



Coming Home

The Newsletter of the Cache Valley Unitarian Universalists
VOLUME 23, ISSUE 7

We are a religiously liberal, welcoming community, united in a responsible search for knowledge and spiritual growth. Bound by no dogma or creed, Cache Valley Unitarian Universalists value and promote peace, liberty, social justice, and environmental sustainability through personal, community, and global action.

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June Perennial poppies
PHOTO CREDIT: Susan Buffler



Sunday Services

all services begin at 10am

July 2: Power, Privilege, and Perspective: Lorien Belton

July 9: Sense of Place: Jennifer Courtwright

July 16: You Don't Look Sick: Tara Hawkins

July 23: 4th Sunday Lecture: Future of the Logan Library: Karen Clark

July 30: Community and Social Capital: Kevin Whitaker

June/July Sunday Community ½ Plate Donation: *Logan Pride Festival*

The [Logan Pride Festival](#) is an event that celebrates the lesbian, gay, bisexual, and transgender (LGBTQ) community in Logan. This event is for our community to come together regardless of differences to celebrate diversity and inclusion. It is a celebration of shared values and is a way to entertain and engage not only the LGBTQ community, but our friends, families and allies.

Donations for this event will go toward CVUU sponsorship and outreach at the Festival.



Julianne & Tara

Tara's Corner

"I am a Patriot"

I've always been a patriot. When I lived in France while I was in college, I learned to love my country even more. There were massive, country-wide strikes almost daily. One of the first useful phrases I learned was, "who is on strike today?"

The people complained about the constant noise, the lack of opportunity, and the challenges they faced in everyday life; such as not being able to afford fruit or fuel. They spoke grudgingly about how brave and amazing Americans were. We had won the war. We had gone to the Moon. We were the land of opportunity.

Those were the Clinton years. The budget was balanced, Social Security was safe. We were a big country doing big things.

Things are different now. I find myself calling my elected representatives frequently. I disagree vehemently with the stated direction we are going now. I have no love for the president. However, my patriotism had not waned.

I love the way we resist and the fact that we can resist legally. I can outspokenly disagree with our leaders. I can march. I can hold vigil. I can speak with Congressman Bishop or Senator Hatch. You can, too. We can create a better tomorrow.

As we celebrate the birth of our country and our state, let's be grateful for this wonderful place we call home. Let's take up our courage, and prepare to defend her.



Tara Hawkins, Lay Leader

Board of Trustees

Lorien Belton
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Staff

Tara Hawkins
Lay Leader

Susan Buffler
Organizational Coordinator
coordinator@cvuu.org

Program Staff

Julianne Larsen
Children's Program Coordinator

OPEN
Childcare & Children's Program Assistant

Lyndi Perry
Sunday Music Coordinator

In Our Thoughts



- ❖ Emily, Vincent, and Violet Baker on the loss of their husband and father Jared Baker
- ❖ Sandy Charlson, Chris Lant, and their daughters Helen and Hannah
- ❖ Friends, members, and their families mourning the loss of loved ones
- ❖ Friends, members, and their families struggling with physical or mental illness and other life struggles
- ❖ *We hold in our hearts all of those around the world in harm's way*

Events & Activities

**July
3**

Watch Fireworks on the Lawn: Join us for fireworks viewing from the front lawn at CVUU on Monday evening. Bring a blanket, chair, snacks and drinks, or just yourself!
8:30pm until the fireworks are over

**July
6**

Socrates Café meets at CVUU at **7:00 p.m. on the first Thursday of the month** for stimulating questions and lively discussion. For more information visit the [Socrates Café page](#).
More info contact: Dave Christian at dchristian999@gmail.com

**July
8-15**

Earthfire Traditional Vision Quest:
More information at [Earthfire Traditional Vision Quest](#)
More info contact: vquest4@gmail.com

**July
16**

POTLUCK: The Leary's are back! Join us for a potluck following the service to catch up with Jordan, Jo, Gabe, and Lucy visiting from New Zealand. Bring a dish to share or come as you are.
More info contact coordinator@cvuu.org

July
30

5th Sunday POTLUCK: Going away gathering for Jennifer Courtwright & Stretch Budget

11:30am following the Sunday Service at CVUU. Bring a dish to share or come as you are.

