



Coming Home

The Newsletter of the Cache Valley Unitarian Universalists
VOLUME 23, ISSUE 6

We are a religiously liberal, welcoming community, united in a responsible search for knowledge and spiritual growth. Bound by no dogma or creed, Cache Valley Unitarian Universalists value and promote peace, liberty, social justice, and environmental sustainability through personal, community, and global action.

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Lay leader, Tara Hawkins reads the children's story as part of the Sunday service



Sunday Services

all services begin at 10am

June 4: Personal Growth / Perspective on Social Justice Work, George Wootton

June 11: This I Believe, Becca Johnson
Worship Associate TBA

June 18: Father's Day - Tara Hawkins

June 25: 4th Sunday Lecture: The Spirituality of Jazz – Jon Gudmunson
Worship Associate, Maureen Killila

Sunday Community Donation: *Logan Pride Festival*

June and July's Sunday ½ plate offering will be donated to fund a CVUU presence and sponsorship for the second annual [Logan Pride Festival](#).

This event will feature music, food trucks, youth activities, an interfaith service, art, and more. Families with children are welcome and the festival. An entire area will be dedicated to youth and child activities and will include arts and crafts as well as games and prizes.



Julianne & Tara

Tara's Corner

"Father's Day "

My own Dad is a great guy: smart, funny, and with a fantastic work ethic. However, due to the fact that his work has always involved a lot of traveling, he's never been around much. I miss him when he's gone, and since I've moved to a different state, I miss him a lot.

I've been fortunate, though, because my Case Worker, Kevin Winn, is very much a father figure to me. Even though I haven't needed to see him officially for a long time, he still drops by and brings me cookies. In good times and bad he's been there for me to talk to and lean on. At times he's called my Dad to let him know I needed support.

During June, I think about the dads I know, and how hard society has made it for them to be close to their children.

For example, men get very little paternity leave. My brother only got two weeks to spend with his newborn daughter before he had to go back to working 12 hour days. In order to spend a little time with Mallory each day, he got up for her 5am feeding and rocked and nursed her every morning.

Now Josh has two kids, and he'll tell you he doesn't get to spend near enough time with them. His job is demanding - jobs are. So he, like most men, is working to support a family that he doesn't get to see very much.

To me, this is a great example of how sexism hurts men. Because we have this artificial idea that men aren't nurturing and aren't needed to raise children (except to punish them), we don't give them the opportunity to bond with their children and be a real part of their upbringing.

So as we fight for parity for women, we are also fighting to allow men the freedom to build a different relationship with their families. A stronger relationship. A caring, loving, nurturing relationship. And that would be good for all of us.



Tara Hawkins, Lay Leader

Summer Children's Program

Summer is finally here! The kids are excited to have some time off. But, we will still be having a Children's program for friends and members of CVUU during the summer break. If you have any activity or craft ideas for the kids, please feel free to contact me with your ideas.

We would also love to have more volunteers to come and be with the children during Sunday services. The kids are a lot of fun and have so many terrific ideas of their own. Sometimes it's just nice for them to interact with many different members of our CVUU community.

Want to read a story? Would you like to share a hobby? Do you have some life lessons to share? You can volunteer as you like even if it's one time every month. Also, craft donations are always welcome (although we already have a mountain of crayons downstairs).

Thank you to Rowan Ferre and Dawn Hansen for always being dependable and great with the children.

Please contact me if you have any questions or ideas. Thank you to everyone who makes it possible to have a Sunday service for the children, while the adults can have their own service at the same time.



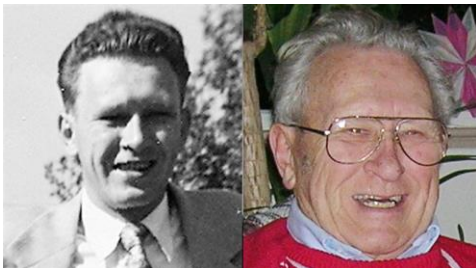
Julianne Larsen, Children's Program Coordinator
jlntlarsen1@gmail.com
(435)232-7889

In Our Thoughts



- ❖ Sandy Charlson, Chris Lant, and their family
- ❖ Matt, Dawn, and Libby Hansen on the death of Matt's father, Calvin Hansen
- ❖ Friends, members, and their families mourning the loss of loved ones
- ❖ Friends, members, and their families struggling with physical or mental illness and other life struggles

- ❖ *We hold in our hearts all of those around the world in harm's way*



Calvin Forrester Hansen: 1925-2017

Calvin Hansen passed away peacefully early on Saturday May 20, 2017. He passed from complications of dementia, a urinary tract infection, and being here for 92 years! It was his time.

