



A safe space to question, act for social and environmental justice, and explore your unique spiritual path

Coming Home

The newsletter of the Cache Valley Unitarian Universalists

March 2018

VOLUME 24, ISSUE 3



Sunday Services

all services begin at 10am

- March 4** Reiki: Sondra Scott
- March 11** The Six Sources of Unitarian Universalism: Kevin Whitaker
- March 18** Persisting in Faith: Tara Hawkins
- March 25** 4th Sunday Lecture - Logan Pride: Doree Burt

Sunday 1/2 Plate Offering (March only)

GLOBAL AUTISM PROJECT: [The Global Autism Project](#) is a Non-Profit organization founded in 2003 whose mission is to provide training to every community where people are working to help children live better lives and be accepted by their communities.

“The Global Autism Project is a global movement of passionate, dedicated individuals coming together to provide lasting, meaningful change for communities around the world. It is an international network of people who not only care for but are equipped to teach people with autism. We’re empowering a generation to understand and accept autism.”

Seventy million people in the world have autism 85% percent of people with autism live in developing countries. The CVUU half plate contribution for the month of March will go toward the education project in the Dominican Republic.

Tara's Corner



“GRATEFUL”: It's snowing as I write this and very cold, and very gray. Winter is here and rather than grump around until spring, I've decided to enjoy the beautiful white icing.

This morning the sun rose in a flood of pink with sharp gray clouds. My little tree was stark and black against the vivid background.

Slowly, everything turned a soft gray. It was a brief but splendid show. I was reminded once again how lucky I am to live in such a beautiful place.

Another thing that makes living here nice is that the people are so friendly. I am grateful for the friends I've made here. Our congregation is generous in every way.

I'm going to plug the orange fundraiser here: buy a box of delicious oranges for yourself, a friend, and the food bank (where fresh produce is rare). The money goes to the church and benefits us in a very real way.

Enjoy a juicy ripe orange as the sun rises.

For last minute orange orders contact Lorien ASAP at cvuufinance@gmail.com



Tara Hawkins, Lay Leader

In Our Thoughts



- ❖ Friends, members, and their families mourning the loss of loved ones
- ❖ Friends, members, and their families struggling with physical or mental illness and other life struggles
- ❖ ***We hold in our hearts all of those around the world in harm's way***

“We light this chalice, for the warmth of love, the light of wisdom, and the energy of action”

Ministry & Service to the Church



This month the CVUU leadership recognizes the fabulous *CVUU Worship Team* headed by lay-leader Tara Hawkins.

The worship team works behind (and in front!) of the scenes to brainstorm ideas for services, contact future presenters, coordinate with the presenter and Music Coordinator, set up the tech, prepare the space every Sunday morning, and much more! Thank them when you get a chance.

A great big thanks for all they do!

Tara Hawkins (Lay-Leader)
Kevin Whitaker
Sondra Scott
Ellen Klomps
George Wootton
Becca Johnson
Lorien Belton
Lyndi Perry (Music Coordinator)

Upcoming Events

Mar
1

SOCRATES CAFÉ meets at CVUU at **7:00 p.m.** on the first Thursday of the month for stimulating questions and lively discussion. For more information visit the [Socrates Café page](#).

Contact info: Dave Christian at dchristian999@gmail.com

Mar
10

COMMUNITY WORKSHOPS OFFERED: YOUTH MENTAL HEALTH

FIRST AID: 8-hour class that teaches adults how to recognize the signs of mental health problems in young people and the skills to respond effectively. Saturday, 8:30am-4:30pm (offered in English and Spanish)

Logan High School
162 W 100 South

For more information contact Jess Bigler jessica.bigler@usu.edu

**Mar
16**

MENTAL HEALTH FIRST AID and YOUTH MENTAL HEALTH

FIRST AID is focused on teaching skills for adults to help other adults who may be experiencing a mental health problem or crisis.

Friday at Utah State University

For more information contact Jess Bigler jessica.bigler@usu.edu

**Mar
24**

CVUU COMMUNITY POTLUCK: Let's celebrate the return of spring. We are planning a spring get together potluck at the church on Saturday, March 24th.

