



Coming Home

The Newsletter of the Cache Valley Unitarian Universalists
VOLUME 23, ISSUE 9

We are a religiously liberal, welcoming community, united in a responsible search for knowledge and spiritual growth. Bound by no dogma or creed, Cache Valley Unitarian Universalists value and promote peace, liberty, social justice, and environmental sustainability through personal, community, and global action.

In this issue...

- Sunday Services
- Tara's Corner
- In Our Thoughts
- Ministry & Service
- Events & Activities
- Announcements
- Ongoing Happenings
- Connect with us!
- Address & Contact Information
- Church Calendar



Leslie Black reads the children's story during a recent Sunday service. Photo credit: *Susanne Janecke*



Sunday Services

all services begin at 10am

September 3: Life Long Learning, Becca Johnson

September 10: Water Communion, Emily James

September 17: Beloved Community, Tara Hawkins

September 24: 4th Sunday Lecture: Prosecuting Rape Cases, Barbara Lachmar



Julianne & Tara

Tara's Corner

"Giving"

I have an absolutely irrational love of school supplies. Every year as school starts up again and the stores are filled with notebooks and Crayons, I long to fill my shopping cart with glitter and glue and number 2 pencils. I get my fix by supporting Jack-packs: backpacks filled with school supplies for underprivileged children.

The children get a cool backpack (such as Ninja Turtles or Hello Kitty) filled with everything on the school shopping list (all the supplies match the backpack).

Jack-packs are the brainchild of Joey Johnson, whose son, Jack, died one day after being born. Every year she gathers supplies for children in honor of Jack, who would have been 11 this year.

She makes something beautiful come from her grief.

We can all give something to the community. Perhaps an annual push to create something beautiful.



Tara Hawkins, Lay Leader

Board of Trustees

Lorien Belton: *Treasurer*

Liz Berke: *Secretary (tent.)*

Anne Hedrick: *Co-President*

Ellen Klomps: *Co-President*

Jim Vandygriff: *Member at large*

Staff

Tara Hawkins

Lay Leader-Worship Coordinator

Susan Buffler

Organizational Coordinator

coordinator@cvuu.org

Program Staff

Julianne Larsen

Children's Program Coordinator

OPEN (*position available*)

Childcare & Children's Program

Assistant

Lyndi Perry

Sunday Music Coordinator

In Our Thoughts



- ❖ Tara Hawkins and Julianne Larsen
- ❖ Emily, Vincent, and Violet Baker
- ❖ Sandy Charlson, Chris Lant, and their daughters Helen and Hannah
- ❖ Friends, members, and their families mourning the loss of loved ones
- ❖ Friends, members, and their families struggling with physical or mental illness and other life struggles
- ❖ *We hold in our hearts all of those around the world in harm's way*

Ministry & Service to the Church



This month, CVUU recognizes **Susanne Janecke** and **Jim Evans**. Jim and Susanne are long-time CVUU members and have served in many capacities over the years. Susanne coordinates and provides the lovely art you see hanging in the Jim and Debbie Gessaman Sanctuary. Susanne is also a major donor of water-wise plants for the CVUU yard and helps with yard and building upkeep among many other things. Jim is currently coordinating the Caring Team and also helps with various other tasks at CVUU.

Thank you Susanne and Jim!

Events & Activities

**Sept
7**

Socrates Café meets at CVUU at **7:00 p.m. on the first Thursday of the month** for stimulating questions and lively discussion. For more information visit the **[Socrates Café page](#)**.

More info contact: Dave Christian at dchristian999@gmail.com

**Sept
9**

Logan Pride Interfaith Service: Together in Peace, Love, Unity, and Joy! All are invited. Attendees are asked to bring any single flower of their choosing. These flowers will be an integral part of the Interfaith Service.

