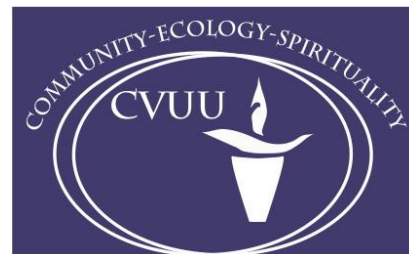


# Coming Home

*The Newsletter of the Cache Valley Unitarian Universalists*

JUNE 2016: VOLUME 22, ISSUE 6



*We are a religiously liberal, welcoming community, united in a responsible search for knowledge and spiritual growth. Bound by no dogma or creed, Cache Valley Unitarian Universalists value and promote peace, liberty, social justice, and environmental sustainability through personal, community, and global action.*

## Sunday Services

All services begin at 10am



**JUNE 5:** *Translations of Cheer*  
Visiting minister Jessica Clay

**JUNE 12:** *Growing With Conflict*  
Visiting minister Jessica Clay

**JUNE 19:** *Love and Survival*  
Tara Hawkins

**JUNE 22:** 4th Sunday Lecture: TBA

Join us for Sunday Services at *The Jay and Leslie Black Fellowship House*

596 E 900 N, Logan, UT

(435) 755-2888

[info@cvuu.org](mailto:info@cvuu.org)

[cvuu.org](http://cvuu.org)



## Tara's Corner

### "Fathers"



I think about my Dad this time of year. He's a retired ocean engineer.

For most of my life, pretty much everything my Dad did professionally was classified.

He would exit the house in his stocking feet in the wee hours of the morning so as not to wake us up, then reappear quite casually at the dinner table a few weeks later. My younger brother called him "the shadow man."

In later years, Dad started working in the private sector and less, but not all, of what he did was unclassified. If you saw "Titanic" or "National Treasure," you saw some of his work. Underwater work vehicles.

Now Dad is mostly retired. He works for the occasional client if the job sounds interesting. He gardens. He goes skiing. He spends the day disassembling his dryer. He calls and we compare weather. Since he's in California, he almost always wins.

Happy Father's Day!



Tara Hawkins, Lay Leader



Julianne and Tara



The Jay and Leslie Fellowship House



## CVUU Board of Trustees

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**Lorien Belton**, Treasurer

**Dave Christian**, President

**Jennifer Courtwright**, Secretary

**Chris Lant**, Board member

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Lay Leader & Worship  
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Director of Religious  
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**Music Director**

Lyndi Perry

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**Social & Environmental  
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**Grounds**

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**Membership/Fellowship**

Sandra Charlton

**Susan Buffler**

Communications Coordinator:  
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[cvuu.newlsetter@gmail.com](mailto:cvuu.newlsetter@gmail.com)

# Who's in Charge Here Anyway?



## President's Page – "Dr. Dave"

"Welcome Jessica Clay: Visiting UU Minister"

For those of you not in attendance at the Membership Dinner, I announced that we will have a special guest minister this summer.



Jessica Clay will preach June 5, June 12, & July 3. Jessica has been a candidate for Fellowship with the UUA and a seminarian at Starr King School for the Ministry. She graduates this month with her Masters in Divinity.

She will be spending her summer in Salt Lake City. She has preached extensively in churches in the San Francisco Bay Area.

Occupational therapy was her first career. She worked with children with special needs in the Los Angeles School District. While in seminary Jessica volunteered at San Quentin State Prison and Dublin Federal Women's Prison, teaching courses on emotional literacy.

She also served as student body vice-president and student body president. Her tentative sermon titles (in order) are as follows: "Translations of Cheer," "Growing with Conflict," and "Conflicting Fireworks of Patriotism."

We will send out fuller descriptions of these sermons as they approach. As usual, invite your friends. Let's give Jessica a big CVUU welcome!



*Dave Christian, CVUU Board President*

## Annual Congregational Meeting



## This I Believe

The “*This I Believe*” series provides an opportunity for members and friends of CVUU to reflect upon guiding beliefs and core values and to share the diversity of beliefs of our congregation.

This I Believe, Inc., was founded in 2004 as an independent, not-for-profit organization that engages youth and adults from all walks of life in writing, sharing, and discussing brief essays about the core values that guide their daily lives.

In reviving *This I Believe*, executive producer Dan Gediman said, “The goal is not to persuade Americans to agree on the same beliefs. Rather, the hope is to encourage people to begin the much more difficult task of developing respect for beliefs different from their own.”

*This I Believe* is based on a 1950s radio program of the same name. Read more...

[This I Believe](#)



Sharla Hart presents her “*This I Believe*” at a recent Sunday service

## Welcome back summer citizens!

Each year we welcome returning summer citizens and newcomers to our community as they seek escape from the summer heat of Arizona and other southwestern states.

