



## Coming Home

The Newsletter of the Cache Valley Unitarian Universalists VOLUME 22, ISSUE 9

We are a religiously liberal, welcoming community, united in a responsible search for knowledge and spiritual growth. Bound by no dogma or creed, Cache Valley Unitarian Universalists value and promote peace, liberty, social justice, and environmental sustainability through personal, community, and global action.

#### In this issue...

- Sunday Services & Children's Program Topics
- Address and contact information
- Tara's Corner
- In Our Thoughts
- Quotes
- What we've been doing!
- Events & Announcements
- Church Calendar



## **Sunday Services**

all services begin at 10am

**September 4:** Life Without Time – Tara Hawkins

Children's Program: TBA

September 11: Global Conflict – Cherie Mockli

Children's Program: Inherent Worth: What Does it Mean? UU 1st Principle

September 18: Water Communion Ingathering - Tara Hawkins & Ellen Klomps

Multigenerational Service

**September 25:** 4th Sunday Lecture: Interfaith Sunday – Bonnie Glass Coffin

Children's Program: Fair to Everyone — UU  $2^{nd}$  Principle

# Join us for Sunday Services at The Jay and Leslie Black Fellowship House 596 E 900 North, Logan, UT

(435) 755-2888 info@cvuu.org



Cache Valley Unitarian Universalists is a <u>Welcoming Congregation</u>
Visit the cvuu.org website to learn more about our church community!





#### Tara's Corner

#### 'Summer'

For some of us, there is a moment in our lives that we cannot forget. With any luck, there are many such moments and they are favorite films we screen in our minds year after year.

Julianne & Tara

When I was a child, we lived all over the country because my Dad was in Navy. Each summer, we'd drive across the country to spend a few weeks with my maternal grand-parents in Cove.

My great - grandmother, Alice Jensen, would run down the drive with her arms held wide open to embrace us. She would feed us homemade cookies and play Blackjack with us. She had shelves of coloring books, a box full of crayons, and a drawer full of toys.

My grandparents, Beth and Dick, were vegetarians and did Yoga. They lived the house next door to Grandma Alice. They would take us hiking and camping up High Creek.

My Grandpa Dick had built a gazebo the back yard and we would sit there and eat watermelon and spit seeds into the middle. We would have picnics between the houses and Grandpa (who had cancer and was supposed to be careful of his diet) would sneak some ice cream.

We would run barefoot and wild all summer long.

Come September, we would be in a new house in a new neighborhood in a new school. We would

have new sneakers and new jeans and make new friends. We would study Math and Cursive and play on asphalt far away from dirt roads and fields of safflower.

I hope your summer was filled with adventure enough to see you through the fall.



Tara Hawkins, Lay Leader

#### **Board of Trustees**

**Dave Christian** Board President

Jay Black Jennifer Courtwright **Chris Lant Todd Seeholzer** 

#### **Staff**

Tara Hawkins Lay Leader

Sharla Hart Organizational Coordinator

#### Program Staff

Julianne Larsen

Children's Program Coordinator

Rowan Ferré

Childcare & Children's Program Assistant

Lyndi Perry

Sunday Music Coordinator



### In Our Thoughts

- Nyla Newman
- Cora Sullivan in Assisted Living
- Friends, members, and their families mourning the loss of loved ones
- Friends, members, and their families struggling with physical or mental illness and other life struggles
- We hold in our hearts all of those around the world in harm's way

On hope...

"Hope is being able to see that there is light despite all of the darkness." – Desmond Tutu

"We have always held to the hope, the belief, the conviction that there is a better life, a better world, beyond the horizon." - Franklin Delano Roosevelt

"Hope is a waking dream." – Aristotle

### What We've Been Doing

Read the latest news on who's who and what we've been up to lately!

#### People & Activities:



The CVUU yard is looking great! Thanks to Billie, Bobbie, Bryan, Sandra, Leslie, and Jay who helped weed, whack, trim, sweep, and saw the greenery into shape and clean up the residue from the eggs adhering to the driveway and exterior brick wall of the youth room. The hose and an old tooth brush helped release the baked on egg. Glad to report that no crosses were burned on the lawn.

We enjoyed a lovely, not too hot morning of camaraderie and exercise. Stay tuned for more yard parties this fall.

