



Coming Home

The Newsletter of the Cache Valley Unitarian Universalists
VOLUME 23, ISSUE 10

We are a religiously liberal, welcoming community, united in a responsible search for knowledge and spiritual growth. Bound by no dogma or creed, Cache Valley Unitarian Universalists value and promote peace, liberty, social justice, and environmental sustainability through personal, community, and global action.

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Lay-leader Tara Hawkins presents *The Beloved Community* Photo credit: Julianne Larsen



Sunday Services

all services begin at 10am

October 1: Ecology is Theology: Michael Dowd (video)

October 8: Reflections on Nature: Kevin Whitaker

October 15: Beautiful Chaos: Tara Hawkins

October 22: 4th Sunday Lecture, On Being Muslim in Utah, Logan Islamic Center:
Andreas Fabian

October 29: Halloween: Sondra Scott

Board of Trustees

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Ellen Klomps: *Co-President*

Jim Vandygriff: *Member at large*

Staff

Tara Hawkins

Lay Leader

Susan Buffler

Organizational Coordinator

coordinator@cvuu.org

Program Staff

Julianne Larsen

Children's Program Coordinator

OPEN (*position available*)

Childcare & Children's Program Assistant

Lyndi Perry

Sunday Music Coordinator

In Our Thoughts



- ❖ Members, friends, and their families mourning the loss of loved ones
- ❖ Members, friends, and their families struggling with physical or mental illness and other life struggles
- ❖ *We hold in our hearts all of those around the world in harm's way*

Events & Activities

**Oct
5**

Socrates Café meets at CVUU at **7:00 p.m. on the first Thursday of the month** for stimulating questions and lively discussion. For more information visit the [Socrates Café page](#).

More info contact: Dave Christian at dchristian999@gmail.com

**Oct
28-29**

CVUU Yard Party: YOU! are invited to participate in a yard party (aka fall yard cleanup):

Saturday, October 28

10am-noonish (feel free to come earlier)

Sunday, October 29

Meet after church, a good excuse to wear your blue jeans.

Help rake leaves, weed, mulch, and trim bushes, and other healthy activities to prepare the yard for winter.

Join us for a fun social activity. Kids are welcome. Bring gloves, clippers, rakes, weeding tools. Don't have tools? We can supply some!

Questions? Contact Jean at 435-760-2392. Or jean.lown@usu.edu

**Oct
29**

Halloween Celebration

At CVUU following the service (downstairs)
Children encouraged to dress in costume
Crafts and fun!

**Nov
4**

CVUU Yard Party:

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Energy in Action: Logan Pride Interfaith Service



Local clergy and community members gather at the Episcopal Church for the Pride Interfaith Service in September. Photo credit: Susanne Janecke

Logan Pride Fest 2017



photo credits: Susanne Janecke



photo credits: Susanne Janecke



Mormons for Equality booth at the Pride Fest. Photo credit: Susanne Janecke

Announcements



Children's Program Update: We have been having a lot of fun with our new volunteers Cynthia, Maddie and also Skylie who are Cynthia Montgomery's grandchildren. The kids made their own chalices to take home and hopefully it will be a special thing for them at home.

Coming up, on Oct. 29th, there is going to be a Halloween Celebration downstairs. We are encouraging the kids to dress up in their favorite costumes and there will be crafts and lots of fun to be had. If you would like to dress up as well, that is great too!

Also, we have not filled our childcare position yet, so if you know a teen or young person who is great with kids, please let us know. In the meantime, we may have to have the parents take a turn downstairs once a month or so, until we can get this year figured out a little more. The worship team always enjoys having volunteers for the children's time book being read upstairs as well. There are lots of ways to get involved.

Questions or comments welcomed at my email: jlnnlarsen1@gmail.com, phone: (435)232-7889, or any time before or after church.

Thank you all for being such a great part of the success downstairs with the children!



Julianne Larsen, Children's Program Coordinator
jlnnlarsen1@gmail.com (435)232-7889

Ongoing Happenings



Fundraising the Easy Way! Natural Grocers Cards for sale: Buy \$100, \$50, or \$25 cards at face value and CVUU gets a 5% donation.

Contact Lorien at 770-2413. If you shop there anyway, think about it!

Fundraising via Smith's Rewards Cards: Did you know that if you link your Smith's rewards card to CVUU, then CVUU gets donations from Smiths? Here's how:

1. Go to the Smith's website <https://www.smithsfoodanddrug.com/account/create/> and create an account on their site. One of the fields asks for any existing rewards number (often your phone number) that you have.
2. Then go to your account page. At the bottom, you'll be able to Enroll in the "Inspiring Donations" program. Our organization number is **PV584**, or you can just search under Cache Valley Unitarian Universalists



Do you have Feedback for us on CVUU Services? Ideas, comments, or concerns about CVUU services? Please give compliments directly to those giving the services, but direct any complaints or concerns through Susanne.

Contact: Susanne Janecke is the main points of contact, regardless of who conducted the services.