More info contact coordinator@cvuu.org

Energy in Action



Valley Unitarian Universalists could not operate without the dedication of members and friends who voluntarily donate their energy, time, and talent to keep programming and facilities running.

Ministry & Service to the Church

This month, CVUU recognizes **Leslie and Jay Black**. Jay and Leslie played a significant role in establishing our current church location. Leslie was a long-time Kindergarten teacher, is a lover of children, and children's story reader extraordinaire. Leslie has served in numerous capacities throughout the years including on the Membership, Nominations, and Caring Teams. Jay has served on the Board of Trustees for many years and as Board President among many other things! A huge thank you to Leslie and Jay!



Jon Gudmunson and bandmates play some swinging Jazz music at the June 18th Sunday service, *The Spirituality of Jazz*. PHOTO CREDIT: *Susanne Janecke*



Maureen Killila sings with the Jazz band
PHOTO CREDIT: *Susanne Janecke*

Watch a watch a video recording of Maureen Killila reading the Children's story ***Cool Daddy Rat***

Click on the link to view

<https://drive.google.com/open?id=0B8zWeGwbCC8bMmgzQ0ItWG9RZm8>

VIDEO CREDIT: *Susanne Janecke*

Announcements



Summer Children's Program & Part time Childcare Assistant position available

This past year has been really great working with such a wide variety of children in our program. We had lots of fun reading stories, making crafts, and playing with toys. We have some really creative children who are making entire projects by themselves. We love to see what the children will come up with next. We've had some discussions of our values, as well as shared some joys and concerns after lighting the chalice downstairs.

This past year and the year prior, we've had the talented Rowan Ferre helping as Childcare Assistant. One thing we have loved is how reliable she has been. She has been there for every service and often offered to be with the kids during meetings and extras at the church. She has all the kids' best interests at heart, always making sure things run smoothly.

Rowan has even had a terrific influence in her theatrical participation at Ridgeline high school. She would often have a show celebration on a Saturday night, and still show up for us Sunday morning. Rowan is accepting a scholarship to Southern Utah University where she will study history. Prior to leaving she has a vacation planned for D.C. and New York City.

Which brings me to my announcement, that **we are hiring a part time Childcare Assistant**, to be available Sundays from 10-11 or 11:30 depending on the week. There may be extra hours of watching kids for special meetings or other events at CVUU. We are looking for someone who is available to assist with or create lessons for the children. It really is a lot of fun, and you can contact me, Julianne Larsen at jlennlarsen1@gmail.com or Lorien Belton for details.

We are, as always, looking for extra volunteers to help out in the Children's Program. Dawn Hansen has been very consistent for us bringing great energy to the program. If you think you might like working with kids, please come find me, and we will arrange specifics. It really is more interesting for the kids if you can share a story or activity 1 time a month or so. If everyone took 1 Sunday, we would have an enriched program.

Again, thank you to the CVUU community support, as we are looking forward to a fun filled year ahead.



Julianne Larsen, Children's Program Coordinator
jlennlarsen1@gmail.com
(435)232-7889



CVUU Yard Policy: In keeping with our commitment to environmental justice and acknowledging that we live in a cold desert, we strive to reduce our water use by reducing the amount of lawn grass and replacing with [water-wise plants](#).

When possible we want vegetation to be native and bee- and bird-friendly. Our plan is to add only perennial, water-wise vegetation. The weed barrier helps to reduce the need for weeding.