Utah State University offers summer educational programming and other activities for those wishing to spend some time in northern Utah during the summer months.

### SUMMER CITIZENS AT USU: LIVE AND LEARN AT THE TOP OF UTAH

## Welcome New CVUU Music Coordinator!

The CVUU Personnel Team and Board of Trustees is pleased to announce that we have hired a new Music Coordinator.

A friend of outgoing Music Coordinator Michelle Wiltgen, Ms. Lyndi Perry is from Tremonton and is a Masters student at Utah State.

She sings and plays guitar with the folk-rock band Solduro and sometimes serves as MC at Open Mic at Eagles.

Starting June 1, Lyndi will be responsible for the musical component of Sunday services throughout the year, sometimes performing herself, sometimes leading us in song, sometimes inviting in a guest from her network of fellow musicians.

Please welcome Lyndi as she learns her new musical gig.

## May Community Party & Potluck



Fun with children and dogs



Impromptu inspirational speech presented by CVUU Board President, “Dr. Dave”





*Logan River*

### **Come hike with us!**

Joining us on a hike is a great way to enjoy beautiful Cache Valley and Logan Canyon, get fresh air and exercise, as well as getting to know fellow CVUUsers.

Our next hike will be **May 22<sup>nd</sup>** at **1:30 pm** for the next hike. Details posted below.

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CVUUser Susanne Janecke and Marilyn Hammond will lead a group walk or hike for CVUU on the **4th Sunday of every month during the walking season**. Please join us if you can.

Meet at the **Forest Service Station on 400 N at 1:30pm**. Car pools and biking are encouraged. Please bring water, sturdy shoes, a hat, sunscreen, and a sack lunch if you don't have time to eat your lunch beforehand.

We will select trails that are suitable for a range of abilities. These might include the Bonneville Shoreline Trail, River Trail, Green Canyon, Wood Camp, Mill Hollow, Temple Fork, or Spawn Creek.

Feel free to suggest your favorite walk or hike!

Contact Susanne for more info:  
[susanne.janecke@usu.edu](mailto:susanne.janecke@usu.edu)

## **CVUU Hikers**

Twelve **CVUU hikers** had a great time hiking and getting to know each other along the Logan River Nature Trail and enjoyed waterfalls at Spring Hollow on May 22<sup>nd</sup>. All hiking ability levels welcome!



*Waterfalls, wildflowers, and fellowship*



*Hidden waterfall at Spring Hollow in Logan Canyon*

## Fundraising via Natural Grocers Gift Cards



Do you do any of your shopping at Natural Grocers?

If so, consider buying gift cards through CVUU to use for your shopping there.

It's the same cost to you, but if you buy gift cards from CVUU, 5% of the amount you spend is donated to CVUU!

When many of us participate, it adds up to an important contribution to our community.

You don't have to be a member of CVUU to participate.

Even if you don't attend CVUU regularly, but just value the presence of this resource in our Logan community, consider this as a way to show your support for the values and programs we encourage, like comprehensive sexuality education for teens, safe space for LGBT and homeless youth in our community, and a community where personal spiritual journeys are supported and respected.

Gift cards come in \$25, \$50, and \$100 amounts. Some people buy a regular amount each month; others just purchase a card when needed.

Contact Lorien at 435-770-2413 if you are interested.



Lorien Belton, Treasurer



## CVUU Building & Grounds Reminders



**COMPOSTING REMINDER:** Yes, we do compost. Use the blue bucket on the counter left of the sink. Please dump into compost bin on east side of building as needed.

Please help yourself to the empty plant pots in the backyard.



### **RECYCLING:** Please help make CVUU a true Green Sanctuary **DO**

- **USE** the new **BLUE BIN** recycling container under the kitchen counter
- **BE** more conscientious about separating trash and recyclables
- **GLASS RECYCLE:** Rinse glass containers and place in basket under the sink in the CVUU kitchen
- **EDUCATE** yourself **and your children** about the difference between trash and recyclables
- Make **SURE** that items are recyclable (Items might not be even if they have the recycle symbol)
- **Plastic bags** are **NOT** recyclable
- Put **any items with food** (even if marked with a recycling symbol) in the **TRASH**
- Put **Paper towels** and **tissues** in the **TRASH**
- Take a few minutes to **educate** yourself and your children

**LOGAN CITY RESIDENTIAL COLLECTIONS: RECYCLING** Help out the folks who sort the recycled materials and **remove any trash and contaminated containers.**



**PLANTS:** Please check and water indoor plants in dining room and room reading/library /cry room as needed. Please avoid overwatering.