Cal, like his wife Bonnie, donated his body to science through the University of Utah medical school.

The family will be hosting a memorial service in Ogden at the Unitarian Universalist Church of Ogden on Friday August 4th (time to be announced later).

It is bittersweet and we are doing fine since we had been slowly saying good bye to Cal as his dementia was progressing. We are especially grateful for those at Autumn Care Assisted Living (where Cal spent the past 1.5 years) and Access Home Care and Hospice who helped him in the past 3 months.

Thanks for everyone who has supported us along this journey! - Dawn, Matt, and Libby

Obituary, Ogden Standard Examiner:

<http://www.standard.net/Obituaries/2017/05/26/Calvin-Forrest-Hansen.html>

Energy in Action



Valley Unitarian Universalists could not operate without the dedication of members and friends who voluntarily donate their energy, time, and talent to keep programming and facilities running.

CVUU goes to the People's Climate March in Salt Lake City



Matt Hansen and Marianne Christian carry the new CVUU banner at the April 29th People's March for Climate in Salt Lake City. Piper Christian and members of Logan High School's LEAF club spoke at the event. Way to represent!

Photo credit: *Paul Rogers*

CVUU Hikers: The first CVUU hike of the season was held following the Sunday service on May 7th. Five adults and one intrepid child walked a total of about 3.5 miles through the King Nature Park to the second gate on the Green Canyon singletrack and back. Spring wildflowers and mountain bikers were bountiful! The weather was pleasant, if not a bit on the warm side.

Look for announcements about future hikes throughout the summer and early fall. Hikes / walks will be geared to as wide a variety of abilities as possible and will last about 2 to 3 hours.

Join us for fun, exercise, and fellowship!



Indian paintbrush



Death camas



Antelope bitterbrush



Arrowleaf balsamroot

Ministry & Service to the Church

This month, CVUU recognizes **Lorien Belton**, CVUU member and church administrator for her continuing service to CVUU. A church administrator does pretty much everything behind and not so behind the scenes. Lorien maintains the church finances, deals with building issues, serves on the Human Resources Team, and regularly attends CVUU board meetings. She also runs the CVUU Our Whole Lives: Lifespan Sexuality Education program, participates on the Worship Team, and presents the occasional Sunday service. Did we forget anything? Thank you Lorien!

Upcoming Events & Activities

**June
1**

Socrates Café meets every month for stimulating questions and lively discussion. For more information visit the [Socrates Café page](#).

7:00 p.m. on the first Thursday of the month
The Jay & Leslie Black Fellowship House (CVUU)
596 East, 900 North, Logan

Contact: Dave Christian at dchristian999@gmail.com

**June
1**

Environmental & Social Justice Team meeting:

5:30- 6:30 PM

The Jay & Leslie Black Fellowship House (CVUU)
596 East, 900 North, Logan

Discussion items include:

- Plan ahead for 1/2 plate donations
- Find dates for tables at Gardeners Market
- Planning for Sunday services lead by ESJ team / members

And as always **your ideas and input are requested !!!**

- Jenny Norton and Paul Rogers, ESJ Team co-chairs

**June
25**

Annual Congregation Meeting: Join us for Board of Trustees and Nominations Team elections. Updates on the budget and the strategic plan will be presented.

11:30am after the Sunday service

596 East, 900 North, Logan

NOTE: Input and questions welcome. Only members may vote.

**July
8-15**

Earthfire Traditional Vision Quest: The age-old practice of Self-discovery, four days and nights of awareness and solo fasting in the wilderness.

Questing is a powerful tool for moving through psychological barrier to finding purpose and joy in our lives. More information at [Earthfire Traditional Vision Quest](#)

Location: Western Tavaputs Plateau, UT

Contact: Dawn or Matt Hansen for more information
435-752-7163 or vquest4@gmail.com

**April
2018**

District News: Pacific Western Regional Assembly - Portland, OR, April 27-29, 2018. This second regional assembly will take the place of an annual district assembly for each of the four districts, though each of the four districts (Mountain Desert District, Pacific Central District, Pacific Northwest District, Pacific Southwest District) will likely hold a separate business meeting in Portland.

