

A safe space to question, act for social and environmental justice, and explore your unique spiritual path

Coming Home

The newsletter of the Cache Valley Unitarian Universalists
April 2018
VOLUME 24. ISSUE 4



Sunday Services

all services begin at 10am

- April I Easter: Sondra Scott Becca Johnson, Worship Associate
- April 8 The Road to Character: George Wootton Kevin Whitaker, Worship Assoc.
- April 15 The Four Agreements: Sondra Scott George Wootton, Worship Associate
- April 23 Earth Day: Tara Hawkins Becca Johnson, Worship Associate
- **April 29** Common Ground Outdoor Adventures: Alex Ristorelli Sondra Scott, Worship Associate

Sunday 1/2 Plate Offering



CAPSA: <u>CAPSA</u> is a non-profit domestic violence, sexual abuse, and rape recovery center serving Cache County and the Bear Lake area. CAPSA provides support services for women,

men, and children impacted by abuse. All services are FREE and confidential.

CAPSA Services Include:

- A Safe Place Emergency Shelter
- Light in the Darkness 24-Hour Support Line (435) 753-2500
- Hand to Hold
 Advocacy and Support Services

- Life Saving Support 24-Hour Response Team
- Place to Heal Therapy Services
- Brighter Future
 Children Services

Tara's Corner



"EASTER": Easter is on April Fools' Day this year and we will be having an intergenerational service. (Seriously)

Everywhere I go there are beautiful and adorable Easter decorations. It's hard for me not to buy every potted plant I see, but we have absolutely no space left for plants unless we start hanging them from the ceiling (which I am tempted to do).

I fully believe in Easter as both a Pagan holiday and a Christian holiday. The bunnies and the eggs clearly come from our Earth-centered traditions, however, the Christians have created a whole season of faith starting with Passover and ending with the resurrection of Christ on Easter morning. Personally, I'm in it for the candy.

Whatever your traditions are, I hope you have a Happy Easter.



Tara Hawkins, Lay Leader



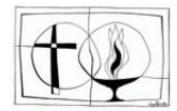


Photo credit, eggs: Susan Buffler

Chalice by Christine Robinson, First Unitarian Church of Albuquerque, NM

In Our Thoughts



- Friends, members, and their families mourning the loss of loved ones
- Friends, members, and their families struggling with physical or mental illness and other life struggles
- We hold in our hearts all of those around the world in harm's way

[&]quot;We light this chalice, for the warmth of love, the light of wisdom, and the energy of action"

Ministry & Service to the Church

MINISTER: from Latin ministerium service, from minister servant



Susanne Janecke and Jim Evans: Members Jim and Susanne have been part of the CVUU community and volunteer scene for many years. Have you ever wondered who coordinates the art hanging in the CVUU Sanctuary or who takes the photos that document our community?

Jim serves on the Caring team and as past CVUU Treasurer. Susanne serves as photographer, gardener, art coordinator, and on the Committee on Ministry. These are just a few of the things that Jim and Susanne have done over the years and continue to do.

When you get a moment, seek them out and thank them for their ministry and service to CVUU!



Singing a hymn at a recent Sunday service in the Jim and Debbie Gessaman Sanctuary. PHOTO CREDIT: Susanne Janecke

Upcoming Events

Apr 5 SOCRATES CAFÉ meets at CVUU at 7:00 p.m. on the first

Thursday of the month for stimulating questions and lively discussion. For more information visit the <u>Socrates Café page</u>.

Contact info: Dave Christian at dchristian999@gmail.com

Apr 22

CVUU YARD & BUILDING CLEAN-UP DAYS:

Help with spring cleaning of yard and building interior. Join us for a fun social activity and a chance to meet new people. Kids are welcome. Bring rakes, gloves, weeding implements...

Questions? Call Jean at 435-760- 2392 or email jean.lown@usu.edu

ROUND I: Sunday after the service

Apr 28

CVUU YARD & BUILDING CLEAN-UP DAYS:

ROUND 2: Saturday, 9am-noon

Apr 29 **5**TH **SUNDAY POTLUCK:** Join us following the Sunday service for a potluck. Bring a dish or other food item to share or come as you are!