**LIGHTS:** Last person(s) out turn off **ALL** lights inside and out (including downstairs/make sure you go down and check) and make sure all doors and windows are locked. Thanks!



**POWER:** Check it out! [CVUU solar power production](#)

**Cache Solar Discount Program** extended another year! [Read more here...](#)

# Regular Happenings



## Cache Youth Resource Center (CYRC)

The [CYRC](#) is a youth drop-in center open every Friday 4:30-7:30 to any youth age 14-23. We are a safe and supportive space for LGBTQ youth. Meets at CVUU in the Youth Room/northwest entrance.

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**Socrates Café** meets at 7:00 p.m. on the first Tuesday of every month for stimulating questions and lively discussion. We meet right here at CVUU.

Participants are invited to submit a question or topic to discuss. We vote for our favorite question and then the discussion begins! We wrap up by 8:30. We are one of over 600 Socrates Cafes meetings worldwide.

email [Dave Christian](#) to be added to our reminder list.  
For more info, check out [Philosopher.org](#). Hope to see you!

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## Ewe Ewe Fiber Arts Group

Join the CVUU Ewe Ewes (get it!) every Thursday evening at 7pm at CVUU for an evening of sharing, fiber arts and crafts. Beginners welcome! Snacks and a bit of wine are usually served. U do not have to be UU (or drink wine) to join the Ewe Ewes!



Contact Susan at [info@cvvu.org](mailto:info@cvvu.org) to confirm if the group will meet on a given evening OR join The Ewe Ewes Fiber Arts public [Facebook Group page](#)

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## Financial Planning For Women

### Improve Your Personal Finances

Need help sorting out your personal finances? Trying to figure out how to afford college tuition? Not sure about your asset allocation for retirement? CVUU member Dr. Jean Lown provides financial advice on a sliding scale basis to the CVUU community in exchange for a donation to CVUU.

Jean teaches personal finance, investing, retirement and estate planning at USU and the Financial Planning for Women (FPW) seminars. Jean provides advice on financial concerns ranging from budget and credit problems to investment asset allocation and retirement planning. The standard rate is \$75/hour with reduced rates based on income. Contact Jean at 435-760-2392 or [jean.lown@usu.edu](mailto:jean.lown@usu.edu) (Jean will be out of town through July)

### [Financial Planning for Women](#)

**June 8:** Mutual Funds for IRAs and other Goals

**July 13:** Best Ways to Save for College

Join us at 11:30-12:30 p.m. in USU Taggart Student Center Room 336 (bring your lunch) or 7-8:30 p.m. at the USU Family Life Center, 493 North 700 East, Logan (free, easy parking). The longer evening session allows for more discussion.

No charge; all ages and knowledge levels are welcome. Men are always welcome.


For information: 435-797-1569 [jean.lown@usu.edu](mailto:jean.lown@usu.edu)

### [Financial Planning for Women on Facebook](#)

Check the searchable [FPW Blog](#) for lots of great consumer and financial planning information:



# CVUU Calendar: June 2016

<i>Sun.</i>	<i>M</i>	<i>T</i>	<i>W</i>	<i>Th.</i>	<i>F</i>	<i>Sat.</i>
	30 Cache Valley Buddhist Sangha 7:15pm	31 Socrates Café 7pm (see p.8)	1 Amrita Yoga Satsang 6:30pm	2 Ewe Ewe Fiber Arts Group 7pm (see p. 6)	3 CYRC 4:30pm (see p. 6)	4
5 Sunday Service Translations of Cheer	6 Cache Valley Buddhist Sangha 7:15pm	7 Socrates Café 7pm (see p.6)	8 Amrita Yoga Satsang 6:30pm	9 Ewe Ewe Fiber Arts Group 7pm	10 CYRC 4:30pm	11
12 Sunday Service Growing With Conflict	13 Cache Valley Buddhist Sangha 7:15pm	14	15 Amrita Yoga Satsang 6:30pm	16 Ewe Ewe Fiber Arts Group 7pm	17 CYRC 4:30pm	18
19 Sunday Service Love and Survival	20 Cache Valley Buddhist Sangha 7:15pm	21	22 Amrita Yoga Satsang 6:30pm	23 Ewe Ewe Fiber Arts Group 7pm	24 CYRC 4:30pm	25
26 Sunday Service 4 <sup>th</sup> Sunday Lecture: TBA Congregational Meeting	27 Cache Valley Buddhist Sangha 7:15pm	28	29 Amrita Yoga Satsang 6:30pm	30 Ewe Ewe Fiber Arts Group 7pm	 All activities listed here are held at the <b>Jay and Leslie Fellowship House</b> located at <b>596 E. 900 N., Logan, UT</b> unless otherwise noted	