“I believe our nation and our world have never been more in need of the radically inclusive, spiritually progressive, justice-seeking tradition that we call our own. I also believe that we as Unitarian Universalists do best in meeting that need when our congregations work together.

When we do, we do a better job of nurturing the spiritual growth of our own members and nurturing the common good of the world we share. Our **2018 Pacific Western Regional Assembly**, will be an opportunity to discover how, together, we can do a better job.”

- *James Kubal-Komoto*, Pacific Western Regional Lead

More information will be available this fall.

Announcements

Welcome back Summer Citizens! We look forward to welcoming returning and new [summer citizens](#) visiting Cache Valley to escape the summer heat of the southwest desert states.



OWL Program Coming Up! Do you have a child in 7-9th or 10-12th grade? Do you wish there were more comprehensive sexuality education available for them? We offer “Our Whole Lives” (OWL) sexuality education courses, taught by an excellent team of volunteers. The high school course (for 10th-12th graders) will be taught this summer, June- August. The middle school course (7th-9th graders) will be taught in the fall.

The curriculum has no religious content at all. It emphasizes healthy, complete information on topics of maturation, sexuality, relationships, and health, including gender and sexual orientation, and is LGBTQ inclusive. For more information, email owl@cvuu.org.



It's that time of year again! If renewing or pledging for the first time, fill in the form below, print off and give to Lorien Belton or mail to: CVUU 596 E 900 North, Logan, UT 84321 attn. Lorien - Thank you for supporting **your** CVUU Community!

CVUU PLEDGE FORM

Fiscal Year 2017/18

As you probably know, we depend completely on our members and friends to support the work of CVUU. If you support CVUU's work and participate in our activities, I urge you to consider making a financial pledge to help us cover the costs of providing services each week and owning the building. Any amount is most appreciated – we understand that everyone has different financial circumstances and are grateful for every expression of generosity, whatever size.

In 2017-18, I want to make a financial pledge:

Amount
Per month or One-time
Payment

How would you like to pay your financial pledge?

- ☐ Electronic Funds Transfer (*EFT payments make our income more predictable*)
☐ Check
☐ Other (*describe: _____*)

You do not need to be a member of CVUU to contribute financially. However, if you *are* a member of CVUU or plan to officially join, know that contributing time and/or money to CVUU is a part of fulfilling the role of being a member¹

To pay by MONTHLY AUTOMATIC WITHDRAWAL from your bank account, please either:

- ☐ Check here to authorize a one-year extension of your current withdrawal permissions, or
☐ Attach a voided check (not a deposit slip—those don't always work) to add a new account

Then sign here:

Signature (s): _____

Name(s): _____

Address: _____

Phone: home/cell _____ **Email:** _____

**Return your pledge form to Lorien Belton at CVUU,
or mail it to: 596 E 900 N, Logan, UT 84321**

¹ * from CVUU Bylaws: "To retain active status, Members and Affiliates are expected to participate actively in the Congregation's activities and to make a contribution of record to the Congregation each fiscal year. The contribution should represent the member's or affiliate's fair share of the Congregation's needs, in light of the member's or affiliate's income and means, and the fact that generous contributions from others in the past have sustained and built the Congregation we enjoy today. If necessary, contributions of time, labor, goods or services may be made in lieu of a financial contribution."

Ongoing Happenings



Fundraising the Easy Way! Natural Grocers Cards for sale: Buy \$100, \$50, or \$25 cards at face value and CVUU gets a 5% donation.

Contact Lorien at 770-2413. If you shop there anyway, think about it!



Do you have Feedback for us on CVUU Services? Ideas, comments, or concerns about CVUU services? Please give compliments directly to those giving the services, but direct any complaints or concerns through Jennifer or Susanne.

Contact: Jennifer Courtwright and Susanne Janecke are the main points of contact, regardless of who conducted the services.