Plants for USDA Zones 4-5 are best. Sedum, daylilies, iris, cone flowers, globemallow, sedum, rose mallow, penstemon, catmint, gaura, gaillardia are a few examples of water-wise perennials.

*Exceptions to this policy will be reviewed on a case by case basis by the Grounds Team.

Contact Jean at 435-760-2392 or jean.lown@usu.edu with any questions



OWL Program Coming Up! Do you have a child in 7-9th grade? Do you wish there were more comprehensive sexuality education available for them? We offer "Our Whole Lives" (OWL) sexuality education courses, taught by an excellent team of volunteers.

The middle school course (7th-9th graders) will be taught mid-September – mid-December.

The curriculum contains no religious content. It emphasizes healthy, complete information on topics of maturation, sexuality, relationships, and health, including gender and sexual orientation, and is LGBTQ inclusive.

For more information, email owl@cvuu.org



It is not too late to pledge! If renewing or pledging for the first time, fill in the form below, print off and give to Lorien Belton or mail to: CVUU 596 E 900 North, Logan, UT 84321 attn. Lorien. Thank you for supporting **your** CVVU Community!

CVUU PLEDGE FORM

Fiscal Year 2017/18

As you probably know, we depend completely on our members and friends to support the work of CVUU. If you support CVUU's work and participate in our activities, I urge you to consider making a financial pledge to help us cover the costs of providing services each week and owning the building. Any amount is most appreciated – we understand that everyone has different financial circumstances and are grateful for every expression of generosity, whatever size.

In 2017-18, I want to make a financial pledge:

Amount
Per month or One-time
Payment

How would you like to pay your financial pledge?

- ☐ Electronic Funds Transfer (*EFT payments make our income more predictable*)
☐ Check
☐ Other (*describe: _____*)

You do not need to be a member of CVUU to contribute financially. However, if you *are* a member of CVUU or plan to officially join, know that contributing time and/or money to CVUU is a part of fulfilling the role of being a member¹

To pay by MONTHLY AUTOMATIC WITHDRAWAL from your bank account, please either:

- ☐ Check here to authorize a one-year extension of your current withdrawal permissions, or
☐ Attach a voided check (not a deposit slip—those don't always work) to add a new account

Then sign here:

Signature (s): _____

Name(s): _____

Address: _____

Phone: home/cell _____ **Email:** _____

**Return your pledge form to Lorien Belton at CVUU,
or mail it to: 596 E 900 N, Logan, UT 84321**

¹ *from CVUU Bylaws: "To retain active status, Members and Affiliates are expected to participate actively in the Congregation's activities and to make a contribution of record to the Congregation each fiscal year. The contribution should represent the member's or affiliate's fair share of the Congregation's needs, in light of the member's or affiliate's income and means, and the fact that generous contributions from others in the past have sustained and built the Congregation we enjoy today. If necessary, contributions of time, labor, goods or services may be made in lieu of a financial contribution."

Ongoing Happenings



Fundraising the Easy Way! Natural Grocers Cards for sale: Buy \$100, \$50, or \$25 cards at face value and CVUU gets a 5% donation.

Contact Lorien at 770-2413. If you shop there anyway, think about it!



Do you have Feedback for us on CVUU Services? Ideas, comments, or concerns about CVUU services? Please give compliments directly to those giving the services, but direct any complaints or concerns through Susanne.

Contact: Susanne Janecke is the main points of contact, regardless of who conducted the services.



Ongoing Tasks: Please, everyone pitch in when you see the need

- Empty waste baskets
- Take hand towels home to wash
- Water house plants
- Properly distinguishing between trash and recycling and putting in appropriate receptacle
- Empty trash & recycling into the proper outdoor bins
- Take bins to the curb Monday evening & bringing them in after Tuesday pick-up
- Help keep our building clean

Contact: Jean Lown 435-760-2392 or jean.lown@usu.edu



Yard Cleanup: We need regular help throughout the spring, summer and fall picking up trash from our neighbors that lands in the east gutter and on the front lawn. Please pitch in and pick up!