Many CVUUers attended the **March for Our Lives** rally against gun violence at the Cache County Courthouse on March 24th. Photo Credit *Susan Buffler*

Spring Potluck



About 30 people gathered for food and fellowship for the CVUU Spring Potluck. Photo credit: Susanne Janecke



Polishing off a delicious meal: Photo credit Susan Buffler

Announcements

IN CASE YOU ARE WONDERING... The Cache Youth Resource Center (CYRC) is currently working on restructuring and has suspended regular meetings at CVUU until May.

Mission: Cache Youth Resource Center is a non-profit center committed to transforming and supporting Cache Valley communities through support groups, comprehensive programming, suicide prevention, mentoring, community advocacy, and community training devised to promote positive outlooks and changes within underserved populations.

https://www.facebook.com/CacheYouthResourceCenter/

REGIONAL ASSEMBLY IS FOR THE WHOLE FAMILY!

Still time to register!



Join your fellow western Unitarian Universalists in Portland, Oregon, April 27-29. Registration for the Pacific Western Regional Assembly will be open through **April 15**.

Still haven't decided if you're going? Take a look at the variety of workshops, dynamic speakers and other offerings via the **Regional Assembly website**.

Got youngsters? Great! We have an exciting Kids' Camp planned for them.

Got teens? Wonderful! They'll be Making CoUUrageous Connections together.

Each district will hold their annual meeting on Saturday afternoon, April 28. If you will be attending Regional Assembly and would like to serve as a delegate for your congregation, contact your board president. They have through **April 20** to <u>certify the delegates</u> from your congregation. (NOTE: CVUU has two delegates attending)

Hope to see you in Portland!

Diane Brinson | Administration Manager | Pacific Western Region

Phone (206) 384-9718 | dbrinson@uua.org
PWR Website | PWR Facebook | Subscribe to PWR Newsletter



VOLUNTEER WITH THE COMMUNITY & CARING TASK FORCE: Help out with a 'first serve' one time "no strings attached" task to see if this is a fit for you. Below are a few tasks that are always needed.

OUT FRONT: Greet regular attendees and visitors at the front door. Give newcomers a welcome packet and have them sign the guest book. Hand them an order of service and invite/direct them into the Sanctuary.

BEHIND THE SCENES: Add people to the Google Group Listserv and Access database. Sit in the back and take the Sunday service attendance.

FELLOWSHIP & HOSPITALITY: Help out with various social events such as Fellowship potlucks. Coordinate, setup and takedown/cleanup are tasks needed here.

CARING: Help coordinate or perform meal deliveries, visits, and other needs of our CVUU community.

Contact Susan at coordinator@cvuu.org if you are interested in any of these tasks and she will get you connected.

SUNDAY COFFEE BUYER NEEDED: We are looking for a coffee buying point person. Someone who is willing to occasionally check on what is needed, order the coffee from the Café lbis, pick it up and get it to the church.

Normally, 2x5lb bags (French roast) are pre-ordered; one goes in the tin in the cupboard under the kitchen island, the other in the freezer. We anticipate that this would only have to happen maybe every few months or so.

You will be reimbursed for the cost.

Contact Liz at building@cvuu.org if you are interested in taking on this task.

FINANCIAL ADVICE FOR CVUU COMMUNITY: CVUU member Dr. Jean Lown provides financial advice on a sliding scale basis to the CVUU community in exchange for a donation to CVUU. Jean recently retired from teaching personal finance, investing, retirement, and estate planning at USU and the Financial Planning for Women seminars.

Jean provides advice on financial concerns ranging from budget and credit problems to investment asset allocation, college financing, and retirement planning. The standard rate is \$75/hour with reduced rates available. Free advice for those in need.

Contact Jean at 435-760-2392 or jean.lown@usu.edu

Reminders



ONGOING TASKS: Thanks to all who help keep our building clean. If you see a need, please just jump in and help.