Save the dates:

Saturday September 24 Saturday, October 29 Saturday, November 5 for leaf work

Activate New Orleans: CVUU Youth featured on the Unitarian Universalist College of Social Justice Facebook Page!

Here is the Facebook post: "For August's #SocialJusticeSunday, we are highlighting the <u>Cache Valley Unitarian-Universalists</u> in Logan, UT. Cache Valley recently sent three fantastic youth (Rowan, Joanna and Trista) to #Activate New Orleans: #RacialJustice showing not only their dedication to developing youth leaders, but also their commitment to justice activism. Cache Valley is also a leader when it comes to #Environmental Justice and living our 7th Principle. The steps they have taken to become a sustainable church home are truly astounding." Way to go CVUU Youth!



Happy Birthday Cora! Long-time CVUU member Cora Sullivan celebrates turning 90. Cora mentioned she had attended so many parties that she was exhausted but having fun!



Cora celebrate her 90th birthday in style with birthday cards and cake

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#### Action Teams:

Cache Valley Unitarian Universalists could not operate without the dedication of members and friends who voluntarily donate their time and talent to keep programming and facilities running smoothly.

Click here to read more about our volunteer led Action Teams



#### **Building & Facilities: Reminders**

CVUU strives to be as green as possible. Read about our <u>compost and recycling</u> efforts. Turn off the lights to save energy and make sure the doors are locked if you are the last to leave. Check basements lights. Check out the CVUU <u>solar power production</u>.



**Environmental & Social Justice**: The E&SJ Team staffed a community outreach table at the Cache Valley Gardener's Market on July 30<sup>th</sup> to highlight <u>Standing on the Side of Love</u>, <u>Black Lives Matter</u>, <u>Citizens Climate Lobby</u>, air quality and other issues of national and local importance.



Jenny and Bryan help staff the Environmental & Social Justice table at the Logan Gardener's Market



#### Justice in the News...

Unitarian Universalists Sue For Right To Use Solar Panels, Cite Religious Freedom by Jack Jenkins, Think Progress. The UU Church in New Bedford, MA was denied a permit to install solar panels by the Historic District commission.

Read the article here ...

What I Said When My White Friend Asked for My Black Opinion on White Privilege by Lori Lakin Hutcherson, GOODBLACKNEWS. "Yesterday, I was tagged in a post by an old high school friend, asking me and a few others a very public, direct question about white privilege and racism. I feel compelled to publish not only his query but also my response to it, as it may be a helpful discourse for more than just a handful of folks on Facebook." Read the article here...



#### Membership... a few reminders!

Below is an overview of upcoming **5th Sunday potlucks** and **Circle Dinners**. Looks like we've got a Circle Dinner coming up this month, so be ready for emails about that - and if you want to sponsor a dinner, let one of the Membership Team know in person or via email at <a href="mailto:cvuu@info.org">cvuu@info.org</a> (put Circle Dinner in the Subject line).

**OVERVIEW:** 

5th Sunday Potluck: July, October 2016 and January, April 2017,

<u>Circle Dinners</u>: September 2016, February & May, 2017

**Solstice Dinner**: December 2016

CIRCLE DINNERS: The Membership Team is looking for people interested in hosting Circle Dinners at their home, including those who might want to host one for folks with young children, so please consider doing so! A Circle Dinner is a potluck hosted by one person/family at their home with a small group of CVUUers invited. This is a great way for a smaller group of people to get together for food and fellowship.

**GREETERS:** Again, to further encourage everyone to think of themselves as stewards of the church and community, we are shifting to a sign up for Sunday Greeters and for set-up and clean-up for 5th Sunday Potlucks. I'll be emailing out the Greeter signup sheet soon and you will see one posted at the church.

Greeting is easy - be there a bit early to greet people as they come in, hand out orders of service, information, nametags and the like (there will be a sheet with more details at the church for you).

We'd like 2 greeters each Sunday, so consider it; grab a partner to sign up also and help out. Secondly, if we all take our turns at helping to set up OR cleanup for the potlucks, we can spread the work - and the joy! If you sign up for either, you won't need to bring a dish to share that day. The sign up for Potluck help will appear soon.

**RUAUU?** Lastly, for those of you who sat in on Leslie Black's Are you UU?, we will have the follow up this month. Be on the lookout for details.

Thanks!

