

# Coming Home

*The Newsletter of the Cache Valley Unitarian Universalists*  
VOLUME 23, ISSUE 3

*We are a religiously liberal, welcoming community, united in a responsible search for knowledge and spiritual growth. Bound by no dogma or creed, Cache Valley Unitarian Universalists value and promote peace, liberty, social justice, and environmental sustainability through personal, community, and global action.*

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## Sunday Services

**all services begin at 10am**

**March 5 :** A Brief History of Islam – Jennifer Courtwright

**March 12:** This I Believe – William Hochstedler

**March 19:** Fertile Ground – Tara Hawkins

**March 26:** 4<sup>th</sup> Sunday Lecture: Using Our Resources for Good – multiple speakers



## Tara's Corner

### "Invest in the Long Game"

For the first time in a long time, California is not under drought conditions. In fact, the reservoirs and creeks and rivers are overflowing. The long sought rain is now causing flooding and mudslides.

Here in Cache Valley, we've been having mild but wet conditions as well. We are also experiencing floods. My friends back east report that they're being pounded with snow. There have been days when the white-out was so serious that even the snowplows had to stop.

The weather is changing. Can we change with it?

It is still a good idea to carpool. It is still a good idea to turn off your car instead of idling. It is still a good idea to take the bus or bicycle or walk. It is still a good idea to bring your own bags when you shop. It is still a good idea to recycle. Purchasing alternative energy is still a good idea. Contacting your legislators about global warming and giving them a piece of your mind is still a good idea. Extra points if all of your "new" clothes come from Somebody's Attic.

The only problem with these ideas is that everyone has heard them before and all too many people have dismissed them as being too small, too tame to challenge something as awe inspiring as the weather.

They don't believe that small changes, applied consistently, bring about large results. They believe the weather is in God's hands – not in ours.

We must invest in the long game: Looking forward not months or years, but decades and centuries. We must invest in our children and our grandchildren; teaching them to work for a day when no one fears the weather. They know how to influence it, to change it as best fits their needs.

This is not a fantastic sci-fi dream. We know perfectly well that our actions affect the weather. The challenge is to determine how to do so purposefully.



Tara Hawkins, Lay Leader

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#### **Program Staff**

Julianne Larsen  
*Children's Program Coordinator*

Rowan Ferré  
*Childcare & Children's Program Assistant*

Lyndi Perry  
*Sunday Music Coordinator*

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# In Our Thoughts



- ❖ Friends, members, and their families mourning the loss of loved ones
- ❖ Friends, members, and their families struggling with physical or mental illness and other life struggles
- ❖ *We hold in our hearts all of those around the world in harm's way*

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## On rebirth...

"Sometimes you have to kind of die inside in order to rise from your own ashes and believe in yourself and love yourself to become a new person." - Gerard Way

"If you live in the dark a long time and the sun comes out, you do not cross into it whistling. There's an initial uprush of relief at first, then-for me, anyway - a profound dislocation. My old assumptions about how the world works are buried, yet my new ones aren't yet operational. There's been a death of sorts, but without a few days in hell, no resurrection is possible." - Mary Karr

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## Events



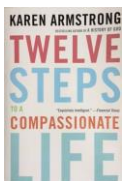
**March 2: Socrates Café** meets at 7:00 p.m. on the first Thursday\* of every month for stimulating questions and lively discussion. For more information visit the [Socrates Café page](#) on the CVUU website. Contact: Dave Christian at [dchristian999@gmail.com](mailto:dchristian999@gmail.com)

**\*NOTE:** change of day



**March 4 & 5: Orange Fundraiser pickup:** If you ordered oranges for the CVUU fundraiser, they will be available for pick up in the afternoon at the **Icon parking lot** (1500 S 1000 W), **Saturday, March 4<sup>th</sup>** and at **CVUU** on **Sunday, March 5<sup>th</sup>** after the Sunday service (11ish) in the Youth Room.

Contact: Anne at [unintasfamily@gmail.com](mailto:unintasfamily@gmail.com), or call / text at 435-764-7354



**March 21: Adult Religious Exploration Book Group: *12 Steps to a Compassionate Life* (chapters 5-8)**

This group will meet once a month on the 3<sup>rd</sup> Tuesday (March 21<sup>st</sup>) of the month for an hour to discuss Karen Armstrong's book "*Twelve Steps to a Compassionate Life*" and to commit and support each other in cultivating compassion in our daily lives. You are welcome to join us anytime.

Contact: Jennifer Courtwright at [courtwtjl@dukes.jmu.edu](mailto:courtwtjl@dukes.jmu.edu)



## June 19-25th: Western Unitarian Universalists Life Festival summer

**camp:** Seeking teachers for our annual week long UU summer camp, the Western

Unitarian Universalist Life Festival (WUULF). Enjoy fun, community and beautiful scenery in New Mexico. This year's theme is "Find Your Fiesta," with community ministers Nancy Bowen and Howell Lind.

We have programs for the whole family. We need two or three more teachers for the youth programs that meet on Tuesday, Thursday and Saturday during morning and afternoon hours.

