



CACHE VALLEY UNITARIAN UNIVERSALISTS



Our mission: CVUU strives to be a caring religious community that encourages and supports the sharing of ideas and experiences of all who travel rich and varied spiritual paths

Coming Home

The newsletter of the Cache Valley Unitarian Universalists

May 2018

VOLUME 24, ISSUE 5



Sunday Services

all services begin at 10am

May 6: An Unorthodox Jew's Journey Through Life – Arthur Caplan

May 13: Mother's Day Peace Service – Leslie Black

May 20: The Lotus Grows from Mud – Tara Hawkins

May 27: 4th Sunday Lecture: Cache Interagency Coordination for Suicide Prevention and Mental Health

SUNDAY 1/2 PLATE OFFERING (APRIL & MAY)



CAPSA: [CAPSA](#) is a non-profit domestic violence, sexual abuse, and rape recovery center serving Cache County and the Bear Lake area. CAPSA provides support services for women, men, and children impacted by abuse. All services are FREE and confidential.

CAPSA Services Include:

- **A Safe Place**
Emergency Shelter
- **Light in the Darkness**
24-Hour Support Line (435) 753-2500
- **Hand to Hold**
Advocacy and Support Services
- **Life Saving Support**
24-Hour Response Team
- **Place to Heal**
Therapy Services
- **Brighter Future**
Children Services

TARA'S CORNER



“MAY”: It's been twenty years since Julianne's Mom passed away. In May, it will be her birthday, Mother's Day, and Memorial Day - lots of opportunities to remember her - lots of tears to shed. It's a tender time for us.

It's also my mother's 75th birthday. We're having a huge party and the whole family will gather in Del Mar to celebrate. I've drawn a special picture for her. I can't believe how fortunate I am to still have her.

My mother is a photographer and in addition to her award winning professional work, she has chronicled our lives. I have beautiful pictures of my siblings, nieces, and nephews in bound books because of my Mom.

No one calls me more than my Mom does; outside of Julianne, I don't have a better friend. Mom has my back.

This May, let's celebrate our mothers whether they are still with us or not. Let's reflect on all the ways they love us and all the ways we love them.



Tara Hawkins, Lay Leader

IN OUR THOUGHTS



- ❖ Friends and family of Megan Howarth
- ❖ Friends, members, and their families mourning the loss of loved ones
- ❖ Friends, members, and their families struggling with physical or mental illness and other life struggles
- ❖ ***We hold in our hearts all of those around the world in harm's way***

“We light this chalice, for the warmth of love, the light of wisdom, and the energy of action”

MINISTRY & SERVICE TO THE CHURCH

MINISTER: from Latin *ministerium* service, from minister *servant*



JENNY NORTON AND GEORGE WOOTTON: Jenny is the current Environmental & Social Justice co-chair, has worked to promote the UUA [Green Sanctuary](#) program, is committed to a sustainable world, is involved with the CVUU grounds team as well as composting, AND bakes wonderful fruit crisps and other goodies for the Sunday social hour.

Did you know that George built the beautiful altar we use for Sunday worship? George currently serves on the Worship Team, presents services, helps folks out in various ways, and is steeped in UU history. George is also currently working on a mini lending library for the CVUU property.

Both George and Jenny have served on the CVUU Board of Trustees and in many other roles over the years.

Please let them know how much you appreciate their service to CVUU and the greater community!



CVUU altar hand crafted by George Wootton

UPCOMING EVENTS

May
3

SOCRATES CAFÉ meets at CVUU at **7:00 p.m.** on the first Thursday of the month for stimulating questions and lively discussion. For more information visit the [Socrates Café page](#).

Contact info: Dave Christian at dchristian999@gmail.com

May
14-18

LOGAN BIKE TO WORK & SCHOOL WEEK: Come out and support alternative, clean, transportation in Cache Valley!

Free drinks, snacks, bike safety information, bike helmets, and prizes for those who arrive by bike. Breakfast stops at several area businesses, too. Get bike “passports” stamped” at participating locations/businesses and increase your chances of winning bike-related prizes at the Bike to Work & School Week party on Friday evening where there will be a raffle for a new bike donated by Sunrise Cyclery.

Join Logan City Mayor Holly Daines for a bike ride at 10:00 a.m. Friday at the Cache Valley Transit District with a chance to tour our burgeoning bike lane network and talk about future bike transportation plans.

