Lorien Belton at [cvuufinance@gmail.com](mailto:cvuufinance@gmail.com) for details about compensation and how to apply. Position will start immediately.



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**FINANCIAL ADVICE FOR CVUU COMMUNITY:** CVUU member Dr. Jean Lown provides financial advice on a sliding scale basis to the CVUU community in exchange for a donation to CVUU.

Jean recently retired from teaching personal finance, investing, retirement, and estate planning at USU and the Financial Planning for Women seminars.

Jean provides advice on financial concerns ranging from budget and credit problems to investment asset allocation, college financing, and retirement planning.

The standard rate is \$75/hour with reduced rates available. Free advice for those in need.

**Contact** Jean at 435-760-2392 or [jean.lown@usu.edu](mailto:jean.lown@usu.edu)



**CACHE PRIDE CENTER TEENS** (formerly the Cache Youth Resource Center (CYRC)) is a youth drop-in center open every Friday from 5:00-8:00pm to any youth age 12-18 and provides a safe and supportive drug free space for LGBTQ+ youth.

A new meeting for **Pre-Teens** (ages 10-14) will begin on Tuesday, August 7<sup>th</sup> from 5-8pm.

Find them on [Facebook](#) or contact them at: [cachepridecenter@gmail.com](mailto:cachepridecenter@gmail.com)

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## ONGOING TASKS



Bobbie and Frank  
weeding. Photo credit:  
Tara Hawkins

**THANKS!** Many thanks to summer citizen Bobbie Trojan who works in the CVUU yard every day weeding and tending to the flowers!

She has been doing this for a number of years. Her work to beautify the yard is very much appreciated! *- Jean Lown & The Grounds Team*

**TRASH AND YARD WORK:** We would love regular help throughout the spring, summer, and fall picking up trash landing in the east gutter and front lawn. Please pitch in and pick up!

Weeding and other yard work is needed so that we present a well-groomed appearance to the community.

Donate an occasional hour of time to enjoy our yard and the company of other CVUUsers (during the week, Saturdays, or after church)

Contact Jean Lown: [jean.lown@usu.edu](mailto:jean.lown@usu.edu) or 435-760-2392 for details



**INDOOR TASKS:** Thanks to all who help keep our building clean. If you see a need, please just jump in and help.

- Empty waste baskets
- Take hand towels home to wash
- Water house plants
- Put trash and recycling in appropriate receptacles
- Empty trash & recycling into the proper outdoor bins
- Take bins to curb Monday evening & bring them in after Tuesday pick-up

**COMPOST & RECYCLING:** CVUU strives to be as 'green' as possible. Read about our [compost and recycling](#) efforts. Turn off the lights to save energy and make sure the doors are locked if you are the last to leave. Check basements lights. Also, check out the [CVUU solar power production](#).

Please familiarize yourself with what and how to recycle to prevent contamination of the materials. There are signs posted on the cans and info on the north door and bulletin board. Please don't put food or dirty containers in the blue recycling bin. Tissues and napkins are NOT recyclable.

Food waste (but no meat products) should go in the blue plastic tub to the left of the sink. The can should be emptied in the compost bin on the west side of the building. Thanks!



**FUNDRAISING:** Easy ways to donate to CVUU

See [Give to the CVUU Community](#)

CVUU also has online giving through Bluefire (GoBlueFire). Send a text message to 435-222-2250 and follow the prompts to sign up.

**DO YOU HAVE FEEDBACK FOR US ON CVUU SERVICES?** Ideas, comments, or concerns about CVUU services? Please give compliments directly to those giving the services, but direct any complaints or concerns through Susanne.

**Contact:** Susanne Janecke is the main point of contact, regardless of who conducted the service: [susanne.janecke@usu.edu](mailto:susanne.janecke@usu.edu)



**GOOGLE GROUPS LISTSERV USE REMINDER:** Please limit posts to the Google Groups listserv to CVUU business only (to avoid clogging up already too full email inboxes!).