Sandy Charlson on behalf of the Membership Team: Leslie Black, Sharla Hart, Julianne Larsen, Marlene Conner, Anne Hedrick

#### **Events & Announcements**



**September 17: CVUU Environmental and Social Justice Team** will be hosting a booth at Cache Valley Gardener's Market Sept. 17. We will be highlighting local activities in support of <u>Standing on the Side of Love</u>, <u>Black Lives Matter</u>, <u>Climate Justice</u>, and <u>local refugee</u> issues.

Volunteers are needed to help out or just stop by and show your support! If you are interested in being involved please contact Paul Rogers or Jenny Norton for more information via <a href="mailto:info@cvuu.org">info@cvuu.org</a> (put <a href="mailto:E&SJ">E&SJ</a> in the subject line of the email).



**September 24:** ALL BUILDING USERS are invited to participate in CVUU Yard Activities:

> Saturday September 24 Saturday, October 29 Saturday, November 5

Starting at 10AM until about 1PM (feel free to come earlier if that works for your schedule).

Help with weeding, mulching, raking leaves, and trimming bushes, among other healthy activities. Join us for a fun social activity. Kids are welcome. Bring gloves, clippers, rakes, weeding tools.

Questions? Contact Jean at 435-760-2392. Or jean.lown@usu.edu



**September 28: CVUU Hike** with co-leaders Susanne Janecke and Marilyn Hammond every fourth Sunday during the hiking season. Join us for exercise and fellowship. Meet at the <u>Forest Service Station</u> parking lot on 400 N. at 1:30pm to carpool to the trailhead. Bring sturdy shoes, water, snacks, and sunscreen. <u>Read more here</u>

For more information about our regular activities and a list of affinity groups, please see the <u>Connection</u> tab on the <u>CVUU Website</u>

### October 8: 1st Annual Logan Pride Festival www.loganpride.org

The Logan Pride Festival is an annual event for our community to come together regardless of differences to celebrate diversity.

It is a celebration of shared values and is a way to entertain and engage not only the LGBTQ community, but our friends, families and allies.

By sponsoring our festival, you are becoming an integral part of this celebration. Logan Pride Festival is a 501c3 non-profit organization.

Logan Pride Facebook event page



#### **Financial Planning For Women**

#### **Improve Your Personal Finances**

Need help sorting out your personal finances? Trying to figure out how to afford college tuition? Not sure about your asset allocation for retirement? CVUU member Dr. Jean Lown provides financial advice on a sliding scale basis to the CVUU community in exchange for a donation to CVUU.

Jean teaches personal finance, investing, retirement and estate planning at USU and the Financial Planning for Women (FPW) seminars. Jean provides advice on financial concerns ranging from budget and credit problems to investment asset allocation and retirement planning. The standard rate is \$75/hour with reduced rates based on income. Contact Jean at 435-760-2392 or <a href="mailto:jean.lown@usu.edu">jean.lown@usu.edu</a>

#### <u>Financial Planning for Women</u> <u>Financial Planning for Women on Facebook</u>

Check the searchable **FPWBlog** for lots of great consumer and financial planning information.



## Newsletter Submissions: Best Practices Submit newsletter items and direct questions to:

Susan Buffler at info@cvuu.org

- ✓ Articles no longer than 250 words preferably in Microsoft Word
- ✓ Any submission subject to editing
- ✓ Photos encouraged
- ✓ Make sure you have permission in writing /or attribution to use an image, particularly from parents of children
- ✓ **Do NOT** use images from the internet unless they have <u>Creative Commons</u> licenses (include license with image)

**Deadline:** the evening of the second day before the end of the month. Items received after the deadline will not be posted for that month.

#### Connect with us!







## CVUU Church Calendar: September 2016

Sun.	M	T	W	Th.	F	Sat.
All activities listed here are held at the Jay and Leslie Fellowship House located at 596 E. 900 North, Logan, UT unless otherwise noted.  See the Connections tab on the cvuu.org website for details about our regular activities			31 Amrita Yoga Satsang 6:30pm	1 Ewe Ewe Fiber Arts Group 7pm	2 CYRC 4:30pm	3
4 Sunday Service Life Without Time	5 Cache Valley Buddhist Sangha 7:15pm	6	7 Amrita Yoga Satsang 6:30pm	8 Ewe Ewe Fiber Arts Group 7pm	9 CYRC 4:30pm	10
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