Hosted/sponsored by: The Cache County Bike & Pedestrian Advisory Committee & many local businesses

Location: [CVTD transit center](#) and the time is 7:30-9:30am M-F

Contact: Paul Rogers at p.rogers@aggiemail.usu.edu for more information

June
24th

CVUU ANNUAL CONGREGATIONAL MEETING following the Sunday Service. Everyone welcome to attend but only members can vote on congregational business. We will discuss the budget among other matters.

July
12-28

APPLY SOON! EARTHFIRE TRADITIONAL VISION QUEST: The age-old practice of self-discovery, four days and nights of awareness and solo fasting in the wilderness. Why would anyone do this? Because it works!

Questing is a powerful tool for moving through psychological barriers to finding purpose and joy in our lives. For an in-depth description see [Earthfire Traditional Vision Quest](#)

Location: Western Tavaputs Plateau, UT. Led by long-time CVUU friends Matt and Dawn Hansen.

Contact: Dawn or Matt Hansen 435-752-7163 or vquest4@gmail.com

ANNOUNCEMENTS



2018-19 PLEDGE DRIVE: Spring is in the air and so is your pledge form!

If renewing or pledging for the first time, fill in the form (link below), print off and give to CVUU Treasurer Lorien Belton or mail to: CVUU 596 E 900 North, Logan, UT 84321 attn. Lorien. Consider the following when thinking about your pledge donation.

- Why do you think it is important to maintain CVUU as a presence in the local community?
- How do you think CVUU can be a transformative force for good in the community?
- How can you contribute to making that happen?

Thank you for supporting the CVUU Community!

Open and [download the Pledge form here](#)

¹ * **FROM CVUU BYLAWS:** “To retain active status, Members and Affiliates are expected to participate actively in the Congregation’s activities and to make a contribution of record to the Congregation each fiscal year. The contribution should represent the member’s or affiliate’s fair share of the Congregation’s needs, in light of the member’s or affiliate’s income and means, and the fact that generous contributions from others in the past have sustained and built the Congregation we enjoy today. If necessary, contributions of time, labor, goods or services may be made in lieu of a financial contribution.”

YOU CARING CAMPAIGN FOR MEGAN HOWARTH MEDICAL EXPENSES

CVUU members and friends,

On Sunday, April 15th during Joys and Sorrows, Desiree Chavez shared a concern regarding her roommate's health.

Sadly, her housemate, Megan Howarth, died the following Tuesday evening. Desiree has posted a touching story, and is also asking for friends to help with medical costs incurred in the past few days.

To contribute, [click here](#) to access the You Caring Campaign and read Desiree’s story.

We are sure that Desiree will want some support from us, so please stay tuned.

Many thanks,

Jim Evans

CVUU Caring Team



Megan, Becca, Desiree, and Michele enjoying the recent CVUU Spring Potluck. Photo credit: *Susanne Janecke*
(This photo was posted in last month's newsletter and is being posted again to remember Megan)

FINANCIAL ADVICE FOR CVUU COMMUNITY: CVUU member Dr. Jean Lown provides financial advice on a sliding scale basis to the CVUU community in exchange for a donation to CVUU.

Jean recently retired from teaching personal finance, investing, retirement, and estate planning at USU and the Financial Planning for Women seminars.

Jean provides advice on financial concerns ranging from budget and credit problems to investment asset allocation, college financing, and retirement planning.

The standard rate is \$75/hour with reduced rates available. Free advice for those in need.

Contact Jean at 435-760-2392 or jean.lown@usu.edu

WELCOME BACK SUMMER CITIZENS! We look forward to seeing returning and new summer citizens visiting Cache Valley to escape the summer heat of the Southwest desert states in late May. Say hi when you see them!

FYI: Just so you know, CVUU has a new paper cutter thanks to Sandy Charlson and Chris Lant! It will be housed in the CVUU office on top of one of the file cabinets.

REMINDERS



ONGOING TASKS: Thanks to all who help keep our building clean. If you see a need, please just jump in and help.

- Empty waste baskets
- Take hand towels home to wash
- Water house plants
- Put trash and recycling in appropriate receptacles
- Empty trash & recycling into the proper outdoor bins
- Take bins to curb Monday evening & bring them in after Tuesday pick-up

COMPOST & RECYCLING: CVUU strives to be as 'green' as possible. Read about our [compost and recycling](#) efforts. Turn off the lights to save energy and make sure the doors are locked if you are the last to leave. Check basements lights. Also, check out the [CVUU solar power production](#).