Ongoing Tasks: Please, everyone pitch in when you see the need

- Empty waste baskets
- Take hand towels home to wash
- Water house plants
- Properly distinguishing between trash and recycling and putting in appropriate receptacle
- Empty trash & recycling into the proper outdoor bins
- Take bins to the curb Monday evening & bringing them in after Tuesday pick-up
- Help keep our building clean

Contact: Jean Lown 435-760-2392 or jean.lown@usu.edu

Yard Cleanup

We need regular help throughout the spring, summer and fall picking up trash from our neighbors that lands in the east gutter and on the front lawn. Please pitch in and pick up!

We also need help with weeding and other yard work so that we present a well-groomed appearance to the community.

If you can donate an occasional hour of time to enjoy our yard and the company of other CVUUers (during the week, Saturdays, or after church) please contact Jean Lown: jean.lown@usu.edu; 435-760-2392.



Financial Advice for CVUU Community: CVUU member Dr. Jean Lown provides financial advice on a sliding scale basis to the CVUU community in exchange for a donation to CVUU.

Jean recently retired from teaching personal finance, investing, retirement and estate planning at USU and the Financial Planning for Women (FPW) seminars.

Jean provides advice on financial concerns ranging from budget and credit problems to investment asset allocation, college and retirement planning.

The standard rate is \$75/hour with reduced rates based on income.

Contact Jean at 435-760-2392 or jean.lown@usu.edu



Building & Facilities: Reminders

CVUU strives to be as 'green' as possible. Read about our [compost and recycling](#) efforts. Turn off the lights to save energy and make sure the doors are locked if you are the last to leave. Check basements lights. Also, check out the CVUU solar power production.



Newsletter Submissions: Best Practices

Submit newsletter items and direct questions to: Susan Buffler at coordinator@cvuu.org

Google Groups Listserv Use Reminder: Please limit posts to the Google Groups listserv to CVUU business only to avoid clogging up already too full email inboxes! **Contact:** Susan for information about posting to the CVUU Facebook page.



Organizational Coordinator: Susan Buffler is the current CVUU Organizational Coordinator.

Susan is the **Point of Contact** for the following:

- Building use and rental
- Scheduling ANY CVUU or private event /activity, etc. (so events do not overlap)
- Website, monthly newsletter, social networks, Google Groups listserv
- Referral to appropriate staff / Team members
- Miscellaneous questions

Please send inquiries and schedule events through Susan at coordinator@cvuu.org

Connect with us!




Join us for 10am Sunday Services at
The Jay & Leslie Black Fellowship House
596 E 900 North, Logan, UT
(435) 755-2888
info@cvuu.org



Cache Valley Unitarian Universalists is a [Welcoming Congregation](#)
Visit the [cvuu.org website](http://cvuu.org) to learn more about our church community!



CVUU Calendar: June 2017

Sun	M	T	W	Th	F	Sat
 <p>All activities listed here are held at the Jay and Leslie Fellowship House located at 596 E. 900 North, Logan, UT unless otherwise noted.</p> <p>See the Connections tab on the cvuu.org website for details about our regular activities</p>				1 Socrates Café 7pm Ewe Ewe Fiber Arts Group 7pm	2 CYRC 4:30pm	3
4 Sunday Service Personal Growth / Perspective on Social Justice Work	5 Cache Valley Buddhist Sangha 7:15pm	6	7 Amrita Yoga Satsang 6:30pm	8 Socrates Café 7pm Ewe Ewe Fiber Arts Group 7pm	9 CYRC 4:30pm	10
11 Sunday Service This I Believe	12 Cache Valley Buddhist Sangha 7:15pm	13	14 Amrita Yoga Satsang 6:30pm	15 Ewe Ewe Fiber Arts Group 7pm	16 CYRC 4:30pm	17
18 Sunday Service Father's Day	19 Cache Valley Buddhist Sangha 7:15pm	20	21 Amrita Yoga Satsang 6:30pm	22 Ewe Ewe Fiber Arts Group 7pm	23 CYRC 4:30pm	24
25 Sunday Service 4th Sunday Lecture: The Spirituality of Jazz Congregation-al Meeting 11:30am	26 Cache Valley Buddhist Sangha 7:15pm	27	28 Amrita Yoga Satsang 6:30pm	29 Ewe Ewe Fiber Arts Group 7pm	30 CYRC 4:30pm	