**Contact:** Susan at [coordinator@cvuu.org](mailto:coordinator@cvuu.org) for info about posting to the CVUU Facebook page



# LEADERSHIP CONTACTS



## **ORGANIZATIONAL COORDINATOR:** Susan Buffler

[coordinator@cvuu.org](mailto:coordinator@cvuu.org)

- Website, monthly newsletter, social networks, Listserv
- Systems
- Miscellaneous questions

## **BUILDING MANAGER:** Liz Berke [building@cvuu.org](mailto:building@cvuu.org)

(Liz is out of town until the end of August but will be in email contact. Interim contact: Susan at [coordinator@cvuu.org](mailto:coordinator@cvuu.org))

- Maintenance
- Supplies
- Rentals / building use
- Scheduling ANY CVUU or private event /activity, etc.  
(so events do not overlap)

## **BOARD OF TRUSTEES**

Member at Large: *Jim Vandygriff*

Member at Large: *Jordan Leary*

Secretary: *Ryan Berke*

President: *Anne Hedrich*

Treasurer: *Lorien Belton*

Vice President: *George Wootton*

## **STAFF (PART-TIME)**

Childcare Assistant: *Libby Hansen / Piper Christian*

Lay Leader: *Tara Hawkins*

Organizational Coordinator: *Susan Buffler*

Sunday Music Coordinator: *Lyndi Perry*

Worship Coordinator: *Kevin Whitaker*

## **ACTION TEAM LEADS (VOLUNTEER POSITIONS)**

Art: *Susanne Janecke*

Building Manager: *Liz Berke*

Cache Community Connections: *Tara Hawkins & Julianne Larsen*

Children's Program Coordinator: *Jordan Leary*

Administrator / Finance: *Lorien Belton*

Community & Caring: OPEN

- Membership: OPEN

- Fellowship & Hospitality: OPEN

- Caring: *Jim Evans*

Environmental & Social Justice: *Jenny Norton & Paul Rogers*

Grounds: *Jean Lown*

Our Whole Lives Sexuality Education: *Lorien Belton*

Special Committees:

Nominations: *Susanne Janecke, Jenny Norton, Julianne Larsen*

Committee on Ministry: *Susanne Janecke, George Wootton*


## **BOARD LIAISONS**

Religious Exploration: *Jordan Leary*

Social Justice: *George Wootton*

Worship Committee: *George Wootton*

# CVUU CALENDAR: AUGUST 2018

Sun	M	T	W	Th	F	Sat
 <p>All activities listed here are held at the <b>Jay and Leslie Fellowship House</b> located at <b>596 E. 900 North, Logan, UT</b> unless otherwise noted.</p> <p>See the <a href="#">Connections</a> tab on the <a href="http://cvuu.org">cvuu.org</a> <a href="#">website</a> for details about our regular activities</p>			1 Amrita Yoga Satsang 6:30pm	2 Socrates Café (*Juniper Room at the Logan Library)	3 Cache Pride Center Teens 5-8pm	4
5 Sunday Service  <a href="#">Regional Learnings</a>	6 Cache Valley Buddhist Sangha 7:15pm	7 Cache Pride Center Pre-Teens 5-8pm	8 Amrita Yoga Satsang 6:30pm	9	10 Cache Pride Center Teens 5-8pm	11
12 Sunday Service  <a href="#">Adapting to Change</a>	13 Cache Valley Buddhist Sangha 7:15pm	14 Cache Pride Center Pre-Teens 5-8pm	15 Amrita Yoga Satsang 6:30pm	16	17 Cache Pride Center Teens 5-8pm	18
19 Sunday Service  <a href="#">Happiness</a>	20 Cache Valley Buddhist Sangha 7:15pm	21 Cache Pride Center Pre-Teens 5-8pm  Board meeting 6-7pm	22 Amrita Yoga Satsang 6:30pm	23	24 Cache Pride Center Teens 5-8pm	25
26 Sunday Service  <a href="#">Vocabulary of Unitarian Universalism</a>	27 Cache Valley Buddhist Sangha 7:15pm	28 Cache Pride Center Pre-Teens 5-8pm	29 Amrita Yoga Satsang 6:30pm	30	31 Cache Pride Center Teens 5-8pm	

Join us at 10am for Sunday Services at  
*The Jay & Leslie Black Fellowship House*  
596 E 900 North, Logan, UT  
(435) 755-2888  
[info@cvuu.org](mailto:info@cvuu.org)



Cache Valley Unitarian Universalists is a  
[Welcoming Congregation](#)

Visit the [cvuu.org website](http://cvuu.org) to learn more about our church  
community!



**CVUU is a**  
[Logan Pride Festival](#)  
**SPONSOR**

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Connect with us!