DO YOU HAVE FEEDBACK FOR US ON CVUU SERVICES? Ideas, comments, or concerns about CVUU services? Please give compliments directly to those giving the services, but direct any complaints or concerns through Susanne.

Contact: Susanne Janecke is the main point of contact, regardless of who conducted the service: susanne.janecke@usu.edu

FUNDRAISING: Easy ways to donate to CVUU. See [Give to the CVUU Community](#)

CVUU also has online giving through Bluefire (GoBlueFire). Send a text message to 435-222-2250 and follow the prompts to sign up.



GOOGLE GROUPS LISTSERV USE REMINDER: Please limit posts to the Google Groups listserv to CVUU business only (to avoid clogging up already too full email inboxes!). **Contact:** Susan for info about posting to the CVUU Face book page

LEADERSHIP CONTACTS



ORGANIZATIONAL COORDINATOR: Susan Buffler
coordinator@cvuu.org

- Website, monthly newsletter, social networks, Listserv
- Systems
- Miscellaneous questions

BUILDING MANAGER: Liz Berke building@cvuu.org

- Maintenance
- Supplies
- Rentals / building use
- Scheduling ANY CVUU or private event /activity, etc.
(so events do not overlap)

BOARD OF TRUSTEES

Co-President: *Anne Hedrick*

Co-President: *Ellen Klomps*

Treasurer: *Lorien Belton*

Secretary: *Liz Berke*

Member at Large: *Jim Vandygriff*

STAFF (PART-TIME)

Lay Leader: *Tara Hawkins*

Childcare Assistant: *Piper Christian*

Music Coordinator: *Lyndi Perry*

Organizational Coordinator: *Susan Buffler*

ACTION TEAM LEADS (VOLUNTEER POSITIONS)

Art: *Susanne Janecke*

Building Manager: *Liz Berke*

Cache Community Connections: *Tara Hawkins & Julianne Larsen*

Caring: *Jim Evans*

Church Administrator / Finance: *Lorien Belton*

Environmental & Social Justice: *Jenny Norton & Paul Rogers*

Fellowship & Hospitality: *OPEN*

Grounds Team: *Jean Lown*

Membership: *OPEN*

Our Whole Lives Sexuality Education: *Lorien Belton*

Religious Exploration: *OPEN*

Special Committees:

Nominations: *Leslie Black, Emily James, Jenny Norton*

Committee on Ministry: *Susanne Janecke, George Wootton*

CVUU CALENDAR: MAY 2018

Sun	M	T	W	Th	F	Sat
		1	2 Amrita Yoga Satsang 6:30pm	3 <u>Socrates Café</u> 7pm	4 <u>CYRC</u> 4:30pm	5
6 Sunday Service <u>An Unorthodox Jew's Journey Through Life</u>	7 Cache Valley Buddhist Sangha 7:15pm	8	9 Amrita Yoga Satsang 6:30pm	10	11 CYRC 4:30pm	12
13 Sunday Service <u>Mother's Day Peace Service</u>	14 Cache Valley Buddhist Sangha 7:15pm	15	16 Amrita Yoga Satsang 6:30pm	17	18 CYRC 4:30pm	19
20 Sunday Service <u>The Lotus Grows from Mud</u>	21 Cache Valley Buddhist Sangha 7:15pm	22	23 Amrita Yoga Satsang 6:30pm	24	25 CYRC 4:30pm	26
27 Sunday Service <u>4th Sunday lecture: Suicide prevention & mental health</u>	28 Cache Valley Buddhist Sangha 7:15pm	29	30 Amrita Yoga Satsang 6:30pm	31		



All activities listed here are held at the **Jay and Leslie Fellowship House** located at **596 E. 900 North, Logan, UT** unless otherwise noted.

See the [Connections](#) tab on the [cvuu.org website](http://cvuu.org) for details about our regular activities

Join us at 10am for Sunday Services at
The Jay & Leslie Black Fellowship House
596 E 900 North, Logan, UT
(435) 755-2888
info@cvuu.org



Cache Valley Unitarian Universalists is a
[Welcoming Congregation](#)

Visit the [cvuu.org website](http://cvuu.org) to learn more about our church
community!



Connect with us!