Saturday, September 9

9:30 - 9:55 am Morning snacks and drinks

10:00 - 11:15 am Interfaith Worship Service

St John's Episcopal Church

85 East 100 North, Logan

**Sept
9**

Logan Pride Festival is a family friendly event designed to celebrate the LGBTQ+ community in Cache Valley, Utah, and to bring our community together to promote diversity, and inclusion. This year's festival will feature two live entertainment stages, vendor booths, food trucks, Youth Zone, and Pet Adoption Zone sponsored by Cache Humane Society! Food, entertainment, and much more. Free admission.

11am-5pm

Willow Park

450 W 700 S, Logan

Announcements



"Mulch Movers" needed for a couple hours in September. Contact Jean if you can help (date to be determined) jean.lown@usu.edu; 435-760-2392



Now Hiring! CVUU is hiring a part time Childcare Assistant. Must be available Sundays from 10-11 or 11:30 depending on the week. There may be extra hours of watching kids for special meetings or other events at CVUU.

We are looking for someone who is available to assist with or create lessons for the children. It really is a lot of fun, and you can contact me, Julianne Larsen at jlnnlarsen1@gmail.com or Lorien Belton for details.

We are always looking for extra volunteers to help out in the Children's Program. Dawn Hansen has been very consistent for us bringing great energy to the program. If you think you might like working with kids, please come find me, and we will arrange specifics.

It is more interesting for the kids if you can share a story or activity one time per month or so. If everyone took one Sunday, we would have an enriched program.

Again, thank you to the CVUU community support, as we are looking forward to a fun filled year ahead.



Julianne Larsen, Children's Program Coordinator
jlnnlarsen1@gmail.com
(435)232-7889



Sign up your middle-school youth for OWL! Do you wish your kids could take a comprehensive sexuality education course in Cache Valley? They can! We offer "Our Whole Lives" (OWL) sexuality education courses to interested students. The curriculum emphasizes healthy, complete information on topics of maturation, sexuality, relationships, and health, including gender and sexual orientation. LGBTQ inclusive. No religious content. Course will be taught weekly from Sept 14th to Dec 14th from 6:00 - 8:15 pm at CVUU in Logan.

The middle school course is for students in 7th, 8th, or 9th grade. It will be capped at 18 students.

To enroll a child, please fill out this short google form <https://goo.gl/forms/M5gbtLS0lg5LMli82>

All parents will need to attend an orientation meeting about OWL before enrolling a child. There will be meetings on **August 31st** and **Sept 7th** from **6-7 pm** at CVUU in the youth room. Any parents interested in OWL who cannot make one of these times should email owl@cvuu.org.

Ongoing Happenings



Fundraising the Easy Way! Natural Grocers Cards for sale: Buy \$100, \$50, or \$25 cards at face value and CVUU gets a 5% donation.

Contact Lorien at 770-2413. If you shop there anyway, think about it!



Do you have Feedback for us on CVUU Services? Ideas, comments, or concerns about CVUU services? Please give compliments directly to those giving the services, but direct any complaints or concerns through Susanne.

Contact: Susanne Janecke is the main points of contact, regardless of who conducted the services.



Ongoing Tasks: Please, everyone pitch in when you see the need

- Empty waste baskets
- Take hand towels home to wash
- Water house plants
- Properly distinguishing between trash and recycling and putting in appropriate receptacle
- Empty trash & recycling into the proper outdoor bins
- Take bins to the curb Monday evening & bringing them in after Tuesday pick-up
- Help keep our building clean

Contact: Jean Lown 435-760-2392 or jean.lown@usu.edu



Yard Cleanup: CVUU Grounds are looking good but need continuous attention.

We need regular help throughout the year picking up trash from our neighbors that lands in the east gutter and on the front lawn. Please pitch in and pick up one piece of trash!

We also need help with weeding and other yard work so that we present a well-groomed appearance to the community.

If you can donate an occasional hour of time to enjoy our yard and the company of other CVUUers (during the week, Saturdays, or after church) please contact Jean Lown: jean.lown@usu.edu; 435-760-2392.



CVUU Yard Policy: In keeping with our commitment to environmental justice and acknowledging that we live in a cold desert, we strive to reduce our water use by reducing the amount of lawn grass and replacing with [water-wise plants](#).