We also need help with weeding and other yard work so that we present a well-groomed appearance to the community.

If you can donate an occasional hour of time to enjoy our yard and the company of other CVUUers (during the week, Saturdays, or after church) please contact Jean Lown: jean.lown@usu.edu; 435-760-2392.



Financial Advice for CVUU Community: CVUU member Dr. Jean Lown provides financial advice on a sliding scale basis to the CVUU community in exchange for a donation to CVUU.

Jean recently retired from teaching personal finance, investing, retirement and estate planning at USU and the Financial Planning for Women (FPW) seminars.

Jean provides advice on financial concerns ranging from budget and credit problems to investment asset allocation, college and retirement planning.

The standard rate is \$75/hour with reduced rates based on income.

Contact Jean at 435-760-2392 or jean.lown@usu.edu



Building & Facilities: Reminders

CVUU strives to be as 'green' as possible. Read about our [compost and recycling](#) efforts. Turn off the lights to save energy and make sure the doors are locked if you are the last to

leave. Check basements lights. Also, check out the CVUU solar power production.



Newsletter Submissions: Best Practices

Submit newsletter items and direct questions to: **Susan Buffler** at coordinator@cvuu.org

Google Groups Listserv Use Reminder: Please limit posts to the Google Groups listserv to CVUU business only to avoid clogging up already too full email inboxes! **Contact:** Susan for information about posting to the CVUU Facebook page.



Organizational Coordinator: Susan Buffler is the current CVUU Organizational Coordinator.

Susan is the **Point of Contact** for the following:

- Building use and rental
- Scheduling ANY CVUU or private event /activity, etc. (so events do not overlap)
- Website, monthly newsletter, social networks, Google Groups listserv
- Referral to appropriate staff / Team members
- Miscellaneous questions

Please send inquiries and schedule events through Susan at coordinator@cvuu.org

Connect with us!




Join us for 10am Sunday Services at
The Jay & Leslie Black Fellowship House
596 E 900 North, Logan, UT
(435) 755-2888
info@cvuu.org



Cache Valley Unitarian Universalists is a [Welcoming Congregation](#)
Visit the [cvuu.org website](http://cvuu.org) to learn more about our church community!



CVUU Calendar: July 2017

Sun	M	T	W	Th	F	Sat
 <p>All activities listed here are held at the Jay and Leslie Fellowship House located at 596 E. 900 North, Logan, UT unless otherwise noted.</p> <p>See the Connections tab on the cvuu.org website for details about our regular activities</p>						1
2 Sunday Service Power, Privilege, and Perspective	3 Cache Valley Buddhist Sangha 7:15pm Fireworks on the CVUU Lawn 8:30pm	4 Independence Day	5 Amrita Yoga Satsang 6:30pm	6 Socrates Café 7pm Ewe Ewe Fiber Arts Group 7pm	7 CYRC 4:30pm	8
9 Sunday Service Sense of Place	10 Cache Valley Buddhist Sangha 7:15pm	11	12 Amrita Yoga Satsang 6:30pm	13 Ewe Ewe Fiber Arts Group 7pm	14 CYRC 4:30pm	15
16 Sunday Service You Don't Look Sick Potluck for Leary family	17 Cache Valley Buddhist Sangha 7:15pm	18	19 Amrita Yoga Satsang 6:30pm	20 Ewe Ewe Fiber Arts Group 7pm	21 CYRC 4:30pm	22
23 Sunday Service 4th Sunday Lecture: Future of Logan Library	24 Cache Valley Buddhist Sangha 7:15pm	25	26 Amrita Yoga Satsang 6:30pm	27 Ewe Ewe Fiber Arts Group 7pm	28 CYRC 4:30pm	29
30 Sunday Service Community & Social Capital 5th Sunday Potluck	31 Cache Valley Buddhist Sangha 7:15pm					