Arrive for social hour at 5pm and eat dinner between 5:30 and 6pm.

We are looking into providing childcare

Watch for announcements and info!

Announcements

REGIONAL ASSEMBLY IS FOR THE WHOLE FAMILY!

[The PWR Regional Assembly in Portland, Oregon](#) (April 27-29) has something for people of every age. In addition to the main programs for adults, we'll have a [UU Kids Camp for ages 5-14](#), a [Youth Assembly for ages 14-18](#), and [high-quality childcare for infants to age 4](#).

Families can spend time together, too, sharing the experiences of the opening ceremony, the Sunday morning worship, mealtimes, and more. Because of our UU commitment to including children and youth, the PWR is covering much of the cost of the programs for young people.

The registration fee is just a portion of what it costs for these engaging, inclusive, and faith-building programs.

The Pacific Western Regional Assembly promises to be an experience that deepens UU identity and fosters hope and resilience in people of all ages. [Register now and join us](#) in Portland this spring!

Thanks!

In faith, Tandi

Rev. Tandi Rogers | Congregational Life Staff | Pacific Western Region

Phone [\(253\) 278-4646](tel:(253)278-4646) | trogers@uua.org



COMMUNITY & CARING TEAM: TRYING SOMETHING NEW! A

small group met after the Sunday service on February 11th to talk about what to do about reviving the Membership Team. This is an important group that includes Fellowship & Hospitality as well as Caring for our members and friends in need.

Long-time CVUU member Leslie Black has been a stalwart member of this group over the years but this is too much work for just one or two people. Members Sandy Charlson and Jim Evans are contributing to Fellowship/Hospitality and Caring.

Our first topic of discussion was “what if we change the name?” People do not enter our doors seeking membership. They are looking for something, but it probably isn’t membership so we decided to rename the ‘Membership Team’ to the “**Community & Caring Team**”. We will announce more soon!

VOLUNTEER WITH THE COMMUNITY & CARING TASK FORCE: Help out with a ‘first serve’ one time “no strings attached” task to see if this is a fit for you. Below are a few tasks that are always needed.

OUT FRONT: Greet regular attendees and newcomers at the front door. Give newcomers a welcome packet and have them sign the guest book. Hand them an order of service and invite/direct them into the Sanctuary.

BEHIND THE SCENES: Add people to the Google Group Listserv and Access database. Sit in the back and take the Sunday service attendance.

FELLOWSHIP & HOSPITALITY: Help out with various social events such as Fellowship potlucks. Coordinate, setup and takedown/cleanup are tasks needed here.

CARING: Help coordinate meal deliveries, visits, and other needs of our CVUU community.

Contact Susan at coordinator@cvuu.org if you are interested in any of these tasks and she will get you connected.

SUNDAY COFFEE BUYER NEEDED: We are looking for a coffee buying point person. Someone who is willing to occasionally check on what is needed, order the coffee from the Café Ibis, pick it up and get it to the church.

Normally, 2x5lb bags (French roast) are pre-ordered; one goes in the tin in the cupboard under the kitchen island, the other in the freezer. We anticipate that this would only have to happen maybe every few months or so.

You will be reimbursed for the cost.

Contact Liz at building@cvuu.org if you are interested in taking on this task.

Reminders



SNOW REMOVAL AND ICE PREVENTION: Thanks to Bruce for helping out with snow blowing and **thanks to all of the volunteers who have helped shovel snow this year!**

A special thanks to Jim Evans, Susanne Janecke, and Liz and Ryan Berke (sorry if I missed anyone!) for shoveling the driveways and walks after the big February dump!

ONGOING TASKS: Thanks to all who help keep our building clean. If you see a need, please just jump in and help.

- Empty waste baskets
- Take hand towels home to wash
- Water house plants
- Put trash and recycling in appropriate receptacles
- Empty trash & recycling into the proper outdoor bins
- Take bins to curb Monday evening & bring them in after Tuesday pick-up
- **Winter Contact:** Liz Berke building@cvuu.org

COMPOST & RECYCLING: CVUU strives to be as 'green' as possible. Read about our [compost and recycling](#) efforts. Turn off the lights to save energy and make sure the doors are locked if you are the last to leave. Check basements lights. Also, check out the [CVUU solar power production](#).