When possible we want vegetation to be native and bee- and bird-friendly. Our plan is to add only perennial, water-wise vegetation. The weed barrier helps to reduce the need for weeding.

Plants for USDA Zones 4-5 are best. Sedum, daylilies, iris, cone flowers, globemallow, sedum, rose mallow, penstemon, catmint, gaura, gaillardia are a few examples of water-wise perennials.

*Exceptions to this policy will be reviewed on a case by case basis by the Grounds Team.

Contact Jean at 435-760-2392 or jean.lown@usu.edu with any questions



Financial Advice for CVUU Community: CVUU member Dr. Jean Lown provides financial advice on a sliding scale basis to the CVUU community in exchange for a donation to CVUU.

Jean recently retired from teaching personal finance, investing, retirement and estate planning at USU and the Financial Planning for Women (FPW) seminars.

Jean provides advice on financial concerns ranging from budget and credit problems to investment asset allocation, college and retirement planning.

The standard rate is \$75/hour with reduced rates based on income.

Contact Jean at 435-760-2392 or jean.lown@usu.edu



Building & Facilities: Reminders

CVUU strives to be as 'green' as possible. Read about our [compost and recycling](#) efforts. Turn off the lights to save energy and make sure the doors are locked if you are the last to leave. Check basements lights. Also, check out the CVUU solar power production.



Newsletter Submissions: Best Practices

Submit newsletter items and direct questions to: **Susan Buffler** at coordinator@cvuu.org

Google Groups Listserv Use Reminder: Please limit posts to the Google Groups listserv to CVUU business only (to avoid clogging up already too full email inboxes!). **Contact:** Susan for information about posting to the CVUU Facebook page.



Organizational Coordinator: Susan Buffler is the current CVUU Organizational Coordinator.

Susan is the **Point of Contact** for the following:

- Building use and rental
- Scheduling ANY CVUU or private event /activity, etc. (so events do not overlap)
- Website, monthly newsletter, social networks, Google Groups listserv
- Referral to appropriate staff / Team members
- Miscellaneous questions

Please send inquiries and schedule events through Susan at coordinator@cvuu.org

Connect with us!



Join us for 10am Sunday Services at
The Jay & Leslie Black Fellowship House
596 E 900 North, Logan, UT
(435) 755-2888
info@cvuu.org



Cache Valley Unitarian Universalists is a [Welcoming Congregation](#)
Visit the [cvuu.org website](http://cvuu.org) to learn more about our church community!



CVUU Calendar: September 2017

Sun	M	T	W	Th	F	Sat
 <p>All activities listed here are held at the Jay and Leslie Fellowship House located at 596 E. 900 North, Logan, UT unless otherwise noted.</p> <p>See the Connections tab on the cvuu.org website for details about our regular activities</p>					1 CYRC 4:30pm	2
3 Sunday Service Life Long Learning	4 Cache Valley Buddhist Sangha 7:15pm	5	6 Amrita Yoga Satsang 6:30pm	7 Socrates Café 7pm Ewe Ewe Fiber Arts Group 7pm	8 CYRC 4:30pm	9
10 Sunday Service Ingathering: Water Communion	11 Cache Valley Buddhist Sangha 7:15pm	12	13 Amrita Yoga Satsang 6:30pm	14 Ewe Ewe Fiber Arts Group 7pm	15 CYRC 4:30pm	16
17 Sunday Service Beloved Community	18 Cache Valley Buddhist Sangha 7:15pm	19	20 Amrita Yoga Satsang 6:30pm	21 Ewe Ewe Fiber Arts Group 7pm	22 CYRC 4:30pm	23
24 Sunday Service 4th Sunday Lecture: Prosecuting Rape Cases	25 Cache Valley Buddhist Sangha 7:15pm	26	27 Amrita Yoga Satsang 6:30pm	28 Ewe Ewe Fiber Arts Group 7pm	29 CYRC 4:30pm	30