- Empty waste baskets
- Take hand towels home to wash
- Water house plants
- Put trash and recycling in appropriate receptacles
- Empty trash & recycling into the proper outdoor bins
- Take bins to curb Monday evening & bring them in after Tuesday pick-up

COMPOST & RECYCLING: CVUU strives to be as 'green' as possible. Read about our compost and recycling efforts. Turn off the lights to save energy and make sure the doors are locked if you are the last to leave. Check basements lights. Also, check out the CVUU solar power production.

DO YOU HAVE FEEDBACK FOR US ON CYUU SERVICES? Ideas, comments, or concerns about CVUU services? Please give compliments directly to those giving the services, but direct any complaints or concerns through Susanne.

Contact: Susanne Janecke is the main point of contact, regardless of who conducted the service: susanne.janecke@usu.edu

FUNDRAISING: Easy ways to donate to CVUU. See <u>Give to the CVUU Community</u> CVUU also has online giving through Bluefire (GoBlueFire). Text message 435-222-2250 and follow the prompts to sign up.



GOOGLE GROUPS LISTSERV USE REMINDER: Please limit posts to the Google Groups listserv to CVUU business only (to avoid clogging up already too full email inboxes!).

Contact: Susan for info about posting to the CVUU Facebook page

Leadership Contacts



ORGANIZATIONAL COORDINATOR: Susan Buffler

coordinator@cvuu.org

- Systems
- Miscellaneous questions
- Website, monthly newsletter, social networks, Listserv

BUILDING MANAGER: Liz Berke building@cvuu.org

- Maintenance
- Supplies
- Rentals / building use
- Scheduling ANY CVUU or private event /activity, etc. (so events do not overlap)

BOARD OF TRUSTEES

Co-President: Anne Hedrick Co-President: Ellen Klomps Treasurer: Lorien Belton Secretary: Liz Berke

Member at Large: Jim Vandygriff

STAFF (PART-TIME)

Lay Leader: Tara Hawkins
Childcare Assistant: Piper Christian

Music Coordinator: Lyndi Perry

Organizational Coordinator: Susan Buffler

ACTION TEAM LEADS (VOLUNTEER POSITIONS)

Art: Susanne Janecke

Building Manager: Liz Berke

Cache Community Connections: Tara Hawkins & Julianne Larsen

Community & Caring (formerly Membership): OPEN (Jim Evans, Caring)

Church Administrator/Finance: Lorien Belton

Environmental & Social Justice: Jenny Norton & Paul Rogers

Fellowship & Hospitality: OPEN

Grounds Team: Jean Lown

Our Whole Lives Sexuality Education: Lorien Belton

Religious Exploration: OPEN

Special Committees:

Nominations: Leslie Black, Robert Schmidt

Committee on Ministry: Susanne Janecke, George Wootton

CVUU Calendar: April 2018						
Sun	M	Т	W	Th	F	Sat
I Sunday Service Easter	2 Cache Valley Sangha 7:15pm	3	4 Amrita Yoga Satsang 6:30pm	5 Socrates Café 7pm	6 CYRC see p. 6	7
8 Sunday Service The Road to Character	9 Cache Valley Buddhist Sangha 7:15pm	10	Amrita Yoga Satsang 6:30pm	12	13	14
I 5 Sunday Service The Four Agreements	16 Cache Valley Buddhist Sangha 7:15pm	17	18 Amrita Yoga Satsang 6:30pm	19	20	21
22 Sunday Service Earth Day	23 Cache Valley Buddhist Sangha 7:15pm	24	25 Amrita Yoga Satsang 6:30pm	26	27	28
29 Sunday Service Common Ground Outdoor Adventures 5th Sunday Potluck 11:30am	30 Cache Valley Buddhist Sangha 7:15pm	All activities listed here are held at the Jay and Leslie Fellowship House located at 596 E. 900 North, Logan, UT unless otherwise noted. See the Connections tab on the cvuu.org website for details about our regular activities				

Join us at 10am for Sunday Services at The Jay & Leslie Black Fellowship House 596 E 900 North, Logan, UT

(435) 755-2888 info@cvuu.org



Cache Valley Unitarian Universalists is a <u>Welcoming Congregation</u>

Visit the <u>cvuu.org website</u> to learn more about our church community!



Connect with us!