Ongoing Tasks: Please, everyone pitch in when you see the need

- Empty waste baskets
- Take hand towels home to wash
- Water house plants
- Properly distinguishing between trash and recycling and putting in appropriate receptacle
- Empty trash & recycling into the proper outdoor bins
- Take bins to the curb Monday evening & bringing them in after Tuesday pick-up
- Help keep our building clean

Contact: Jean Lown 435-760-2392 or jean.lown@usu.edu



Yard Cleanup: We need regular help throughout the spring, summer and fall picking up trash from our neighbors that land in the east gutter and on the front lawn. Please pitch in and pick up!

We also need help with weeding and other yard work so that we present a well-groomed appearance to the community.

If you can donate an occasional hour of time to enjoy our yard and the company of other CVUUs (during the week, Saturdays, or after church) please contact Jean Lown: jean.lown@usu.edu; 435-760-2392.



CVUU Yard Policy: In keeping with our commitment to environmental justice and acknowledging that we live in a cold desert, we strive to reduce our water use by reducing the amount of lawn grass and replacing with [water-wise plants](#).

When possible we want vegetation to be native and bee- and bird-friendly. Our plan is to add only perennial, water-wise vegetation. The weed barrier helps to reduce the need for weeding.

Plants for USDA Zones 4-5 are best. Sedum, daylilies, iris, cone flowers, globemallow, sedum, rose mallow, penstemon, catmint, gaura, gaillardia are a few examples of water-wise perennials.

*Exceptions to this policy will be reviewed on a case by case basis by the Grounds Team.

Contact Jean at 435-760-2392 or jean.lown@usu.edu with any questions



Financial Advice for CVUU Community: CVUU member Dr. Jean Lown provides financial advice on a sliding scale basis to the CVUU community in exchange for a donation to CVUU.

Jean recently retired from teaching personal finance, investing, retirement and estate planning at USU and the Financial Planning for Women (FPW) seminars.

Jean provides advice on financial concerns ranging from budget and credit problems to investment asset allocation, college and retirement planning.

The standard rate is \$75/hour with reduced rates based on income.

Contact Jean at 435-760-2392 or jean.lown@usu.edu



Building & Facilities: Reminders

CVUU strives to be as 'green' as possible. Read about our [compost and recycling](#) efforts. Turn off the lights to save energy and make sure the doors are locked if you are the last to leave. Check basements lights. Also, check out the CVUU solar power production.



Newsletter Submissions: Best Practices

Submit newsletter items and direct questions to: **Susan Buffler** at coordinator@cvuu.org

Google Groups Listserv Use Reminder: Please limit posts to the Google Groups listserv to CVUU business only (to avoid clogging up already too full email inboxes!). **Contact:** Susan for information about posting to the CVUU Facebook page



Organizational Coordinator: Susan Buffler coordinator@cvuu.org

- Website, monthly newsletter, social networks, Google Groups listserv
- Miscellaneous question

Building Coordinator: Liz Berke building@cvuu.org

- Maintenance
- Supplies
- Building use and rental
- Scheduling ANY CVUU or private event /activity, etc. (so events do not overlap)

Connect with us!



Join us for 10am Sunday Services at
The Jay & Leslie Black Fellowship House
596 E 900 North, Logan, UT
(435) 755-2888
info@cvuu.org



Cache Valley Unitarian Universalists is a [Welcoming Congregation](#)
Visit the [cvuu.org website](http://cvuu.org) to learn more about our church community!

CVUU Calendar: October 2017

Sun	M	T	W	Th	F	Sat
1 Sunday Service Ecology is Theology			4 Amrita Yoga Satsang 6:30pm	5 Socrates Café 7pm Ewe Ewe Fiber Arts Group 7pm	6 CYRC 4:30pm	7
8 Sunday Service Reflections on Nature	9 Cache Valley Buddhist Sangha 7:15pm	10	11 Amrita Yoga Satsang 6:30pm	12 Socrates Café 7pm Ewe Ewe Fiber Arts Group 7pm	13 CYRC 4:30pm	14
15 Sunday Service Beautiful Chaos	16 Cache Valley Buddhist Sangha 7:15pm	17	18 Amrita Yoga Satsang 6:30pm	19 Ewe Ewe Fiber Arts Group 7pm	20 CYRC 4:30pm	21
22 Sunday Service Islamic Center: On Being Muslim in Utah	23 Cache Valley Buddhist Sangha 7:15pm	24	25 Amrita Yoga Satsang 6:30pm	26 Ewe Ewe Fiber Arts Group 7pm	27 CYRC 4:30pm	28
29 Sunday Service Halloween / 5 th Sunday Potluck	30 Cache Valley Buddhist Sangha 7:15pm	31	 All activities listed here are held at the Jay and Leslie Fellowship House located at 596 E. 900 North, Logan, UT unless otherwise noted. See the Connections tab on the cvuu.org website for details about our regular activities			