GOOGLE GROUPS LISTSERV USE REMINDER: Please limit posts to the Google Groups listserv to CVUU business only (to avoid clogging up already too full email inboxes!). **Contact:** Susan for info about posting to the CVUU Facebook page

DO YOU HAVE FEEDBACK FOR US ON CVUU SERVICES? Ideas, comments, or concerns about CVUU services? Please give compliments directly to those giving the services, but direct any complaints or concerns through Susanne.

Contact: Susanne Janecke is the main point of contact, regardless of who conducted the service: susanne.janecke@usu.edu

FUNDRAISING: Easy ways to donate to CVUU
See [Give to the CVUU Community](#)

Leadership Contacts



ORGANIZATIONAL COORDINATOR: Susan Buffler
coordinator@cvuu.org

- Website, monthly newsletter, social networks, Listserv
- Systems
- Miscellaneous questions

BUILDING MANAGER: Liz Berke building@cvuu.org

- Maintenance
- Supplies
- Rentals / building use
- Scheduling ANY CVUU or private event /activity, etc.
(so events do not overlap)

BOARD OF TRUSTEES

Co-President: *Anne Hedrick*
Co-President: *Ellen Klomps*
Treasurer: *Lorien Belton*
Secretary: *Liz Berke*
Member at Large: *Jim Vandygriff*

STAFF (PART-TIME)

Lay Leader: *Tara Hawkins*
Childcare Assistant: *Piper Christian*
Music Coordinator: *Lyndi Perry*
Organizational Coordinator: *Susan Buffler*

ACTION TEAM LEADS (VOLUNTEER POSITIONS)

Art: *Susanne Janecke*
Building Manager: *Liz Berke*
Cache Community Connections: *Tara Hawkins & Julianne Larsen*
Caring: *Jim Evans*
Church Administrator/Finance: *Lorien Belton*
Environmental & Social Justice: *Jenny Norton & Paul Rogers*
Fellowship & Hospitality: OPEN
Grounds Team: *Jean Lown*
Membership: OPEN
Our Whole Lives Sexuality Education: *Lorien Belton*
Religious Exploration: OPEN
Special Committees:
 Nominations: *Leslie Black, Robert Schmidt*
 Committee on Ministry: *Susanne Janecke, George Wootton*

CVUU Calendar: March 2018

Sun	M	T	W	Th	F	Sat
 All activities listed here are held at the Jay and Leslie Fellowship House located at 596 E. 900 North, Logan, UT unless otherwise noted. See the Connections tab on the cvuu.org website for details about our regular activities				1 <u>Socrates Café</u> 7pm	2 <u>CYRC</u> 6pm	3
4 Sunday Service Reiki	5 Cache Valley Buddhist Sangha 7:15pm	6	7 Amrita Yoga Satsang 6:30pm	8	9 CYRC 6pm	10
11 Sunday Service The Six Sources of UU	12 Cache Valley Buddhist Sangha 7:15pm	13	14 Amrita Yoga Satsang 6:30pm	15	16 CYRC 6pm	17
18 Sunday Service Persisting in Faith	19 Cache Valley Buddhist Sangha 7:15pm	20	21 Amrita Yoga Satsang 6:30pm	22 CVUU Board Meeting 6pm	23 CYRC 6pm	24
25 Sunday Service 4th Sunday Lecture: Logan Pride	26 Cache Valley Buddhist Sangha 7:15pm	27	28 Amrita Yoga Satsang 6:30pm			

Join us at 10am for Sunday Services at
The Jay & Leslie Black Fellowship House
596 E 900 North, Logan, UT
(435) 755-2888
info@cvuu.org



Cache Valley Unitarian Universalists is a
[Welcoming Congregation](#)

Visit the [cvuu.org website](http://cvuu.org) to learn more about our church
community!



Connect with us!