Teachers expenses covered by WUULF. To register, see the website and catalog at [wuulf.org](http://wuulf.org). Prospective teachers can contact Di Mapes, Youth Program Director at [dianajoymapes@yahoo.com](mailto:dianajoymapes@yahoo.com)

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## Announcements



**Fundraising the Easy Way! Natural Grocers Cards for sale:** Buy \$100, \$50, or \$25 cards at face value and CVUU gets a 5% donation.

Contact Lorien at 770-2413. If you shop there anyway, think about it!



**Have Feedback on CVUU Services?** If you have ideas, comments, or concerns about CVUU services, Jennifer Courtwright and Susanne Janecke are the main points of contact, regardless of who conducted the services. Please give compliments directly to those giving the services, but direct any complaints or concerns through Jennifer or Susanne.



**Ongoing Tasks:** Please, everyone pitch in

- Empty waste baskets
- Take towels home to wash
- Water house plants
- Properly distinguishing between trash and recycling and putting in appropriate receptacle
- Empty trash & recycling into the proper outdoor bins
- Take bins to the curb Monday evening & bringing them in after Tuesday pick-up
- Help keep our building clean
- Any remaining spring snow shoveling



**Financial Advice for CVUU Community:** CVUU member Dr. Jean Lown provides financial advice on a sliding scale basis to the CVUU community in exchange for a donation to CVUU.

Jean recently retired from teaching personal finance, investing, retirement and estate planning at USU and the Financial Planning for Women (FPW) seminars.

Jean provides advice on financial concerns ranging from budget and credit problems to investment asset allocation, college and retirement planning.

The standard rate is \$75/hour with reduced rates based on income.

Contact Jean at 435-760-2392 or [jean.lown@usu.edu](mailto:jean.lown@usu.edu)

## Energy in Action... what we are doing

Valley Unitarian Universalists could not operate without the dedication of members and friends who voluntarily donate their time and talent to keep programming and facilities running smoothly.

### ➤ People, Activities, & Action Teams

[Read more about our volunteer led Action Teams here...](#)



### Building & Facilities: Reminders

CVUU strives to be as 'green' as possible. Read about our [compost and recycling](#) efforts. Turn off the lights to save energy and make sure the doors are locked if you are the last to leave. Check basements lights. Also, check out the CVUU [solar power production](#).



### Newsletter Submissions: Best Practices

Submit newsletter items and direct questions to: Susan Buffler at [info@cvuu.org](mailto:info@cvuu.org)

**Google Groups Listserv Use Reminder:** Please limit posts to the Google Groups listserv to CVUU business only to avoid clogging up already too full email inboxes! Use the [CVUU Facebook](#) page for other types of relevant posts. Contact Susan at [coordinator@cvuu.org](mailto:coordinator@cvuu.org) for information about posting to the CVUU Facebook page.



**Organizational Coordinator:** Susan Buffler is the CVUU Organizational Coordinator.

Susan will be the **Point of Contact** for the following:

- Building use and rental
- Scheduling ANY CVUU or private event /activity, etc. (so events do not overlap)

- Website, monthly newsletter, social networks, Google Groups listserv
- Referral to appropriate staff / Team members
- Miscellaneous questions

Please send inquiries and schedule events through Susan at [coordinator@cvuu.org](mailto:coordinator@cvuu.org)

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### Connect with us!



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Join us for 10am Sunday Services at  
*The Jay & Leslie Black Fellowship House*  
596 E 900 North, Logan, UT  
(435) 755-2888  
[info@cvuu.org](mailto:info@cvuu.org)



Cache Valley Unitarian Universalists is a [Welcoming Congregation](#)  
Visit the [cvuu.org website](http://cvuu.org) to learn more about our church community!



# CVUU Church Calendar: March 2017

Sun.	M	T	W	Th.	F	Sat.
 <p>All activities listed here are held at the <b>Jay and Leslie Fellowship House</b> located at 596 E. 900 North, Logan, UT unless otherwise noted.</p> <p>See the <a href="#">Connections</a> tab on the <a href="http://cvuu.org">cvuu.org website</a> for details about our regular activities</p>			1 Amrita Yoga Satsang 6:30pm	2 <a href="#">Socrates Café</a> 7pm <i>see p. 3</i> <a href="#">Ewe Ewe Fiber Arts Group</a> 7pm	3 <a href="#">CYRC</a> 4:30pm	4 Orange pickup at Icon parking lot <i>see p. 3</i>
5 Sunday Service <a href="#">Judaism &amp; Islam</a> Orange pickup <i>see p. 3</i>	6 <a href="#">Cache Valley Buddhist Sangha</a> 7:15pm	7	8 Amrita Yoga Satsang 6:30pm	9 Ewe Ewe Fiber Arts Group 7pm	10 CYRC 4:30pm	11
12 Sunday Service <a href="#">This I Believe</a>	13 Cache Valley Buddhist Sangha 7:15pm	14	15 Amrita Yoga Satsang 6:30pm	16 Ewe Ewe Fiber Arts Group 7pm	17 CYRC 4:30pm	18
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26 Sunday Service 4 <sup>th</sup> Sunday Lecture: Using Our Resources for Good	27 Cache Valley Buddhist Sangha 7:15pm	28	29 Amrita Yoga Satsang 6:30pm	30 Ewe Ewe Fiber Arts Group 7pm	31 CYRC 4:30pm	